

INSTITUTE OF INTERPERSONAL HYPNOTHERAPY

**Raising the
Standards of
Hypnotherapy
Training**



Edition

- School Catalog Number 68
- July 2026
- Published May 15th, 2026

Locations

- Orlando (Primary Licensed Location)
- Online

Contact

Institute of Interpersonal Hypnotherapy

540 East Horatio Avenue, Suite #200

Maitland, Florida 32751

Phone: (813) 463-0264 or (800) 551-9247

Email: admissions@anahateducation.com

Website: www.InstituteofHypnotherapy.com

Table of Contents

INSTITUTE OF INTERPERSONAL HYPNOTHERAPY	1
Raising the Standards of Hypnotherapy Training	1
Edition	1
Locations	1
Contact	1
Welcome	13
From the President	13
Overview	14
Licensed by	14
Board of Directors/Corporate Owners-Shareholders	14
Statement of Ownership	14
Governing Body	14
Mission Statement	15
Philosophy and Objective	15
Values	15
History	16
Facilities and Equipment	16
Clinical Externship Location	16
Office Hours	17
Family Educational Rights and Policy	17
Special Note	17
Non-Discrimination Policy	17
Financial Obligations	18
Hypnosis Law by State	19
Reduction of Tuition or Fees	19
Scholarships	20
Admissions	21
Admission Procedures	21
Admission Requirements	21

Enrollment Agreement and Liability Waiver	21
Academic Information	23
Credit for Prior Education	23
Class Schedule	23
Online Pre-Practicum Seminar Schedule	23
Interactive Distance Learning	23
Supervised Practicum Hours	23
Student Support – Instructor Interactivity	24
Class Size	24
Attendance	24
Tardiness	25
Leave of Absence	25
Class/Enrollment Term Change	26
Graduation Requirements	26
Transcripts	26
Satisfactory Academic Progress Policy	27
Grading Systems	27
Qualitative Measure	27
Quantitative Measure	27
Increments for Evaluation	28
Incomplete Grades	28
Program Withdrawals	28
Program Repetitions	28
Non-Credit Remedial Work	28
Probation	29
Progress Reports	29
Failure to Meet Satisfactory Academic Policy, Appeals, Reinstatement	30
Failure to Meet Satisfactory Academic Policy	30
Appeals	30
Reinstatement	30
Other Policy Considerations	30
Student Services	31
Placement Assistance	31

Financial Assistance	31
Student Advisement	31
Housing	31
Lost and Found	32
Personal Property	32
Campus Security	32
Library	32
Institute Rules and Regulations	33
Drugs, Alcohol, Weapons, and Inappropriate Behavior/Conduct – Dismissal Policy	33
Grievance Policy	33
Probation	33
Voluntary Withdrawal/Re-Entry	34
Health and Safety	34
Adverse Weather and Emergency Closing	34
Emergency Evacuation Plan	34
Incidents/Accidents	35
Dress Code	35
Safety in Private Spaces	35
Smoking and Beverages	36
Student Rights	36
Student Responsibilities	37
Cancellation and Refund Policy	37
Withdraw Policy	37
Method for Collecting Delinquent Tuition and/or Other Monies Owed	38
TFC Tuition Financing Student Collections	38
Financial Probation	39
TFC Student Financing	39
Policy for Course or Program Cancellation	40
Programs and Courses	41
Course Numbering System	41
IAIH Standards for Certification	41
Program of Study - Hypnotherapist	43
Program Objective	43

Program Description	43
Section 1 – Fundamentals of Hypnotism - Course Descriptions	44
HT101	44
HT102	44
HT103	44
HT104	45
HT105	45
HT106	45
HT107	45
HT108	45
HT109	46
HT110	46
HT111	46
HT112	46
HT113	46
HT114	47
Section 2 – Advanced Hypnotism - Course Descriptions	47
HT201	47
HT202	47
HT203	48
HT204	48
HT205	48
HT206	48
HT207	48
HT208	49
HT209	49
HT210	49
Section 3 – Hypnotherapist - Course Descriptions	49
HT301	50
HT302	50
HT303	50
HT304	50
HT305	50

HT306	51
HT307	51
HT308	51
HT309	51
HT310	51
HT311	52
HT312	52
HT313	52
HT314	52
HT315	52
Program of Study – Clinical Hypnotherapist	53
Program Objective	53
Program Description	53
Course Descriptions	53
CH401	54
CH402	54
CH403	54
CH404	54
CH405	55
CH406	55
CH407	55
CH408	55
CH409	55
CH410	55
CH411	56
CH412	56
CH413	56
CH414	56
Program of Study – Transpersonal Hypnotherapist	57
Program Objective	57
Program Description	57
Course Descriptions	57
TP601	58

TP602	58
TP603	58
TP604	58
TP605	58
TP606	59
TP607	59
TP608	59
TP609	59
TP610	60
Tuition and Fees	61
Definition of Clock Hour	61
Cost per Clock Hour	61
Cost Breakdown	61
Additional Expenses	61
Optional Expenses	61
To Apply	62
Payment Periods	62
Financial Aid/Student Loans	63
Administrative Staff and Faculty	64
Administration	64
Faculty	64
Matthew J. Brownstein	64
Rene Brent	64
Rebecca Zayas	65
Kati Lambert	65
Matthew Langford	65
Online Delivery Addendum	67
Learning Online	67
July 2026 Class Schedule	68
Appendix I – Enrollment Agreement	74
Address	74
Fields	74
Prior Education	74

Check the following:	74
Finances	75
Class Schedule	76
Admission Policy	76
Non-Discrimination Policy	76
Class/Enrollment Term Change	76
Cancellation and Refund Policy	76
Grievance Policy	77
Dismissal Policy	78
Agreement	78
Employment Assistance	78
Additional Information	78
Graduation Requirements	79
REQUIREMENTS FOR REGISTRATION AND CERTIFICATION	79
International Association of Interpersonal Hypnotherapists Standard for Certification	79
Methods of Payment	80
Financing Chart	80
July 2026 Class Schedule	81
Signature and Initial Fields	86
Appendix II – Waiver of Liability and Arbitration	87
Release of Liability	87
ARBITRATION AND LITIGATION	88
ARBITRATION, CLASS ACTIONS AND WAIVER OF JURY TRIAL	88
Appendix III – United States Hypnosis Law	90
Hypnosis Law and Regulations	90
Title	90
Definition	90
A Certified Profession	91
Clients or Patients	91
Therapeutic and Non-Therapeutic Hypnosis	91
Use of the word “Clinical”	91
Hypnosis Across State Lines	91

Summary	91
The IAIH	92
Mandatory Registration	93
Specific Hypnosis Laws	93
No specific regulations (on the practice of hypnosis)	93
Connecticut	94
Reference:	96
Washington	96
Renewals:	97
Fees: The following nonrefundable fees will be charged:	97
Relevant Regulations:	97
Definition of Counsellor Hypnosis:	98
Definition of Hypnotherapist:	98
Reference	99
California	99
Relevant Regulation(s):	100
Disclose to a client in a written using plain language the following information:	100
Reference:	101
Colorado	101
Reference:	102
Florida	102
Relevant Regulations:	102
Definition of Hypnosis:	102
Definition of Practitioner of the Healing Arts:	102
Definition of Qualified Person:	103
Reference:	103
Illinois	103
Relevant Regulations:	103
Definition of Clinical Psychology:	103
Reference	104
New Jersey	104
Relevant Regulation(s):	104
Reference	105

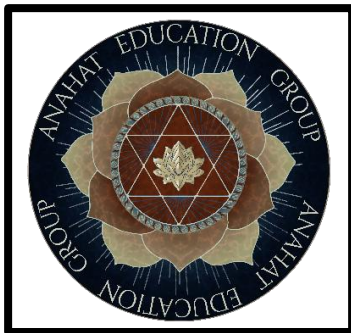
Texas	105
Relevant Regulations:	106
22 Texas Administrative Code § 681.31	106
22 Texas Administrative Code § 801.42	106
37 Texas Administrative Code § 221.7	106
Reference	107
Utah	107
Relevant Regulation(s):	107
Hypnosis Definition:	108
Reference	108
Alaska	109
Reference:	109
Arizona	109
Reference	110
Relevant Regulations:	110
Arkansas	110
Reference	111
Delaware	111
Relevant Regulation(s):	111
19 Delaware Code § 1342 B	112
Reference	112
District of Columbia	112
§ 5210.1	113
§ 5210.2	113
Reference	113
Georgia	113
Relevant Regulations:	113
Reference:	114
Hawaii	114
Reference	114
Louisiana	115
Reference	115
Maine	116

§ 12522	116
Reference	116
Maryland	116
Reference	117
Massachusetts	117
Reference	117
Michigan	117
Reference	118
Minnesota	118
Relevant Regulation(s):	118
§ 147E.05	119
§ 147.081	119
§ 147.09	119
Reference	119
Mississippi	119
Reference	120
Missouri	120
Reference	121
Montana	121
Reference	122
Nebraska	122
Reference	122
Nevada	123
Reference	123
New Hampshire	123
Reference	123
North Carolina	124
Psychologist	124
Reference	124
North Dakota	124
Reference	125
Ohio	125
Administrative Code § 4732-5-01	125

Administrative Code § 4732-3-01 (L)	126
Reference	126
Oklahoma	126
Reference	127
Rhode Island	127
§ 40-55-50 Acts constituting practice as psychologist	127
§ 40-75-20	128
Reference	128
South Dakota	128
Reference	129
Tennessee	129
Reference	129
Vermont	129
Reference	130
Virginia	130
Reference	130
Wisconsin	130
Reference	131
Wyoming	131
Reference	131
Appendix IV – Copyright Policy	132
Copyright Policy	132

Welcome

From the
President



Dear Student,

The Institute of Interpersonal Hypnotherapy welcomes you to our school and congratulates you for having selected an exceptionally exciting path for your future education. Our common efforts will allow you to develop skills and practical knowledge that will enhance your life as well as the lives of the many people you will help to facilitate change in.

Our school offers a variety of programs ranging from introductory to advanced training in the most up-to-date hypnotherapeutic techniques and protocols. At the Institute, you will find a professional and personalized style of instruction that will assist you in becoming a very well-trained hypnotherapist who can graduate with confidence in your training and with the skills you need to conduct a successful, professional hypnotherapy practice.

You have made a commitment to your future, and today we offer you our support to see you walk forward with one of the most powerful tools you will ever hold in your hands — an education.

Sincerely,

Matthew Brownstein

Matthew J. Brownstein

CEO – Anahat Education Group, Inc.

President – International Association of Interpersonal Hypnotherapists

Executive Director – Institute of Interpersonal Hypnotherapy

*Florida Department of Education – Commission for Independent Education –
License #3448*

*Florida Department of Vocational Rehabilitation – License
#VF202535784002*

Overview

Licensed by

**The Commission for Independent Education
Florida Department of Education**

Orlando, Florida License Number 3448

Additional information regarding this institution can be obtained by contacting the Commission at:

325 West Gaines Street, Suite 1414
Tallahassee, Florida 32399-0400

Toll free telephone number: (888) 224-6684

Fax number: (850) 245-3238

Website: <http://www.fldoe.org/cie>

**Board of
Directors/Corporate Owners-
Shareholders**

Matthew J. Brownstein: 100%

**Statement of
Ownership**

The Institute of Interpersonal Hypnotherapy is formed under the laws of the State of Florida. The Institute of Interpersonal Hypnotherapy is owned and operated by Anahat Education Group, Inc., and its CEO Matthew Brownstein.

Matthew Brownstein can be contacted at:

540 East Horatio Avenue, Suite #200, Maitland, FL 32751

Phone: (813) 463-0264 or (800) 551-9247

Email: matthew@anahateducation.com

Website: www.instituteofhypnotherapy.com

Governing Body

THE ACCREDITING AGENCY(S) OR ASSOCIATION(S) LISTED BELOW IS/ARE NOT RECOGNIZED BY THE UNITED STATES DEPARTMENT OF EDUCATION AS AN APPROVED ACCREDITING AGENCY. THEREFORE, IF YOU ENROLL IN THIS INSTITUTION, YOU MAY NOT BE ELIGIBLE FOR TITLE IV FEDERAL FINANCIAL ASSISTANCE, STATE STUDENT FINANCIAL ASSISTANCE, OR PROFESSIONAL CERTIFICATION. IN ADDITION, CREDITS EARNED AT THIS INSTITUTION MAY NOT BE ACCEPTED FOR TRANSFER TO ANOTHER INSTITUTION, AND MAY NOT BE RECOGNIZED BY EMPLOYERS.

International Association of Interpersonal Hypnotherapists
Matthew J. Brownstein, President
540 East Horatio Avenue, Suite #200, Maitland, FL 32751
Phone: (813) 463-0264 - Fax: (866) 611-0692
Email: membership@interpersonalhypnotherapy.com
Website: www.interpersonalhypnotherapy.com

Mission Statement

The mission of the Institute of Interpersonal Hypnotherapy is to train students as Certified Hypnotherapists, Certified Clinical Hypnotherapists, and Certified Transpersonal Hypnotherapists through the International Association of Interpersonal Hypnotherapists by offering a high-quality education in the field of Hypnotherapy while creating professional, ethical, and exceptionally well-trained hypnotherapists.

Philosophy and Objective

The Institute of Interpersonal Hypnotherapy provides the highest quality education possible in the fields of hypnotherapy and its related modalities. The Institute of Interpersonal Hypnotherapy's educational aim is to train, guide, and help motivate students to effectively make their way into a professional hypnotherapy practice, and create for themselves a fulfilling career that aims to be of service to others. In addition to helping students acquire the necessary knowledge and skills, the Institute also places great emphasis on the student's personal development.

Values

Integrity: We act with honesty and integrity, while being trustworthy and credible.

Satisfaction: We strive for student and employee satisfaction and honor our commitments, in an environment of warmth, gratitude, and belonging.

Professionalism: We are committed to be an exemplary institution, with high ethical principles, while honoring diversity and industry best practices.

Ownership: We encourage autonomy and accountability as we work collaboratively as a team to encourage self-motivation, dedication, and dependability.

Open Communication: We learn and grow together by encouraging all team members to openly share their views and opinions, in a culture of mutual respect and sensitivity.

Diversity and Inclusion: We are dedicated to making our training accessible to anyone anywhere, without discrimination, in a caring and supportive environment.

Compassionate Service: We are devoted to social responsibility and environmental sustainability for all sentient beings, with ecologically sound business practices and philanthropic efforts that reinvest in our community.

History

The Institute of Interpersonal Hypnotherapy was originally founded in 2007 by Matthew J. Brownstein as the Florida Institute of Hypnotherapy in Gainesville, Florida. The school relocated to Tampa, Florida in 2011. Matthew began his hypnotherapy career in 1997 and after ten years of successful practice he opened the Institute with a first class of 25 students through the support of his mentor Mr. Gil Boyne. The corporate name changed from Anahat Meditation Center to Anahat Education Group in 2012 to better reflect the mission of the corporation itself. Around the same time, Anahat Education Group relocated to One Tampa City Center and operated on the 34th floor of a downtown Tampa skyscraper, yet for the ease of student accessibility, the school relocated to 2901 West Busch Blvd. #806 and then found its way to 2805 West Busch Blvd. #103, Tampa, Florida which proved to be an ideal space for the overall student experience. In 2020, the Institute gained Commission for Independent Education approval to offer all programs online as well as in the previous hybrid format. In 2025, due to an increased demand for our online training, the Institute closed its Tampa location and moved the primary license to our Maitland, Florida location. Trainings now occur online, and practicum hours can be done online or in Maitland.

Facilities and Equipment

The Institute of Interpersonal Hypnotherapy operates out of a 1,314 sq. ft. space, which is located at 540 East Horatio Avenue, Suite #200, Maitland, Florida, 32751. The Institute has one large classroom, three offices, a kitchenette, a waiting area, and a reference library. The classroom is well lit and contains teaching aids including audio/visual equipment. Note: The Institute of Interpersonal Hypnotherapy is not equipped to serve students with physical handicaps; however, our online programs make the training available to all persons.

Clinical Externship Location

The Institute of Interpersonal Hypnotherapy is licensed by the Florida Department of Education's Commission for Independent Education to offer

distance learning in Hypnotherapy through our Maitland, Florida location and online.

As part of the program, students are required to complete practicum hours. These take place either online, at our Maitland campus, or at approved Clinical Externship Locations—functioning hypnotherapy clinics where qualified directors, instructors, supervisors, and examiners oversee hands-on training.

For the September 2025 class, practicum hours will be offered exclusively online or at the Maitland, Florida location. Clinical Externship Locations will not be available for this cohort.

Please note that students may be required to travel up to 300 miles for practicum training, depending on the site selected or available. All travel costs and arrangements are the responsibility of the student.

Office Hours

Monday through Friday 9:00am – 5:00pm EST
(For class schedule, please refer to Class Schedule section of this catalog.)

Family Educational Rights and Policy

Pursuant to the Family Educational Rights and Privacy Act of 1974, as amended, a student or former student has the right to inspect his or her educational record maintained by the school. Students who wish to inspect their training records must schedule an appointment with the School Director. All record inspections will be done under the supervision of a member of the administrative staff. The Institute will not release any information about a student, unless authorized by the student in writing.

Special Note

Information in this catalog is accurate as of the time of publication. The Institute reserves the right to change courses of study, course content, fees, program requirements, class schedules, and the academic calendar, or to make other changes deemed necessary or desirable, giving advanced notice of the change whenever possible. Students currently enrolled will not be affected by tuition increases.

Non-Discrimination Policy

The Institute of Interpersonal Hypnotherapy admits qualified students without regard to their race, religion, color, age, sex, sexual orientation, national or ethnic origin, disability, or any other characteristic protected by

applicable law to the rights and privileges, programs, and other activities generally accorded or made available to students at the school.

Financial Obligations

Tuition must be paid on time according to the terms on the Enrollment Agreement. These terms include the following:

- Each clock hour equals 50 minutes of classroom instruction and is \$19.50.
- Additional expenses: \$209.66 total
- Up to \$234.65 + tax for textbooks (prices of books may vary slightly, optional books extra)

Optional expenses:

- Additional mentoring/tutoring at \$75/hour.
- Graduation dinner no more than \$50 per attendee.
- To apply for a seat in class, students must submit a minimum \$300, plus any additional tuition payment and tax. \$100.00 of this is a non-refundable registration fee. This deposit is then applied toward a student's tuition. Payment may be made in the form of cash, check, cashier's check, or major credit card.
- Financial Aid is available in the form of student loans for those who qualify. Programs can be paid individually or all at once.
- The initial fee for registration and certification through the International Association of Interpersonal Hypnotherapists is \$62.50 for the certification for Hypnotherapist. The additional certification of Clinical Hypnotherapist is \$75.00 (including Hypnotherapist), and certification for Transpersonal Hypnotherapist is \$87.50. All three certifications cost \$87.50 every year.

● **Printed Manuals and Practicum Guides**

Being a predominantly online training, we do not provide printed training manuals or practicum guides as part of your tuition. However, some students may prefer to have physical copies for ease of study and note-taking. If you would like to print the materials yourself, the following are approximate costs based on standard black-and-white printing (double-sided, without professional binding, using a typical office supply store or online printer):

Training Manuals (5 volumes, approx. 200 pages each): ~200 pages × 5 manuals = ~1,000 pages total. Printing costs generally range from **\$0.05–\$0.10 per page**, making the total cost about **\$50–\$100** for the full set.

Practicum Exercise Guides (5 volumes, approx. 60 pages each): ~60 pages × 5 guides = ~300 pages total. Estimated cost is **\$15–\$30** for the full set.

Total for All Manuals and Guides: Approximately **\$65–\$130**, depending on the printer you use, paper quality, and whether you choose simple stapling, three-hole punch, or other minimal binding options.

Students are not required by Florida Hypnosis Statutes to be certified to practice hypnosis or hypnotherapy. Certification through the International Association of Interpersonal Hypnotherapists is optional upon graduation. While other states or counties may operate under different laws, the student is advised to speak with our Admissions Department to discuss specific needs and requirements. Students wishing to practice hypnosis or hypnotherapy outside of the state of Florida are responsible to check with the city, county, and state where they plan to practice. The Institute does its best to educate students about applicable hypnosis laws, yet cannot be responsible for changes in law, interpretation of law, or laws that are unknown to us. Please see Appendix III of this catalog for specific information.

In case of extenuating circumstances, the student should consult the Admissions Department.

**Hypnosis Law
by State**

It is currently legal to practice hypnosis in all 50 United States, however there are certain laws that limit the practice of Hypnotherapy or Clinical Hypnotherapy. For instance, Colorado has made it a requirement to be a licensed psychotherapist to practice hypnotherapy and the state of Utah does not allow for the use of the word “Clinical” unless you are a licensed therapist. Hypnosis can be practiced by anyone, yet laws regarding its therapeutic uses are governed by some states.

For more information about your respective State’s laws, please visit <https://www.instituteofhypnotherapy.com/iaih-hypnosis-law/> or for more clarification please call us at 800-551-9247. These laws relate to programs Hypnotherapist, Clinical Hypnotherapist, and Transpersonal Hypnotherapist. More detailed descriptions of hypnosis laws are listed in Appendix III.

**Reduction of
Tuition or Fees**

A reduction in tuition, fees, or other charges may be implemented when there are specific criteria for student eligibility and selection procedures precisely disclosed within a policy at the institution. All students within the enrollment period that the reduction is offered must be eligible to apply for this reduction under the same circumstance; however, there shall be no reduction based upon the timing or method of payment. The institution must maintain verifiable records including detailed and complete data when

students are granted a bona fide reduction in tuition or fees. This must include copies of all application records, notes of selection committee meetings, and copies of notices to the student who received the reduction. This information is kept on file at the institution for onsite review by the CIE.

Institute of Interpersonal Hypnotherapy policies abide by a strict scholarship protocol for a reduction in tuition if students meet certain enrollment criteria based upon an initial interview and approval process. While the Institute reserves the right to offer scholarships as a grant-in-aid, no scholarships or reductions in fees are available currently.

Scholarships

Currently, the Institute does not offer scholarships.

Admissions

Admission Procedures

Persons interested in applying for admission to The Institute of Interpersonal Hypnotherapy should contact the Institution's Admissions Office and an Admissions Representative will guide you through the following admission procedures:

- Step One – Be interviewed by an Institute of Interpersonal Hypnotherapy Admissions Representative.
- Step Two – Provide the required deposit.
- Step Three – Complete the Institute of Interpersonal Hypnotherapy's Enrollment Agreement and Employment Attestation.
- Step Four – Pay for the remainder of the balance due.

Upon written notice by the student of any circumstances that require special accommodation, which must be disclosed at the time of the admission interview or prior to admission, The Institute of Interpersonal Hypnotherapy will consider those special accommodations that the student may require, and the ability to provide such special accommodations as a condition for admission.

Admission Requirements

All students must be 18 years of age or older, must be financially capable of paying for their own tuition and show a strong desire to become an ethical and certified hypnotherapist according to the standards of the International Association of Interpersonal Hypnotherapists. Credits from other institutions are not transferable towards an education at The Institute of Interpersonal Hypnotherapy.

Enrollment Agreement and Liability Waiver

Students sign an Enrollment Agreement and a Liability Waiver which is signed separately. The contents of the Enrollment Agreement and Liability Waiver are listed here. Please see Appendix I for the complete Enrollment Agreement and Appendix II for the complete Liability Waiver.

The Enrollment Agreement includes:

1. Student contact information
2. Gender identity, ethnicity, date of birth
3. Last four digits of social security number
4. Annual income
5. Present occupation
6. Prior education

7. Previous hypnotherapy training
8. Felony or moral charges
9. Disclaimer that all students must practice and experience hypnotherapy
10. Tuition breakdown per program
11. Class schedule
12. Admission policy
13. Non-discrimination policy
14. Cancellation and Refund policy
15. Student grievance policy
16. Dismissal policy
17. Student agreements
18. Employment assistance
19. Additional information
20. Graduation requirements
21. Accreditation status
22. IAIH standards for certification
23. Method of payment
24. Financing disclosure
25. Signature fields

The Institute's Liability Waiver includes:

1. Corporate structure
 2. Use of hypnosis and hypnotherapy
 3. Release of claims
 4. Use of fictitious names
 5. Arbitration and class action waiver disclosure
 6. Arbitration, class actions, and waiver of jury trial
-

Academic Information

Credit for Prior Education

The Institute of Interpersonal Hypnotherapy does not accept transfer credits from other organizations towards a student's training at the Institute. If a student wishes to transfer credits achieved at The Institute of Interpersonal Hypnotherapy to another school, then it is at the sole discretion of that other school whether The Institute of Interpersonal Hypnotherapy credits will be accepted. The Institute of Interpersonal Hypnotherapy cannot guarantee transferability of credits between schools.

Class Schedule

Institute of Interpersonal Hypnotherapy training consists of three major components, each with its own schedule. These components consist of:

- Online pre-practicum seminar hours with Certified Instructors.
- Interactive distance learning consisting of videos, training manuals, and student resources.
- Supervised practicum hours.

Online Pre-Practicum Seminar Schedule

Students attend live online classes with a Certified Instructor on days and times as posted in the schedule in the Class Schedule section. These classes occur for two to three hours approximately five times every eight weeks.

Interactive Distance Learning

Each week students are required to engage in our interactive learning system where specific videos are viewed in coordination with training manuals and the school's comprehensive online resource library of audio, video, PowerPoint and print media. These hours consist, on average, of approximately 15 clock hours per week.

Supervised Practicum Hours

Approximately once every eight weeks, students are required to attend practicum hours in our Maitland locations or online for direct supervision of hypnotherapy techniques. These hours are from 8:30am to 6:30pm - Fridays, Saturdays, and Sundays for Clinical Externship locations and 9:30am to 7:30pm Eastern time – Fridays, Saturdays, and Sundays for online. See the school schedule in the Class Schedule section for exact days, dates, and times.

All students are enrolled through the Maitland school location and take approximately 70% of their training online. 30% of a student's practicum training must be done in-house or online.

Student Support – Instructor Interactivity

Aside from live interactions during online pre-practicum seminar hours and supervised practicum Hours, students always have the support of an Institute of Interpersonal Hypnotherapy and International Association of Interpersonal Hypnotherapists Certified Instructor through any one of the following methods:

- Online website help link
- Emails to: support@anahateducation.com
- Phone calls to 813-538-7000
- Additional mentoring hours with an IAIH Certified Mentor (fees may apply)

Class Size

For all Institute programs, the maximum number of students per class is as follow:

- Maitland – 12
- Online – 30

The Institute works to keep a one-to-five instructor/supervisor-to-student ratio, where each group of five students has one qualified instructor or supervisor for all practicum seminar hours.

Attendance

Students can achieve the best results only by regularly attending class. The attendance record is part of each student's permanent record, in addition to grades. It is used to determine eligibility for having sufficient classroom hours to take the International Association of Interpersonal Hypnotherapists qualifying examinations for certification. If a student is ill or an emergency arises, the Institute must be notified in advance, if possible, for the student's absence to be excused. Unsatisfactory attendance is grounds for dismissal. Unsatisfactory attendance is defined as: 1. Less than 80% attendance in any given program without prior notification to the teacher, and 2. Being tardy more than four times.

Students must arrange for make-up hours with the Student Services Department for class hours that were missed. Make-up hours must be completed by the end of the current term in which the time and class work was missed. The deadline for make-up hours may be extended by the School Director. If requesting a Leave of Absence, the student must sign and date the leave of absence request and specify a reason for the leave and meet all requirements as specified in the Leave of Absence section. The reason must be identified for the Institution to have a reasonable

expectation of the student's return within the time frame of the leave of absence as requested.

Regular and substantive active participation online, as well as during the practicum hours, is required to achieve the minimum 80% attendance standard for graduation. A student attends online courses by participating actively in classes or otherwise engaging in academically related activities. Examples of such activities that demonstrate "regular and substantive interaction" include but are not limited to: contributing to IIH-sponsored online discussions or text chat sessions; submitting assignments or working drafts; working through exercises; taking assessments; student participation in interactive tutorials or computer-assisted instructions, participation in an online study group, initiating contact with a faculty member for academic support, tutoring, or other course-related activities. Students should be sure to meet online deadlines for submitting their work as late work will not receive full credit. Note: Logging into class without active participation as defined above does not constitute participation, and therefore there is no attendance credit.

Tardiness

Punctuality is an important factor in business and education. If a student is more than 15 minutes late for a practicum, it constitutes being tardy.

Leave of Absence

A leave of absence is a temporary break in a student's attendance during which he/she is considered to be continuously enrolled. The Institute policy is as follows:

1. A leave of absence may be granted for emergency situations such as a serious illness, debilitating injury, death in the immediate family, or other good cause.
2. A student must submit a written request for a leave of absence in advance of the beginning date of the leave of absence unless unforeseen circumstances prevent the student from doing so. If a student does not request a leave of absence within a timeframe consistent with the Institution's consecutive absence policy, he/she will be withdrawn. Please contact the Student Services office to process an LoA request and to discuss your rationale for the request.
3. The student must sign and date the leave of absence request and specify a reason for the leave. The reason must be identified in order for the institution to have a reasonable expectation of the student's return within the timeframe of the leave of absence as requested.
4. The student must attest to understanding the procedures and implications for returning or failing to return to his/her course of study.

5. The Institute documents its approval decision relative to the leave of absence request in accordance with its published policy.
 6. The institution does not assess the student any additional charges as a result of the leave of absence.
 7. The length and frequency of leaves of absence must not impede student progress and must be reasonable within the context of the institution's curriculum.
 8. A leave of absence must be limited to a maximum of 180 calendar days in any 12-month period or one-half the published program length, whichever is shorter. Multiple leaves of absence may be permitted provided the total of the leaves does not exceed this limit. An approved leave of absence may be extended for an additional period of time provided that the extension request meets all of the above requirements.
 9. If a student requests an LoA for training a physical location, they may be required to do all future practicum hours online.
 10. When a student goes into LoA status, his/her seat in practicums is released and the student must reschedule into the next ongoing term.
-

Class/Enrollment Term Change

A student must obtain permission from the Student Services Director in order to change his/her class schedule if he/she wishes to change the enrollment term in which he/she is enrolled. Transferring from one class to another may fall within the Leave of Absence policy if the reason for the transfer falls within the approved reasons for Leave of Absence and all other Leave of Absence requirements have been met. If a transfer between terms does not meet the requirements for Leave of Absence, the student may be subject to the current tuition schedule upon re-entry into the program.

Graduation Requirements

1. The satisfactory completion of all prescribed courses of instruction with a cumulative G.P.A. of 2.0 (C average) or better.
 2. Satisfactory completion of IAIIH exams for hypnotherapist certification.
 3. Satisfaction of all financial obligations to the Institute.
 4. Attendance of 80% or greater.
-

Transcripts

A complete transcript of each student's grades is kept in the student's permanent file. Students must request transcripts in writing. One copy is provided free at graduation (additional copies are available for a cost of \$2.00 each). Transcripts will not be issued unless the student's financial obligations to the Institute are current at the time of the request.

Satisfactory Academic Progress Policy

Grading Systems

A	90 – 100%	Excellent	4.0 points
B	80 – 89%	Good	3.0 points
C	70 – 79%	Average	2.0 points
D	60 – 69%	Failed	1.0 points
F	59 – 0%	Failed	No points
I	Incomplete		
W	Withdraw		
X	Transfer		
S	Satisfactory		
U	Unsatisfactory		
R	Repeat		

Qualitative Measure

Students must achieve a minimum 1.0 Grade Point Average (hereafter referred to as G.P.A.) at the end of the first 25% of each registered program, 1.5 G.P.A. by 50% of the program, and a 2.0 G.P.A. required in each program for graduation. A student that does not achieve the required G.P.A. will be placed on probation for the next course and is in “Satisfactory Progress”. If at the end of the probation period he/she has not achieved the required G.P.A., his/her training will be terminated.

With the completion of 300 hours of total training, a student is required to take the International Association of Interpersonal Hypnotherapists (IAIH) qualifying exam for certification. Satisfactory passing of this exam is required for IAIH certification as a Hypnotherapist and is a requirement for graduation from The Institute of Interpersonal Hypnotherapy. If a student does not pass this exam on the first attempt, then that student is allowed one more chance to pass the exam within three months, which begins on the date that the first attempt occurred. Failure to achieve satisfactory marks within this time shall make the student ineligible to take this exam through Institute of Interpersonal Hypnotherapy.

Quantitative Measure

The maximum time limit given to a student to complete his/her training is one month past the ending of the last registered program. A student not meeting these criteria will be terminated for not making satisfactory academic progress.

Increments for Evaluation To ensure that a student is making quantitative progress throughout their program of study, The Institute of Interpersonal Hypnotherapy will evaluate the student's progress at 50% of the maximum time frame.

For instance, a student taking a 300-clock hour program that normally takes six months to complete has a maximum time frame of seven months. The student would have to complete the first 150 clock hours of the program within three and one-half months to be making satisfactory academic progress.

Incomplete Grades A grade of "I" must be completed by the second week after the exam date, or the grade will be changed to an "F" (G.P.A. will be recalculated accordingly). If not completed, the course must be taken later, which will delay the student's graduation date. The student will be charged for the repeated course(s) at the prevailing tuition rate.

Failure to take appropriate action to complete a course and eliminate a grade of "I" may affect a student's satisfactory progress when the grade is converted to an "F".

If a student demonstrates mitigating circumstances (such as illness, death in the family, etc.), an exception may be made upon appeal to and with the approval of the Institute's Director.

Program Withdrawals A grade of "W" will not be considered as clock hours successfully completed but will be counted as clock hours attempted. "W" grades are not calculated into the G.P.A.

Program Repetitions Students may repeat programs in which they earn a grade of "D" or below. Both the original and repeated programs are counted as clock hours attempted. In computing the G.P.A., the clock hours for the program with the higher grade will be counted. The student will be charged the repeated program(s) at the prevailing tuition rate. Students may repeat a program as many times as needed to satisfactorily pass the course if these course repetitions do not affect the student in regard to the Satisfactory Academic Progress Policy.

Non-Credit Remedial Work The Institute of Interpersonal Hypnotherapy does not offer any non-credit remedial courses.

Probation

Students not meeting satisfactory academic progress standards at the first checkpoint are automatically placed on a 30-day probation period. During probation, the student is considered to be making satisfactory progress. The student will be notified of the probation and must meet the terms of his/her probation as outlined in the notification or be terminated.

Progress Reports

Students will be given a copy of their progress report at the end of each program completed. Progress reports are available in the Learning Management System.

Failure to Meet Satisfactory Academic Policy, Appeals, Reinstatement

Failure to Meet Satisfactory Academic Policy

A student failing to meet the Satisfactory Academic Policy standards will be terminated from the Institute and will be notified by certified mail of his or her failure to meet the standards.

Appeals

Students not meeting the satisfactory academic progress standards are notified by means of a letter from the Student Services Office. Students wishing to appeal the unsatisfactory academic progress determination must do so in writing, after 15 calendar days dated from the mailing of the letter sent by the Institute to the Institute of Interpersonal Hypnotherapy at 540 East Horatio Avenue, Suite #200, Maitland, Florida, 32751.

Appeals should be directed to the Academic Progress Committee, which is composed of the School Director, the Student Services Director, and an instructor as chosen by the School's Director. If the student is appealing the unsatisfactory progress determination based on mitigating circumstances, appropriate documentation might include a physician's statement, accident report, or other statements. The Academic Progress Committee will notify the student of their decision within ten days of receiving the student's appeal. The Academic Progress Committee's decision is final.

Reinstatement

Students who have been dismissed for lack of satisfactory progress may apply to be readmitted to the Institution after waiting a period of four weeks. Such students will be enrolled for a probationary period upon re-entry. Students who have not maintained satisfactory progress can reestablish eligibility by successfully completing sufficient clock hours and/or attaining the overall G.P.A. required by the end of the next incremental review period.

Other Policy Considerations

The Satisfactory Academic Progress Policy will include all periods of attendance and will be counted toward the maximum time frame and the qualitative component.

The Satisfactory Academic Progress Policy is applied consistently to all students.

Student Services

Placement Assistance

The Institute of Interpersonal Hypnotherapy makes every effort to assist students/graduates in finding full- or part-time employment, or in establishing their own private practice. From the day a student enters the school, the student is responsible for the recommendation that the school will submit to a potential employer. A student's academic record, attendance, personal characteristics, attitude, and personal demeanor will all contribute to the Institute's overall evaluation.

How a student thinks and feels, and the quality of work the student produces in school, may to a great degree reflect how the student will perform in his/her own career.

While the Institute of Interpersonal Hypnotherapy gladly assists students in obtaining suitable employment at no additional charge, it is understood that The Institute of Interpersonal Hypnotherapy **does NOT promise or guarantee placement for its students/graduates**. As most Institute of Interpersonal Hypnotherapy graduates will be self-employed, it is the sole responsibility of the student to build and maintain his/her own private hypnotherapy practice.

Financial Assistance

Financial assistance in the form of student loans is available for attending The Institute of Interpersonal Hypnotherapy for those who qualify. The Institute of Interpersonal Hypnotherapy offers financial assistance for all its programs. Students interested in financial assistance may contact our Admissions Office at (813) 463-0264. Students not utilizing financial assistance may pay for programs in advance or they may pay on a per section/program basis. See Financial Aid/Student Loans section of this catalog for more information.

Student Advisement

Advisement and guidance begin with the admission's interview and continue throughout the student's course of study. Faculty consultation is possible for academic issues. An appointment may be required with the Student Services Director.

Housing

The Institute does not provide housing for its students.

Lost and Found Students may check the administrative office for any lost and found items. Any items found on school premises should be turned into the administrative office. These items are kept for 30 days and then disposed of properly.

Personal Property The Institute cannot be responsible for the student's books, materials, or any other personal belongings. Students are thus responsible for their belongings while in school.

Campus Security Crimes may be reported to the School Director in person or by calling (813) 463-0264.

Library The library is accessible to all students. It is open during normal school hours and whenever the doors to the Institute are unlocked. The library resources include books, CDs, videos/DVDs, audio tapes, magazines, and other periodicals. All materials must remain on campus, as lending is currently not available. All food and liquids are prohibited near library materials. Online audio and video resources are also available for students in good standing.

Institute Rules and Regulations

Drugs, Alcohol, Weapons, and Inappropriate Behavior/Conduct – Dismissal Policy

At the discretion of the School Director, a student may be dismissed from school for an intoxicated or drugged appearing state of behavior; possession of illegal substances, alcohol, or weapons on school premises; behavior creating a safety hazard to other persons at school; or disrespectful behavior to those at school, as determined by the School Director; or any other reason stated or determined inappropriate action or behavior by a student of The Institute of Interpersonal Hypnotherapy, by the School Director.

Grievance Policy

The school is committed to providing a sound and positive educational environment. Understanding that there may be times when students want to express concerns or feel the need to file an official grievance, the school has adopted the following procedure:

1. File the grievance in writing by email where receipt must be acknowledged by the School Director outlining the allegation or nature of the grievance to support@instituteofhypnotherapy.com.
2. Within 10 days of receipt of grievance, a school representative will meet with the student.
3. If the problem is not resolved through discussion, the student will be referred to the school's grievance committee.
4. The school's grievance committee will meet within 21 calendar days of receipt of the grievance and review allegations. The student must bring a copy of the written record of the prior meeting with the school representative.
5. If more information is needed, a letter will be written outlining the additional information requested.
6. If no other information is needed, the grievance committee will act on the allegations and a letter will be sent to the student within 15 calendar days stating the steps taken to resolve the concern or information showing that the allegations were not warranted or based on fact.

Students who feel their grievance is unresolved may refer their grievance to the following address: Commission for Independent Education, Florida Department of Education, 325 W. Gaines Street, Suite 1414, Tallahassee, Florida 32399-0400, (850) 245-3200, or toll free (888) 224-6684.

Probation

A student may be placed on probation for any of the following reasons:

1. Not maintaining satisfactory progress
 2. Excessive absenteeism
 3. Inappropriate behavior
-

**Voluntary
Withdrawal/Re-
Entry**

A student may withdraw from his/her program of study in person, by telephone, or in writing (including by email). A withdrawal fee of \$100 will be assessed and deducted from any refund due. All refunds, if applicable, will be made within 30 days of the Institute's receipt of the student's notice to withdraw. It is understood that a student may request re-entry at a later date, as per the section Class/Enrollment Term Change.

**Health and
Safety**

The Institute of Interpersonal Hypnotherapy complies with requirements and regulations of state and local building codes, the Board of Health, and the fire department.

**Adverse
Weather and
Emergency
Closing**

At times, emergencies such as severe weather, fire, power failures, or hurricanes can disrupt school operations. In extreme cases, these circumstances may require the closing of the school.

When the decision to close the Institute is made after the workday has begun, employees will receive official notification from the School Director and students will be informed appropriately.

**Emergency
Evacuation Plan**

In case of fire or any other disaster, please listen to the School Director or the school officials in charge for instructions. All instructors are in charge of their class. Follow the evacuation plan to evacuate the building immediately in an organized and orderly manner. Do not take time to gather books or other belongings. The instructor of each class is the evacuation coordinator and shall maintain their class calm. The evacuation coordinator for the main office is the school official in charge.

In the event of fire, do not try to extinguish the fire. The evacuation coordinator or other school official will handle contacting the appropriate fire and rescue departments.

In case of a security problem, listen to the School Director or other school officials for security directions. In all instances, you must remain calm.

The security person will coordinate with the Police Department the proper actions necessary to assure student and school personnel safety.

Evacuation Plan

There are exits at the front of The Institute of Interpersonal Hypnotherapy. In the event of an emergency, calmly head to the nearest exit.

Incidents/Accidents

In case of an incident or accident, please inform the School Director or the Instructor of your program so the appropriate forms and measures can be taken. In case of an emergency during school hours, the school will take appropriate action to obtain medical assistance.

Dress Code

The Institute expects students to come to school dressed in a manner that is appropriate for the profession in which they are training. Casual dress is acceptable yet should not be a distraction to one's fellow students.

Safety in Private Spaces

The Institute of Interpersonal Hypnotherapy honors the rights of all persons to express their sexuality and gender in a way that is harmonious and true for themselves. We honor that not everyone identifies as male or female, and we honor such titles as non-binary, transexual, and transgender. However, as per Florida Law, we are obligated to provide a policy on "Safe Spaces" and do so here, with tremendous respect to every person's right to be themselves and to feel safe within their own skin. We are an inclusive organization that honors who you are and one that also honors the respective laws of the State in which we conduct business. As per The Safety in Private Spaces Act (FL SB1674, 553.865 - Private spaces.), females and males are provided restrooms for their exclusive use, respective to their sex, in order to maintain public safety, decency, decorum, and privacy. Students, faculty, and administrative personnel are required to use the restroom that corresponds to their biological sex at birth.

As per subsection (6) of 553.865, a person may only enter a restroom designated for the opposite sex under the following circumstances:

- (a) To accompany a person of the opposite sex for the purpose of assisting or chaperoning a child under the age of 12, an elderly person as defined in s. 825.101, or a person with a disability as defined in s. 760.22 or a developmental disability as defined in s. 393.063;
- (b) For law enforcement or governmental regulatory purposes;
- (c) For the purpose of rendering emergency medical assistance or to intervene in any other emergency situation where the health or safety of another person is at risk;

- (d) For custodial, maintenance, or inspection purposes, provided that the restroom or changing facility is not in use; or
- (e) If the appropriate designated restroom or changing facility is out of order or under repair and the restroom or changing facility designated for the opposite sex contains no person of the opposite sex.

Any student who wilfully enters, for a purpose other than those listed in subsection (6), a restroom designated for the opposite sex on the premises of the educational institution and refuses to depart when asked to do so by any administrative personnel, faculty member, security personnel, or law enforcement personnel will be considered to be demonstrating “inappropriate behavior” and placed on probation as per the Probation policy in this catalog. A second offense may result in dismissal at the discretion of the School Director.

Any faculty or administrative personnel who wilfully enters, for a purpose other than those listed in subsection (6), a restroom designated for the opposite sex on the premises of the educational institution and refuses to depart when asked to do so by any administrative personnel, faculty member, security personnel, or law enforcement personnel will be subject to the disciplinary procedures listed in the Employee Handbook.

Smoking and Beverages

Smoking is prohibited everywhere within the building and within 50 feet of building entrances. Food and beverages are not permitted in the classroom or offices. Only sealable bottles of water are allowed in the classroom.

Student Rights

The following information is made available to all current students and to any prospective student upon request.

1. The cost of attending the Institute, including: (I) tuition and fees, (II) books and supplies, (III) any additional cost of the program in which the student is enrolled or expresses a specific interest.
2. A copy of the refund policy.
3. The academic program of the Institution including: (I) educational and training programs, (II) the instructional laboratory and other facilities which relate to the academic program, and (III) faculty and other instructional personnel.
4. The methods by which, and locations in which students and prospective students may obtain the information concerning their rights.
5. The name of the associations, agencies, and/or governmental bodies which license the Institute and its programs, and the procedures under

which any current or prospective student may obtain or review upon request a copy of the documents describing the Institute's licensing.

Student Responsibilities

1. Promptly providing any information requested by the Institute.
 2. Keeping the Institute informed of any change in name, address, marital status, financial situation, or change in their student status.
 3. Notifying the Institute if they need to withdraw from the school or wish to request a leave of absence.
-

Cancellation and Refund Policy

Should a student's enrollment be terminated or cancelled for any reason, all refunds will be made according to the following refund schedule:

1. Cancellation can be made in person, by electronic mail, by Certified Mail, or by termination.
 2. All monies will be refunded if the school does not accept the applicant or if the student cancels within three (3) business days after signing the enrollment agreement and making initial payment.
 3. Cancellation after the third (3rd) Business Day, but before the first class, results in a refund of all monies paid, with the exception of the registration fee (not to exceed \$150.00).
 4. Cancellation after attendance has begun, through 40% completion of the program, will result in a Pro Rata refund computed on the number of hours completed to the total program hours.
 5. Cancellation after completing more than 40% of the program will result in no refund.
 6. Termination Date: In calculating the refund due to a student, the last date of actual attendance, which is determined through the last time the student accessed the school's online distance learning system, is used in the calculation unless earlier written notice is received.
 7. Refunds will be made within 30 days of termination of students' enrollment or receipt of Cancellation Notice from student.
-

Withdraw Policy

The Institute recognizes conditions may arise which can cause changes in plans of students; and that under such circumstances, provisions for cancellation should be made. **If cancellation is affected (under this clause), the student reserves the right to apply for reinstatement within one year of the date of enrollment.** Refunds shall be made within thirty days from the date of withdrawal.

Students leaving the Institute and having an outstanding balance will be required to pay the amount in full within thirty days. Delinquent accounts can and will be turned over to collections. Any costs related to the collection of the amount owed will be charged to the student's account.

Method for Collecting Delinquent Tuition and/or Other Monies Owed

1. Notification in writing stating outstanding balance
2. Follow-up phone call one week after written notification
3. Second written notification 30 days after first written notification
4. Follow-up phone call one week after second written notification
5. Third written notification 30 days after second written notification
6. Follow-up phone call one week after third written notification
7. Fourth written notification 30 days after third written notification
8. Final courtesy follow-up call
9. If satisfactory payment arrangements are not made, the student's balance will be reported to the credit bureaus.

TFC Tuition Financing Student Collections

The following methods for collecting delinquent tuition for TFC Tuition Financing students is as follows:

Officially Past Due Days Late	Action Taken
11	"Reminder" Letter sent
15	Text & Email sent, Phone Call to Student
Note: The outcome of each phone call will determine the timing of the following phone call automatically scheduled into our queue.	
21	"Past Due" Letter sent
22	Phone Call to Student & Cobuyer
25	Text & Email reminder sent
27	Phone Call to Student & Cobuyer
34	"Delinquent Status" Letter sent
35	Text & Email reminder sent
41	Phone Call to Student & Cobuyer
All past due students are given a toll-free number and advised to immediately contact us from anywhere in the United States or Canada.	
55	Phone Call to Student & Cobuyer
56	Text & Email reminder sent
58	"Unsatisfactory Account" Letter sent
62	"Affect Credit Rating" Letter sent
66	Text & Email reminder sent
69	Phone Call to Student & Cobuyer

76	Phone Call to Student & Cobuyer
83	"Final Demand" Letter sent
86	Text & Email reminder sent
90	Phone Call to Student & Cobuyer
Between 90-120 days past due, TFC begins manually review	
After 30 days of delinquent payments on TFC financing, then the student's credit score will reflect a late payment. After 120 days of delinquency the student's account will be turned over to collections and the student's credit report will indicate a default on the loan. Students experiencing financial challenges, should contact the school immediately to discuss their situation before these reports negatively impact their credit.	

Financial Probation

Students who fall behind more than 30 days on payments will receive notice as outlined in the school's catalog. In the event that a student is delinquent with tuition for more than 60 days, then the Institute reserves the right to suspend access to all online training and to all in-house practicum hours until the balance of tuition monies owed from the time of enrollment until the time the student requests full access again is paid in full. The Institute reserves the right to make exceptions on a case-by-case basis.

Students who are on financial probation may need to pay for additional mentoring hours to catch up with their class or they may need to take a leave of absence and move to the next class.

TFC Student Financing

Late or delinquent payments are taken very seriously by our school. Any student whose account is in arrears will have their access to tests and quizzes suspended and will not be welcomed into practicum seminars until the arrears is rectified. Diplomas can only be awarded when a student has established and maintained a good faith pattern of payments for a minimum of six consecutive months or more, and when the student is in good standing with the school regarding tuition, attendance, and grades. Any late payment constitutes an interruption and will result in the six-month requirement re-starting from month one. The school reserves the right to prosecute delinquent loans to the fullest extent of the law. A default on a student loan will result in the account being referred to collections and could result in a negative report on one's credit score and possible legal action.

**Policy for
Course or
Program
Cancellation**

The Institute of Interpersonal Hypnotherapy reserves the right to cancel a course or program if a minimum of ten students is not met. Students enrolled in a course/program that is cancelled will be notified and automatically transferred to the next start date. In the event of an unforeseeable cancellation of courses, students will receive 100% of their tuition returned to them within 30 days of any official declaration of closure. If a specific Practicum Seminar location does not meet minimum enrollment numbers, then the student will have an opportunity to choose another location to attend Practicum Seminar, including online. Practicum Seminar location cancellation is not covered under this policy unless the entire course or program is cancelled.

Programs and Courses

Course Numbering System

The following is an explanation of the course numbering system for programs offered at The Institute of Interpersonal Hypnotherapy. The course numbers are made up of numbers and letters that symbolize the name of the program and the sequence of the courses.

Program Hypnotherapist is required to take programs Clinical Hypnotherapist and Transpersonal Hypnotherapist. The student who has successfully completed program Hypnotherapist may take program Clinical Hypnotherapist and/or program Transpersonal Hypnotherapist.

Program – Hypnotherapist – 300 Hours Total

HT – Hypnotherapist – 300 Hours

Program – Clinical Hypnotherapist – 400 Hours Total (Including program Hypnotherapist)

CH – Clinical Hypnotherapist – 100 Hours

Program – Transpersonal Hypnotherapist – 500 Hours Total (Including programs Hypnotherapist and Clinical Hypnotherapist)

TP – Transpersonal Hypnotherapist – 100 Hours

IAIH Standards for Certification



IAIH Certified Hypnotherapist

Has completed at least three hundred (300) hours of instruction from an IAIH approved hypnotherapy school that is licensed by their state's Department of Education. The Hypnotherapist must also pass the IAIH written and practical skills exam and all online exams and attendance. Exceptions are considered on a non-discriminatory basis and may be

granted by the Qualifying Board. (The Institute of Interpersonal Hypnotherapy program Hypnotherapist - HT).

IAIH Certified Clinical Hypnotherapist

Has completed at least four hundred (400) hours of instruction from an IAIH approved hypnotherapy school that is licensed by their state's Department of Education. The Hypnotherapist must also pass the IAIH written and practical skills exam and all online exams and attendance. Exceptions are considered on a non-discriminatory basis and may be granted by the Qualifying Board (The Institute of Interpersonal Hypnotherapy programs Clinical Hypnotherapist including HT and CH).

IAIH Certified Transpersonal Hypnotherapist

Has completed at least five hundred (500) hours of instruction from an IAIH approved hypnotherapy school that is licensed by their state's Department of Education. The Hypnotherapist must also pass the IAIH written and practical skills exam and all online exams and attendance. Exceptions are considered on a non-discriminatory basis and may be granted by the Qualifying Board. (The Institute of Interpersonal Hypnotherapy programs Clinical Hypnotherapist and Transpersonal Hypnotherapist including HT, CH, and TP).

Preparation for Certification

The Institute prepares students for IAIH certification by providing the necessary coursework to meet IAIH standards, while preparing students thoroughly to take the IAIH qualifying exam. We do this through our interactive distance learning training videos, training manuals, exam study guides, practicum seminar study guides, online live classes, and practicum seminar hours. Personal mentoring is also available for students requiring extra assistance. Test vouchers for authorized testing centers are not required as all exams are done online or in our Orlando location. There is no additional fee for taking exams through the Institute.

Program of Study - Hypnotherapist

Program Objective

To study and learn the concepts that relate to the field of Hypnotism. To achieve fundamental skills in the use of hypnotic induction and the effective delivery of suggestions. To educate students about the safe and effective use of hypnosis and its legal and ethical practice. To study and learn the concepts that relate to more advanced hypnotism practices which utilize the hypnotic state to promote positive change, while preparing the student to enter into a professional hypnotherapy practice with the required tools for successful business operations. To study and learn the concepts that relate to the field of regressive hypnotherapy, including the use of the Institute's 16-step Regression Therapy Protocol, Basic Transactional Analysis, Modified Gestalt Dialogues, and Forgiveness and Compassion Formulas. To prepare the student to successfully complete a 16-step Regression Therapy Protocol.

Program Description

A comprehensive 300 clock hour series of courses to teach the theory and practice of the fundamentals of hypnotism, advanced hypnotism, and regression hypnotherapy training.

Length of Time: 24 weeks

Graduation Requirements: Must have a minimum of 2.0 G.P.A. and must complete the program within the acceptable time frame.

This program consists of three sections, each with approximately eight weeks of training, each containing approximately 15 clock hours of class weekly, and three days of in-house or online practicum training, amounting to 30 clock hours per section. No entrance exam is required.

In order to complete this program, the student is required to take and pass the IAIH's clinical qualifying examination for certification as a hypnotherapist and is therefore prepared accordingly.

Upon completion of this program, the Institute will award a diploma entitled: Hypnotherapist.

**Section 1 –
Fundamentals
of Hypnotism -
Course
Descriptions**

Class Code	Description	Clock Hours
HT101	Introduction	15
HT102	Building Rapport	6
HT103	Depth of Hypnotic State	3
HT104	Understanding the Subconscious Mind	4
HT105	The Structure of a Hypnotic Session	3
HT106	Styles of Trance Induction	10
HT107	Deepening Techniques	6
HT108	Effective Suggestion Delivery	8
HT109	Self-Hypnosis	1
HT110	Basic Neuro-Linguistic Programming	2
HT111	Smoking Cessation Protocol	4
HT112	Weight Loss Protocol	6
HT113	Stress Reduction Protocol	2
HT114	Fundamentals Practicum Seminar	30

HT101

Introduction

(15 clock hours)

Introduces students to the nature of hypnosis, theories of hypnosis, the legal practice of hypnosis and the history of hypnosis. Myths and misconceptions concerning the hypnotic state are dispelled and a solid foundation for the study of hypnotism is established.

HT102

Building Rapport

(6 clock hours)

Students are introduced to the importance of rapport between the hypnotist and the client, and various skills are learned and practiced ensuring this is well understood.

HT103

Depth of Hypnotic State

(3 clock hours)

Prepares students for understanding the various levels of hypnosis and their relationship to suggestibility. Various scales are discussed, and a thorough understanding of the full range of hypnotic phenomena is explained.

HT104	<p>Understanding the Subconscious Mind (4 clock hours) Theories concerning the nature of the mind are discussed where students come to understand the relationship of the conscious mind to the subconscious mind. This course includes the functions of the subconscious mind, ways to access it, and understanding how to utilize its power to create positive change.</p>
HT105	<p>The Structure of a Hypnotic Session (3 clock hours) Prepares students to successfully complete an entire hypnotic programming session based upon a format of rapport building, education, and pre-talk, followed by trance induction, testing and the effective delivery of suggestions, and trance termination.</p>
HT106	<p>Styles of Trance Induction (10 clock hours) Prepares students to develop the necessary skills to induce hypnotic trance with multiple styles including paternal, maternal, confusion, and mechanical styles of hypnosis. Induction methods are also covered from each of these styles.</p>
HT107	<p>Deepening Techniques (6 clock hours) Prepares students to deepen the hypnotic state after hypnotic inductions have been utilized. Instructs students in multiple styles of deepening and associated various tests to ensure depth of trance based upon suggestibility.</p>
HT108	<p>Effective Suggestion Delivery (8 clock hours) Prepares students to deliver suggestions and affirmations to a hypnotized subject. The structure of proper suggestion is taught as well as multiple hypnotic adjuncts to assist in accessing the subconscious mind.</p>

HT109

Self-Hypnosis

(1 clock hours)

Prepares the student to enter the hypnotic state for him/herself, as well as how to teach hypnosis to others. This course encourages self-entrancement and teaches that all hypnosis is really self-hypnosis, as it works to encourage the hypnotist to empower his/her client to enter the trance state on his/her own.

HT110

Basic Neuro-Linguistic Programming

(3 clock hours)

Prepares the student in the basic practice of Neuro-Linguistic Programming (NLP) in establishing and working with anchors, hypnotic language patterns, and other NLP techniques related to the practice of hypnotism. Also introduces the student to the basic presuppositions of NLP, its origins, and its practice within and outside of the fields of hypnosis.

HT111

Smoking Cessation Protocol

(4 clock hours)

Prepares the student for an entire treatment strategy in working with a client to stop smoking using hypnosis and NLP. Students learn a powerful three session protocol to assist clients to not only stop smoking, but also to eliminate the subconscious motivation towards the behavior.

HT112

Weight Loss Protocol

(5 clock hours)

Prepares the student for an entire treatment strategy in working with a client to lose weight and to create a healthy lifestyle using hypnosis and NLP. Students learn a powerful three session protocol to assist clients to not only lose weight, but also to eliminate the subconscious blocks towards achieving their goals.

HT113

Stress Reduction Protocol

(2 clock hours)

Prepares the student to utilize various relaxation methods to bring more peace and calm into their client's lives. Techniques include the use of hypnosis, NLP, relaxation, and meditation techniques.

HT114 **Fundamentals Practicum Seminar**

(30 clock hours)

Practical (hands-on or online) hours are interspersed throughout this program to encourage students to practice each technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

**Section 2 –
Advanced
Hypnotism -
Course
Descriptions**

Class Code	Description	Clock Hours
HT201	Practice Management	10
HT202	Advertising and Marketing Strategies	10
HT203	Transforming Subconscious Beliefs	7
HT204	Focusing and Core Transformation	7
HT205	Advanced Neuro-Linguistic Programming	9
HT206	Parts Therapy	12
HT207	Life Mastery Course	7
HT208	Manifesting Prosperity	4
HT209	Ericksonian Hypnotherapy	4
HT210	Advanced Practicum Seminar	30

HT201 **Practice Management**

(10 clock hours)

To prepare the student upon successful graduation to enter the field of professional hypnotherapy with the skills to operate a successful business. This includes note taking, scheduling appointments, file management, referrals, office and equipment set-up, accounting principles, and other components of operating a business and hypnotherapy practice.

HT202 **Advertising and Marketing Strategies**

(10 clock hours)

To prepare the student upon successful graduation to have the necessary skills to promote a professional hypnotherapy practice and to ensure a healthy client base. This class focuses on creative tools to build one's business as well as the legal and ethical parameters of promoting oneself as a hypnotherapist.

- HT203** **Transforming Subconscious Beliefs**
(7 clock hours)
This course empowers the student with skills for uncovering the underlying belief systems which generate negative emotions, and which motivate unwanted behaviors. Techniques are taught to uncover these beliefs as well as to change them into positive and constructive models from which to live one's life.
-
- HT204** **Focusing and Core Transformation**
(7 clock hours)
This course covers the fundamental practice of the Focusing method of Dr. Eugene Gendlin and the Core Transformation method of Connie Rae Andreas as a means of uncovering and transforming the cause of one's problems. Special attention is given to the theme of opening the heart and working with the shadow side of the mind.
-
- HT205** **Advanced Neuro-Linguistic Programming**
(9 clock hours)
Covers more advanced NLP techniques and language patterns including expanded uses of anchors, meta-models, visual swish patterns, visual squash patterns, new behavior generators, and many others.
-
- HT206** **Parts Therapy**
(12 clock hours)
Prepares the student to utilize the hypnotic state to align sub-personalities towards a client's goals. The basics of Transactional Analysis are taught as well as archetypal models for working with the subconscious mind. Extra time is given to this modality, as it lays the foundations for the regressive hypnosis models to follow in future courses.
-
- HT207** **Life Mastery Course**
(7 clock hours)
Assists the student to empower him/herself and his or her clients to set goals, write mission statements, define life values, visualize outcomes, and use the power of the mind to achieve these goals. Incorporates the Getting Organized Process and the Creating and Manifesting Formulas.
-

HT208

Manifesting Prosperity

(4 clock hours)

Empowers the student with teachings and skills to develop a “success mindset.” Based upon Silent Light Publisher’s Manifesting Prosperity Workbook. This course helps students to empower themselves and their clients to increase abundance in their lives in all ways, beyond just financial.

HT209

Ericksonian Hypnotherapy

(4 clock hours)

An in-depth exploration of the therapeutic style of Milton H. Erickson and his contributions to the fields of hypnosis and NLP. This course teaches the basics of Ericksonian Hypnotherapy, metaphor therapy, and advances the student’s use of indirect/inferred induction styles.

HT210

Advanced Practicum Seminar

(30 clock hours)

Practical (hands-on or online) hours are interspersed throughout this program to encourage students to practice each and every technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

**Section 3 –
Hypnotherapist
- Course
Descriptions**

Class Code	Description	Clock Hours
HT301	Introduction to Regression	8
HT302	Pre-Hypnosis Interview	9
HT303	Uncovering Techniques	6
HT304	Age Regression	8
HT305	Gestalt Dialogues	6
HT306	Basic Transactional Analysis	6
HT307	Forgiveness and Compassion Formulas	3
HT308	Integrating Core Transformation	4
HT309	Regression Protocol Integration	6
HT310	Hypnoanalysis	4
HT311	Analytical Hypnotherapy	3
HT312	Amnesia Capacity Estimation	3
HT313	Reinventing Yourself	2
HT314	Hypnotic Dreamwork	2
HT315	Hypnotherapist Practicum Seminar	30
Total Clock Hours		300

HT301 **Introduction to Regression**
(8 clock hours)
Introduces the concept of using the hypnotic state to access memories usually related to childhood. Discusses the indications and contraindications for its use as well as the many types of regression that can be used.

HT302 **Pre-Hypnosis Interview**
(9 clock hours)
Prepares the student to work with clients in a regressive hypnotherapy model through encouraging a more thorough intake process than the fundamentals program. Includes more elaborate information gathering techniques as well as rapport building skills.

HT303 **Uncovering Techniques**
(6 clock hours)
Prepares the student to discover the underlying emotions associated with a client's problems and works to use these emotions as a bridge back to the cause of the problems. Involves a more expanded view of intake, focusing, and uncovering core belief systems.

HT304 **Age Regression**
(8 clock hours)
A course of study detailing the uses of regression, the means of regression, and the processing of the information uncovered. The course prepares the student to work with more advanced techniques by laying the foundation for the confident use of regressive methods.

HT305 **Gestalt Dialogues**
(6 clock hours)
Prepares the student to facilitate positive change through a modified Gestalt process of dialoguing with key figures involved in a regression. Includes training in cathartic emotional release, and advanced methods for healing and resolving sensitizing events.

HT306

Basic Transactional Analysis

(6 clock hours)

An introduction to working with the various ego-states of parent, adult, and child as a means of resolving conflicts held deep within the subconscious mind.

HT307

Forgiveness and Compassion Formulas

(3 clock hours)

Regression therapy requires that the memories that are brought to consciousness are thoroughly resolved, therefore very practical and simple formulas are taught to bring the client to a place of forgiveness and compassion for themselves and others.

HT308

Integrating Core Transformation

(4 clock hours)

The Core Transformation process, as taught in Advanced Hypnotism, is now integrated into the regression therapy protocol to lead a client into the core state where very deep experiences of love, joy, and personal wholeness are experienced.

HT309

Regression Protocol Integration

(6 clock hours)

Hypnotherapist training involves the comprehension and application of a 16-step regression therapy protocol that includes many components. It is here that these components are integrated into an entire session that leads to the culmination of the first 300 hours of training.

HT310

Hypnoanalysis

(4 clock hours)

Students explore some of the pioneering work of Mr. Dave Elman, who founded many of the techniques of hypnotic induction and the processing of memories that are still used to this day. While his methods are now highly modified, this course offers respect for the work of a great man and helps students to understand how our profession has evolved over the years.

HT311 Analytical Hypnotherapy
(3 clock hours)
Prepares the student to work with the Analytical techniques as found in E.A. Barnett's book Analytical Hypnotherapy. Includes the use of regression and the Transactional Analysis model.

HT312 Amnesia Capacity Estimation
(3 clock hours)
Measuring depth of hypnosis can be done through many methods. The work of E.A. Barnett utilized a style of Amnesia Capacity Estimation to determine depth of trance by levels of amnesia that can be produced. This has proven to be a very valuable model when levels of hypnosis are important in one's work.

HT313 Reinventing Yourself
(2 clock hours)
A course dedicated to the work of Mr. Dick Sutphen who offered what are known as the Critical 15. These are the 15 things that people do that cause their own suffering. The cause of this suffering is addressed and the action to overcome it is taught.

HT314 Hypnotic Dreamwork
(2 clock hours)
This course teaches students how to process dreams using the hypnotic state. Based upon the work of Fritz Perls, dream characters unfold into symbolic messages of what the subconscious mind is truly working to tell us in our dreams.

HT315 Hypnotherapist Practicum Seminar
(30 clock hours)
Practical (hands-on or online) hours are interspersed throughout this program to encourage students to practice each and every technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

Program of Study – Clinical Hypnotherapist

Program Objective

To study and learn the concepts that relate to the use of hypnosis in therapeutic and medical settings, and to establish clear scope of practice assessment guidelines. To offer students practical methods for employing hypnosis in coordination with other health care professionals, such as in the fields of medicine, chiropractic, dentistry, and child birthing. To ensure that students operate within the scope of their training and know when issues are medical or psychiatric problems which require referrals, supervision, or prescriptions.

Program Description

A comprehensive 100 clock hour program centred upon the therapeutic and medical aspects of hypnosis. Accelerated healing methods, pain management, and working with medical professionals are the primary emphasis of this program. Clinical training also teaches the theory and practice of more advanced regression methods with a strong emphasis on practical hours to ensure successful application of all previously learned methods.

Length of Time: 8 weeks

Graduation Requirements: Must have a minimum of 2.0 G.P.A. and must complete the program within the acceptable time frame.

This program consists of approximately eight weeks of training each containing approximately 15 clock hours of class weekly, and three days of in-house Practicum Training, amounting to 30 clock hours. Completion of the Hypnotherapist program is required to attend this program.

Upon completion of this program, the Institute will award a diploma entitled: Clinical Hypnotherapist.

Course Descriptions

Class Code	Description	Clock Hours
CH401	Natal Regression	6
CH402	Transactional Analysis	3
CH403	Neuroscience and Research	5
CH404	Integrating Modalities	5
CH405	Breathwork	12
CH406	Medical Hypnotherapy	8

CH407	Anatomy and Physiology	5
CH408	Hypnosis in Pain Management	7
CH409	Psychoneuroimmunology	2
CH410	Hypnosis in Childbirth	1
CH411	Hypnosis in Dentistry	2
CH412	Hypnosis in Medical Settings	4
CH413	Healing with Hypnosis	10
CH414	Clinical Practicum	30
Total Clock Hours		100

CH401

Natal Regression

(6 clock hours)

Instructs the student in the model of Natal Regression and the indications and contraindications. Lays the foundation for regression methods to access early memories and the means of processing them thoroughly.

CH402

Transactional Analysis

(3 clock hours)

Reviews the basics of Transactional Analysis and deepens the student's understanding of working with the three major ego-states. Explores the deeper dynamics of these three states and explains further methods of integration.

CH403

Neuroscience and Research

(5 clock hours)

Introduces students to the current research in therapeutic hypnosis and the most up-to-date neuroscience applications. This course helps students to understand the brain/mind/body connection and the science behind the clinical research. Practical applications are a primary consideration to ensure that pragmatic tools can be integrated into one's Clinical Hypnotherapy practice.

CH404

Integrating Modalities

(5 clock hours)

This course ensures that students can integrate what they have learned thus far into comprehensive treatment protocols that yield powerful results. Works to incorporate the many modalities of all previous courses into personalized strategies aimed at positive and long-lasting change.

CH405

Breathwork

(12 clock hours)

Prepares the student to facilitate Breathwork sessions where a client is lead in the primary method of Rebirthing to uncover suppressed emotions and resolve deep seated memories. Works to understand the nature of emotional release and prepares the student to provide a safe space for clients to truly open and heal.

CH406

Medical Hypnotherapy

(8 clock hours)

Helps the student to have a deeper appreciation of the state statutes for the practice of hypnosis for medical conditions in coordination with “licensed practitioners of the healing arts.” Teaches scope of practice assessment and the importance of integrative and preventative health care, especially regarding the model of complementary medicine.

CH407

Anatomy and Physiology

(5 clock hours)

An introduction to the human body and its many systems, as well as theories on the mind/body connection and how the brain can control the body’s sensations and healing mechanisms.

CH408

Hypnosis in Pain Management

(7 clock hours)

An introduction to the practice of using hypnosis in managing and/or eliminating pain. A thorough introduction to the limits and scope of the practice of a hypnotist are covered, as well as discussions on the need for referrals and the ethics of the practice.

CH409

Psychoneuroimmunology

(2 clock hours)

A thorough exploration of the theories and techniques used in healing and pain management. Methods include the use of visualization, suggestions, metaphors, control rooms, and other creative tools for controlling sensations and bodily functions.

CH410

Hypnosis in Childbirth

(1 clock hours)

Prepares the student for working with pregnant women to facilitate a more comfortable or even pain-free childbirth. Uses various techniques for relaxation, stress reduction and pain management, while also working to deepen the mother/child bond and eliminate all fear and negativity.

CH411

Hypnosis in Dentistry

(2 clock hours)

Prepares the hypnotist to work one-on-one with a dentist in helping patients to relax, eliminate fear, and even undergo dental procedures without analgesia or anaesthesia.

CH412

Hypnosis in Medical Settings

(4 clock hours)

Provides students practical ways to integrate their hypnotherapy practice into medical and hospital settings. Instructs the student in the use of hypnosis for medical emergencies to teach first responders enhanced communication skills with those to whom they attend.

CH413

Healing with Hypnosis

(10 clock hours)

A thorough exploration of the healing power of the mind as found within many traditions including Mesmerism, Hypnotism, Psychoneurophysiology, New Thought Movements, Faith Healing, the Placebo Effect, as well as in-depth reviews of the books *The Sutras on Healing and Enlightenment* and *A Course in Miracles*.

CH414

Clinical Practicum Seminar

(30 clock hours)

Practical (hands-on or online) hours are interspersed throughout this program to encourage students to practice each and every technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

Program of Study – Transpersonal Hypnotherapist

Program Objective

To study and learn the concepts that relate to theories of reincarnation and karma, and how to successfully use the hypnotic state to access past-life memories. To provide the student with a metaphysical/transpersonal model of a human being to create hypnotherapists who can offer a spiritual component to their work.

Program Description

A comprehensive 100 clock hour program to teach the theory and practice of past-life regression therapy and other more esoteric concepts often associated with hypnotherapy practice.

Length of Time: 8 weeks

Graduation Requirements: Must have a minimum of 2.0 G.P.A. and must complete the program within the acceptable time frame.

This program consists of approximately eight weeks of training each containing approximately 15 clock hours of class weekly, and three days of in-house Practicum Training, amounting to 30 clock hours. Completion of the Hypnotherapist program is required to attend this program. Completion of the Clinical Hypnotherapist program is not required to attend this program.

Upon completion of this program, the Institute will award a diploma entitled Transpersonal Hypnotherapist.

Completing this program, including Hypnotherapist and Clinical Hypnotherapist training concludes the 500-hour training through the Institute and awards upon the student all relevant Institute Diplomas and qualifies them for IAIH Certification.

Course Descriptions

Class Code	Description	Clock Hours
TP601	Macro- and Microcosmology	8
TP602	Theories of Reincarnation and Karma	10
TP603	Eastern Philosophy and Psychology	10
TP604	Past-Life Regression Therapy	16
TP605	Life-Between-Life Regression	8
TP606	Special Instances of Altered State Work	8
TP607	Out-of-Body Experiences and Remote Viewing	4

TP608	Stages of Spiritual Growth	3
TP609	Meditation	3
TP610	Transpersonal Practicum	30
Total Clock Hours		100

TP601

Macro- and Microcosmology

(8 clock hours)

An in-depth look into a metaphysical model of the universe and its genesis, as well as the human being's place within this macrocosmic order. This course begins the Transpersonal work of the Institute's training, where a human being is seen as having a spiritual side that becomes exceptionally empowering in the healing process.

TP602

Theories of Reincarnation and Karma

(10 clock hours)

Models of multiple lifetimes are covered. Along with the traditional models of reincarnation, we also explore theories of transmigration and the oversoul theory, while looking at how unresolved karma affects current life situations.

TP603

Eastern Philosophy and Psychology

(10 clock hours)

A detailed look into the Yoga Sutras of Patanjali and an Eastern model of the psyche and the Spirit. This course explores the causes of human suffering and a means for eliminating this suffering through the practice of Samadhi meditation.

TP604

Past-Life Regression Therapy

(16 clock hours)

Prepares the student to facilitate a past-life regression session including pre-talk and education, trance induction and deepening to access past-life memories, processing past-life information, working with the inter-life space, working with guides/higher wisdom, processing unresolved karma, and integrating new understandings into the present life situation.

TP605

Life-Between-Life Regression

(8 clock hours)

A deeper look into the use of hypnosis to explore the time known as "life-between- life," where the Transpersonal Hypnotherapist facilitates a

thorough review of the events that occur after a past-life and before the next incarnation.

TP606

Special Instances of Altered State Work

(8 clock hours)

Based largely upon the work of Winifred Blake Lucas, PhD, and Dr. Edith Fiore, we explore the nature of entity attachment and how such energies affect clients. This course explores ancient and modern theories of possession and the means for releasement. The use of hypnosis for uncovering memories of alien abduction and other esoteric concepts are also covered.

TP607

Out-of-Body Experiences and Remote Viewing

(4 clock hours)

This course helps the student to understand and experience a deeper spiritual component of his or her being. As clients will have questions in this regard, the student is empowered with this knowledge, as well as the methods of hypnosis used to facilitate experiences outside of the physical body, including the concept of remote viewing to use the altered state to have direct and verifiable experiences of what modern physicists call a non-local universe.

TP608

Stages of Spiritual Growth

(3 clock hours)

Empowers the student with teachings from many of the world's great wisdom traditions about an individual's progress along the spiritual path. This training helps the student to work with all clients regardless of their religious/spiritual background to facilitate progress for all who seek help.

TP609

Meditation

(3 clock hours)

An introduction and deepening of the Meditation System as taught at OnlineMonastery.com and as found in the books *The Sacred Geometry of Meditation* and *The Anahat Meditation System* by Matthew J. Brownstein. These teachings cover universal methods of meditation as well as a concrete system designed to facilitate exceptional meditation teachers and healers.

TP610

Transpersonal Practicum

(30 clock hours)

Practical (hands-on or online) hours are interspersed throughout this program to encourage students to practice each and every technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

Tuition and Fees

Definition of Clock Hour

A Clock Hour is defined as a period of 60 minutes with a minimum of 50 minutes of instruction in the presence of an instructor.

Cost per Clock Hour

Each clock hour is \$19.50.

Cost Breakdown

Hypnotherapist Certification – Total 300 Hours			
HT – Hypnotherapist	300 Hours	Tuition	\$5,850.00
		Registration Fee	\$100 (included)
		Books	\$159.73
		TOTAL	\$6,009.73
		Total Tuition for 300 Hours =	
Clinical Hypnotherapist Certification – Total 400 Hours			
CH – Clinical Hypnotherapist	100 Hours	Tuition	\$1,950.00
		Registration Fee	\$100 (included)
		Books	\$41.94
		TOTAL	\$1,991.94
		Total Tuition for 400 Hours =	
Transpersonal Hypnotherapist – Total 500 Hours			
TP – Transpersonal Hypnotherapist	100 Hours	Tuition	\$1,950.00
		Registration Fee	\$100 (included)
		Books	\$32.98
		TOTAL	\$1,982.98
		Total Tuition for 500 Hours =	
Total cost with tuition, books, and fees = \$9,984.65			

Additional Expenses

\$234.65 + tax for textbooks (prices of books may vary slightly, optional books extra)

Optional Expenses

1. The initial fee for registration and certification through the International Association of Interpersonal Hypnotherapists is \$75.00, paid annually, with printed certificates costing \$10 each.
2. The Institute of Interpersonal Hypnotherapy has a network of graduates trained to offer optional additional mentoring or tutoring hours to

students. These services generally cost \$75 per hour and are payable to the mentors directly. Contact our Student Services Department for more information.

3. Each Clinical Externship Location typically has a graduation dinner at the end of the Transpersonal Hypnotherapy in-house practicum seminar hours. This optional dinner is open to any graduate and their friends and family. Typically, this dinner is held at a local restaurant (this may vary depending upon location), and all attendees are expected to pay for their own meal which is expected to cost no more than \$50 per person.
4. \$349 for the Interpersonal Hypnotherapist 22-hour CEU course and certification.
5. \$149 to \$348 for the IAIH Annual Hypnotherapy Conference.
6. \$149 for 15 hours of CEUs every year through the IAIH.
7. **Printed Manuals and Practicum Guides**

Being a predominantly online training, we do not provide printed training manuals or practicum guides as part of your tuition. However, some students may prefer to have physical copies for ease of study and note-taking. If you would like to print the materials yourself, the following are approximate costs based on standard black-and-white printing (double-sided, without professional binding, using a typical office supply store or online printer):

Training Manuals (5 volumes, approx. 200 pages each): ~200 pages × 5 manuals = ~1,000 pages total. Printing costs generally range from **\$0.05–\$0.10 per page**, making the total cost about **\$50–\$100** for the full set.

Practicum Exercise Guides (5 volumes, approx. 60 pages each): ~60 pages × 5 guides = ~300 pages total. Estimated cost is **\$15–\$30** for the full set.

Total for All Manuals and Guides: Approximately **\$65–\$130**, depending on the printer you use, paper quality, and whether you choose simple stapling, three-hole punch, or other minimal binding options.

8.

To Apply

To apply for a seat in the class, students must submit a minimum \$300 plus any additional tuition payment and tax. \$100 of this is a non-refundable registration fee. This deposit is then applied toward a student's tuition. Payment may be made in the form of cash, check, cashier's check, or major credit card.

Payment Periods

Programs and their sections can be paid for individually or all at once. Students paying per each 100-hour section are charged \$1,950 before the

start of each section according to the corresponding class schedule. Cancellations and refunds are made according to the Cancellation and Refund Policy section of this catalog.

**Financial
Aid/Student
Loans**

The Institute of Interpersonal Hypnotherapy offers financial aid in the form of student loans for those who qualify. This allows qualified borrowers to make monthly payments at an affordable rate. The Institute and the student develop a legally binding agreement using the Institute's financial section of our Enrollment Agreement.

Eligibility for student loans is dependent upon a credit check and a review of the prospective borrower's current income in relation to current expenses per month. It is at the school's discretion to accept a student for financial assistance based upon an evaluation of credit and financial status.

All refunds concerning student loans automatically default back to the Institute's refund, withdrawal, and dismissal policies as found within this catalog.

Administrative Staff and Faculty

- Administration**
- Matthew J. Brownstein – President/School Director/Director of Training/Evacuation Coordinator
 - Monica Watermann– Admissions Representative
 - Jennie Warner – Director of Student Services, Head Librarian
-

Faculty Instructors

Matthew J. Brownstein **Lead Instructor and Executive Director**
Programs taught: Hypnotherapist, Clinical Hypnotherapist, Transpersonal Hypnotherapist

- Bachelor of Arts in Religion – University of Florida, Gainesville, 1994
 - Clinical Hypnotherapist – Academy of Alternative Therapies, Santa Fe, New Mexico, 1997
 - Master Neuro-Linguistic Programming Practitioner and Trainer – National Federation of Neuro-Linguistic Programming, Venice, Florida, 2001
 - Approved Hypnotherapy Instructor, 2007
 - Designated Hypnotherapy Examiner, 2007
 - Approved Hypnotism School, 2007
-

Rene Brent **Orlando, Florida Location Director, IAIH Certified Instructor and Examiner**
Programs taught: Hypnotherapist, Clinical Hypnotherapist, Transpersonal Hypnotherapist

- Bachelor of Science in Nursing – Southern Illinois University of Edwardsville, Edwardsville, IL 1989
- Certified Hypnotherapist, Florida Institute of Hypnotherapy, Tampa, Florida, 2013
- Certified Clinical Hypnotherapist, Florida Institute of Hypnotherapy, Tampa, Florida, 2013
- Certified Transpersonal Hypnotherapist, Florida Institute of Hypnotherapy, Tampa, Florida, 2013
- Certified Instructor and Supervisor, Institute of Interpersonal Hypnotherapy, 2014
- Certified Examiner, International Association of Interpersonal Hypnotherapists, 2014

Rebecca Zayas

Orlando, Florida Instructor, IAIH Certified Instructor and Examiner

Programs taught: Hypnotherapist, Clinical Hypnotherapist, Transpersonal Hypnotherapist

- Bachelor of Arts - University of Central Florida
- Stetson University Graduate School of Counselling
- Certified Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Clinical Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Transpersonal Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Instructor and Supervisor, Institute of Interpersonal Hypnotherapy
- Certified Examiner, International Association of Interpersonal Hypnotherapists

Kati Lambert

Online Instructor, IAIH Certified Instructor and Examiner

Programs taught: Hypnotherapist, Clinical Hypnotherapist, Transpersonal Hypnotherapist

- Bachelor of Arts, National Louis University
- Master's of Science, Benedictine University
- Certified Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Clinical Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Transpersonal Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Instructor and Supervisor, Institute of Interpersonal Hypnotherapy
- Certified Examiner, International Association of Interpersonal Hypnotherapists

Matthew Langford

Online Instructor, IAIH Certified Instructor and Examiner

Programs taught: Hypnotherapist, Clinical Hypnotherapist, Transpersonal Hypnotherapist

- Emergency Medical Technician, City College
 - Certified Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
 - Certified Clinical Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
 - Certified Transpersonal Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
 - Certified Instructor and Supervisor, Institute of Interpersonal Hypnotherapy
 - Certified Examiner, International Association of Interpersonal Hypnotherapists
-

Online Delivery Addendum

- Learning Online** The Institute of Interpersonal Hypnotherapy offers both online and in-house practicum hours. Students may elect to do to any number of their in-house practicum hours online. 70% of the training is always taught online and 30% has always been done in-house. However, we now offer that 30% to be taken online as well. To prepare for a successful experience online, we suggest that students do the following:
1. Have a high-speed internet connection and ensure that videos stream well on your computer.
 2. Use a laptop or desktop, instead of a phone or tablet.
 3. Download the Zoom application at <https://zoom.us/>.
 4. Be sure that your camera and microphone are working properly before class begins.
 5. Close all other applications on your computer and remain 100% focused on class. Work to eliminate all other distractions as well.
 6. Dress as if you were coming into an actual classroom. Please be prepared to see others and to be seen by others.
 7. Breaks occur just as with in-house practicums, where we take 10-minute breaks about every hour and a half and where lunch breaks are about one hour total.
 8. Please reach out to Student Services with any questions at support@anahateducation.com.
-

July 2026 Class Schedule

July 2026 Monday Online Schedule

Program: HYPNOTHERAPIST

Start Date: 07/06/2026

Section One — Fundamentals of Hypnotism

Online Interactive Tutorials: Students are expected to complete approximately fifteen (15) hours of Online Interactive Tutorials per week.

Live Online Classes

(All Live Class times are at the same time in their respective EST, CST, MST, & PST time zones. They are recorded and posted on the school webpage for later viewing.)

07/06/2026 – Monday from 6:00pm to 9:00pm ET
(5-8pm CT; 4-7pm MT; 3-6pm PT)

07/13/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

07/20/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

07/27/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

08/03/2026 – Off

08/10/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

Supervised Practicum Hours

08/21/2026 to 08/23/2026

Friday through Sunday

Online – 9:30am to 7:30pm ET

(8:30am-6:30pm CT; 7:30am-5:30pm MT; 6:30am-4:30pm PT)

Online - Weblink to be provided by the instructor.

Section length: 07/06/2026 to 08/23/2026 — approximately 7 weeks

Time between Live Class 5 and practicum: 11 days

Gap before next section: 1 week

Section Two — Advanced Hypnotism

Online Interactive Tutorials: Students are expected to complete approximately fifteen (15) hours of Online Interactive Tutorials per week.

Live Online Classes

(All Live Class times are at the same time in their respective EST, CST, MST, & PST time zones. They are recorded and posted on the school webpage for later viewing.)

Start Date: 08/31/2026

08/31/2026 – Monday from 7:00pm to 9:00pm ET

(6-8pm CT; 5-7pm MT; 4-6pm PT)

09/07/2026 – Off — Labor Day

09/14/2026 – Monday from 7:00pm to 9:00pm ET

(6-8pm CT; 5-7pm MT; 4-6pm PT)

09/21/2026 – Monday from 7:00pm to 9:00pm ET

(6-8pm CT; 5-7pm MT; 4-6pm PT)

09/28/2026 – Monday from 7:00pm to 9:00pm ET

(6-8pm CT; 5-7pm MT; 4-6pm PT)

10/05/2026 – Monday from 7:00pm to 9:00pm ET

(6-8pm CT; 5-7pm MT; 4-6pm PT)

Supervised Practicum Hours

10/16/2026 to 10/18/2026

Friday through Sunday

Online – 9:30am to 7:30pm ET

(8:30am-6:30pm CT; 7:30am-5:30pm MT; 6:30am-4:30pm PT)

Online - Weblink to be provided by the instructor.

Section length: 08/31/2026 to 10/18/2026 — approximately 7 weeks

Time between Live Class 5 and practicum: 11 days

Gap before next section: 1 week

Section Three — Hypnotherapist

Start Date: 10/26/2026

Online Interactive Tutorials: Students are expected to complete approximately fifteen (15) hours of Online Interactive Tutorials per week.

Live Online Classes

(All Live Class times are at the same time in their respective EST, CST, MST, & PST time zones. They are recorded and posted on the school webpage for later viewing.)

10/26/2026 – Monday from 7:00pm to 9:00pm ET

(6-8pm CT; 5-7pm MT; 4-6pm PT)

11/02/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)
11/09/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)
11/16/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)
11/23/2026 – Off — Thanksgiving Week
11/30/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

Supervised Practicum Hours

12/11/2026 to 12/13/2026
Friday through Sunday
Online – 9:30am to 7:30pm ET
(8:30am-6:30pm CT; 7:30am-5:30pm MT; 6:30am-4:30pm PT)
Online - Weblink to be provided by the instructor.
12/13/2026 – Expected End Date of Hypnotherapist Program

Section length: 10/26/2026 to 12/13/2026 — approximately 7 weeks

Time between Live Class 5 and practicum: 11 days

Gap before Clinical Hypnotherapist Program: 1 day

Program: CLINICAL HYPNOTHERAPIST

Start Date: 12/14/2026

Online Interactive Tutorials: Students are expected to complete approximately fifteen (15) hours of Online Interactive Tutorials per week.

Live Online Classes

(All Live Class times are at the same time in their respective EST, CST, MST, & PST time zones. They are recorded and posted on the school webpage for later viewing.)

12/14/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)
12/21/2026 – Off — Christmas Week
12/28/2026 – Off — New Year's Week
01/04/2027 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)
01/11/2027 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)
01/18/2027 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

01/25/2027 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

Supervised Practicum Hours

02/05/2027 to 02/07/2027

Friday through Sunday

Online – 9:30am to 7:30pm ET

(8:30am-6:30pm CT; 7:30am-5:30pm MT; 6:30am-4:30pm PT)

Online - Weblink to be provided by the instructor.

02/07/2027 – Expected End Date of Clinical Hypnotherapist Program

Program length: 12/14/2026 to 02/07/2027 — approximately 8 weeks

Time between Live Class 5 and practicum: 11 days

Gap before Transpersonal Hypnotherapist Program: 1 week

Program: TRANSPERSONAL HYPNOTHERAPIST

Start Date: 02/15/2027

Online Interactive Tutorials: Students are expected to complete approximately fifteen (15) hours of Online Interactive Tutorials per week.

Live Online Classes

(All Live Class times are at the same time in their respective EST, CST, MST, & PST time zones. They are recorded and posted on the school webpage for later viewing.)

02/15/2027 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

02/22/2027 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

03/01/2027 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

03/08/2027 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

03/15/2027 – Off — Integration / Study Week

03/22/2027 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

Supervised Practicum Hours

04/02/2027 to 04/04/2027

Friday through Sunday

Online – 9:30am to 7:30pm ET

(8:30am-6:30pm CT; 7:30am-5:30pm MT; 6:30am-4:30pm PT)

Online - Weblink to be provided by the instructor.

04/04/2027 – Expected End Date of Transpersonal Hypnotherapist Program

Program length: 02/15/2027 to 04/04/2027 — approximately 7 weeks

Time between Live Class 5 and practicum: 11 days

Overall Timeline

Start Date: 07/06/2026

Final End Date: 04/04/2027

Total duration: approximately 9 months

Summary of Section Timing

Program / Section	Start Date	Practicum / End Date	Approx. Length	Gap Before Next Section
HT Section One — Fundamentals	07/06/2026	08/23/2026	7 weeks	1 week
HT Section Two — Advanced	08/31/2026	10/18/2026	7 weeks	1 week
HT Section Three — Hypnotherapist	10/26/2026	12/13/2026	7 weeks	1 day
Clinical Hypnotherapist	12/14/2026	02/07/2027	8 weeks	1 week
Transpersonal Hypnotherapist	02/15/2027	04/04/2027	7 weeks	N/A

2026 Holidays New Year's Day – January 1st
Martin Luther King Jr. Day – January 19th
Valentine's Day – February 14th
Presidents' Day – February 16th (Observed on the third Monday of February)
Easter Sunday – April 5th
Mother's Day – May 10th (Observed on the second Sunday of May)
Memorial Day – May 25th (Observed on the last Monday of May)
Father's Day – June 21st (Observed on the third Sunday of June)
Juneteenth – June 19th
Independence Day – July 4th
Labor Day – September 7th (Observed on the first Monday of September)
Halloween – October 31st
Veterans Day – November 11th
Thanksgiving – November 26th
Christmas – December 25th
New Year's Eve – December 31st

2027 Holidays New Year's Day – January 1st
Martin Luther King Jr. Day – January 18th (Observed on the third Monday of

January)

Valentine's Day – February 14th

Presidents' Day – February 15th (Observed on the third Monday of February)

Easter Sunday – March 28th

Mother's Day – May 9th (Observed on the second Sunday of May)

Memorial Day – May 31st (Observed on the last Monday of May)

Father's Day – June 20th (Observed on the third Sunday of June)

Juneteenth – June 19th

Independence Day – July 4th

Labor Day – September 6th (Observed on the first Monday of September)

Halloween – October 31st

Veterans Day – November 11th

Thanksgiving – November 25th (Observed on the fourth Thursday of November)

Christmas – December 25th

New Year's Eve – December 31st

Appendix I – Enrollment Agreement

Address Institute of Interpersonal Hypnotherapy
540 East Horatio Avenue, Suite #200
Maitland, FL 32751 – (813) 463-0264

Fields Name
Phone
Phone Type
Address
City
State
Zip
Email Address
Gender Identity
Ethnicity
Race
Date of Birth
Last 4 of SS#
Annual Income
Current Occupation

Prior Education High School Attended
GED Date of Completion
College/University
Level Completed
Degree awarded/major
Previous hypnotherapy training (not a prerequisite)
Total classroom clock hours
Have you ever been convicted of a felony or morals charges?
If yes, please explain on an attached sheet of paper.
Note: All students are required to practice and experience hypnotherapy during class.

Check the following:

Hypnotherapist – 300 clock hours – 24 weeks – Diploma

Tuition	\$5,850.00
Registration Fee	\$100 (included)
Books & Materials	\$159.73
Other Costs	\$

Total Program Price \$6,009.73

___ **Clinical Hypnotherapist** – 100 clock hours – 8 weeks – Diploma

Tuition	\$1,950.00
Registration Fee	\$100 (included)
Books & Materials	\$41.94
Other Costs	\$
Total Program Price	\$1,991.94

___ **Transpersonal Hypnotherapist** – 100 clock hours – 8 weeks – Diploma

Tuition	\$1,950.00
Registration Fee	\$100 (included)
Books & Materials	\$32.98
Other Costs	\$
Total Program Price	\$1,982.98

Practicum Seminar Location: _____

In order to maintain our student to instructor ratio, we request that your location stay the same throughout the duration of your training unless otherwise approved.

Finances

Each clock hour equals 50 minutes of classroom instruction and is \$19.50.

To apply for your seat in the class, please enclose a minimum \$300 deposit, plus any additional tuition payment and tax. Your deposit is applied to your tuition. \$100 is a non-refundable registration fee. Payment may be made in the form of cash, check, cashier's check, or major credit card.

Programs and their sections can be paid for individually or all at once. Students paying per each 100-hour section are charged \$1,950 before the start of each section according to the corresponding class schedule. Cancellations and refunds are made according to the Cancellation and Refund Policy section of the School Catalog.

Financial Aid is available in the form of student loans for those who qualify. Programs can be paid individually or all at once.

Class Schedule Interactive Distance Learning:
Online Pre-Practicum Seminar Hours:
Practicum Hours:
Hours per Week:
Start Date:
Anticipated Ending Date:

Admission Policy All students must be 18 years of age or older, must be financially capable of paying for their own tuition, and show a strong desire to become an ethical and certified hypnotherapist according to the standards of the International Association of Interpersonal Hypnotherapists. Credits from other institutions are not transferable towards an education at The Institute of Interpersonal Hypnotherapy.

Non-Discrimination Policy The Institute of Interpersonal Hypnotherapy admits qualified students without regard to their race, religion, color, age, sex, sexual orientation, national or ethnic origin, disability, or any other characteristic protected by applicable law to the rights and privileges, programs, and other activities generally accorded or made available to students at the school.

Class/Enrollment Term Change A student must obtain permission from the Student Services Director in order to change his/her class schedule if he/she wishes to change the enrollment term in which he/she is enrolled. Transferring from one class to another may fall within the Leave of Absence policy if the reason for the transfer falls within the approved reasons for Leave of Absence and all other Leave of Absence requirements have been met. If a transfer between terms does not meet the requirements for Leave of Absence, the student may be subject to the current tuition schedule upon re-entry into the program.

Cancellation and Refund Policy Should a student's enrollment be terminated or cancelled for any reason, all refunds will be made according to the following refund schedule:

1. Cancellation can be made in person, by electronic mail, by Certified Mail, or by termination.
2. All monies will be refunded if the school does not accept the applicant or if the student cancels within three (3) business days

- after signing the enrollment agreement and making initial payment.
3. Cancellation after the third (3rd) Business Day, but before the first class, results in a refund of all monies paid, with the exception of the registration fee (not to exceed \$150.00).
 4. Cancellation after attendance has begun, through 40% completion of the program, will result in a Pro Rata refund computed on the number of hours completed to the total program hours.
 5. Cancellation after completing more than 40% of the program will result in no refund.
 6. Termination Date: In calculating the refund due to a student, the last date of actual attendance, which is determined through the last time the student accessed the school's online distance learning system, is used in the calculation unless earlier written notice is received.
 7. Refunds will be made within 30 days of termination of students' enrollment or receipt of Cancellation Notice from student.
-

**Grievance
Policy**

The school is committed to providing a sound and positive educational environment. Understanding that there may be times when students want to express concerns or feel the need to file an official grievance, the school has adopted the following procedure:

1. File the grievance in writing by email where receipt must be acknowledged by the School Director outlining the allegation or nature of the grievance to support@instituteofhypnotherapy.com.
2. Within 10 days of receipt of grievance, a school representative will meet with the student.
3. If the problem is not resolved through discussion, the student will be referred to the school's grievance committee.
4. The school's grievance committee will meet within 21 calendar days of receipt of the grievance and review allegations. The student must bring a copy of the written record of the prior meeting with the school representative.
5. If more information is needed, a letter will be written outlining the additional information requested.
6. If no other information is needed, the grievance committee will act on the allegations and a letter will be sent to the student within fifteen calendar days stating the steps taken to resolve the concern or information showing that the allegations were not warranted or based on fact.

Students who feel their grievance is unresolved may refer their grievance to the following address: Commission for Independent Education, Florida

Dismissal Policy At the discretion of the School Director, a student may be dismissed from school for an intoxicated or drugged appearing state of behavior; possession of illegal substances, alcohol, or weapons on school premises; behavior creating a safety hazard to other persons at school; disrespectful behavior to those at school; or not maintaining an acceptable academic or practical skill level as determined by the School Director; or any other reason stated or determined inappropriate action or behavior by a student of the Institute of Interpersonal Hypnotherapy, by the School Director.

Agreement I have read the current catalog, refund, grievance, and dismissal policies and understand my obligations as well as the school's. I understand the instruction received does not imply education in any medical field, and that I will not use hypnosis for medical purposes, including psychiatric, for which I am not licensed unless working under the supervision of a person licensed for that purpose and as prescribed by law. I further understand that these classes are not for the purpose of diagnosing, or the treatment of, any physical or mental ailment. I certify that all information given on this form is to the best of my knowledge correct. In connection with my application with the school, I understand that a consumer report which may contain public records information is being requested. This report may include the following types of information: names and dates of previous employers, credit information, etc. I further understand that such report may contain public record information concerning my credit, bankruptcy proceedings, etc. from federal, state, and other agencies which maintain such records. I authorize without reservation, any party or agency or agency contacted to furnish the above-mentioned information. I also understand that the Institute of Interpersonal Hypnotherapy does not in any way guarantee job placement for its graduates.

Employment Assistance I understand that the Institute has not made and will not make any guarantees of employment or salary upon my graduation. The Institute will provide me with placement assistance, which will consist of identifying employment opportunities and advising me on appropriate means of attempting to realize these opportunities.

Additional Information Additional information may be obtained by contacting the Commission for Independent Education, Florida Department of Education, 325 West Gaines

Street, Suite 1414, Tallahassee, Florida 32399-0400 or toll free at (888) 224-6684.

Graduation Requirements

I understand that in order to graduate from the program and to receive a diploma, I must successfully complete the required number of scheduled clock hours as specified in the catalog and on the Student Enrollment Agreement, pass all written and practical examination with a 70% average, and satisfy all financial obligations to the Institute .

REQUIREMENTS FOR REGISTRATION AND CERTIFICATION

THE ACCREDITING AGENCY(S) OR ASSOCIATION(S) LISTED BELOW IS/ARE NOT RECOGNIZED BY THE UNITED STATES DEPARTMENT OF EDUCATION AS AN APPROVED ACCREDITING AGENCY. THEREFORE, IF YOU ENROLL IN THIS INSTITUTION, YOU MAY NOT BE ELIGIBLE FOR TITLE IV FEDERAL FINANCIAL ASSISTANCE, STATE STUDENT FINANCIAL ASSISTANCE, OR PROFESSIONAL CERTIFICATION. IN ADDITION, CREDITS EARNED AT THIS INSTITUTION MAY NOT BE ACCEPTED FOR TRANSFER TO ANOTHER INSTITUTION, AND MAY NOT BE RECOGNIZED BY EMPLOYERS.

International Association of Interpersonal Hypnotherapists Standard for Certification

IAIH Certified Hypnotherapist

Has completed at least three hundred (300) hours of instruction from an IAIH approved hypnotherapy school that is licensed by their state's Department of Education. The Hypnotherapist must also pass the IAIH written and practical skills exam and all online exams and attendance. Exceptions are considered on a non-discriminatory basis and may be granted by the Qualifying Board. (The Institute of Interpersonal Hypnotherapy program Hypnotherapist - HT)

IAIH Certified Clinical Hypnotherapist

Has completed at least four hundred (400) hours of instruction from an IAIH approved hypnotherapy school that is licensed by their state's Department of Education. The Hypnotherapist must also pass the IAIH written and practical skills exam and all online exams and attendance. Exceptions are considered on a non-discriminatory basis and may be granted by the Qualifying Board (The Institute of Interpersonal Hypnotherapy programs Clinical Hypnotherapist including HT and CH)

IAIH Certified Transpersonal Hypnotherapist

Has completed at least five hundred (500) hours of instruction from an IAIH approved hypnotherapy school that is licensed by their state's Department of Education. The Hypnotherapist must also pass the IAIH written and practical skills exam and all online exams and attendance. Exceptions are

considered on a non-discriminatory basis and may be granted by the Qualifying Board. (The Institute of Interpersonal Hypnotherapy programs Clinical Hypnotherapist and Transpersonal Hypnotherapist including HT, CH, and TP)

FEES:

The initial fee for registration and certification through the International Association of Interpersonal Hypnotherapists is \$75.00, paid annually, with printed certificates costing \$10 each.

Methods of Payment

- Deposit (including registration fee) paid at time of signing enrollment agreement with balance paid prior to graduation by a payment plan.
- First installment (including registration fee) paid at time of signing enrollment agreement with balance paid prior to graduation by a payment plan.
- Deposit (including registration fee) paid at time of signing enrollment agreement with balance paid prior to starting date.
- Full payment at time of signing enrollment agreement.
- Deposit (including registration fee) paid at time of signing enrollment agreement with balance paid beyond graduation by a payment plan.

NOTE: For schools offering a payment plan with four or more payments the federal boxes or vertical listing must be included on the contract. **(N/A, if not applicable or line through)**

Financing Chart

ANNUAL PERCENTAGE RATE	FINANCE CHARGE	Amount Financed The dollar amount the credit provided to you or on your behalf.	Total of Payment The amount you will have paid after you have made all payments as scheduled.	Total Sales Price The total cost of your purchase on credit including your down payment of
%	\$	\$	\$	\$
YOUR PAYMENT SCHEDULE WILL BE:				
Number of Payments	Amount of each payment	When payments are due		
	\$	Beginning on ___ / ___ / ___ and on the same day each month		

All prices for programs are printed herein. There are no carrying charges, interest charges, or service charges connected or charged with any of these programs. Contracts are not sold to a third party at any time. Cost of class is included in the price cost for the goods and services.

July 2026 Class Schedule

July 2026 Monday Online Schedule

Program: HYPNOTHERAPIST

Start Date: 07/06/2026

Section One — Fundamentals of Hypnotism

Online Interactive Tutorials: Students are expected to complete approximately fifteen (15) hours of Online Interactive Tutorials per week.

Live Online Classes

(All Live Class times are at the same time in their respective EST, CST, MST, & PST time zones. They are recorded and posted on the school webpage for later viewing.)

07/06/2026 – Monday from 6:00pm to 9:00pm ET
(5-8pm CT; 4-7pm MT; 3-6pm PT)

07/13/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

07/20/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

07/27/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

08/03/2026 – Off

08/10/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

Supervised Practicum Hours

08/21/2026 to 08/23/2026

Friday through Sunday

Online – 9:30am to 7:30pm ET

(8:30am-6:30pm CT; 7:30am-5:30pm MT; 6:30am-4:30pm PT)

Online - Weblink to be provided by the instructor.

Section length: 07/06/2026 to 08/23/2026 — approximately 7 weeks

Time between Live Class 5 and practicum: 11 days

Gap before next section: 1 week

Section Two — Advanced Hypnotism

Online Interactive Tutorials: Students are expected to complete approximately fifteen (15) hours of Online Interactive Tutorials per week.

Live Online Classes

(All Live Class times are at the same time in their respective EST, CST, MST, & PST time zones. They are recorded and posted on the school webpage for later viewing.)

Start Date: 08/31/2026

08/31/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

09/07/2026 – Off — Labor Day

09/14/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

09/21/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

09/28/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

10/05/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

Supervised Practicum Hours

10/16/2026 to 10/18/2026

Friday through Sunday

Online – 9:30am to 7:30pm ET

(8:30am-6:30pm CT; 7:30am-5:30pm MT; 6:30am-4:30pm PT)

Online - Weblink to be provided by the instructor.

Section length: 08/31/2026 to 10/18/2026 — approximately 7 weeks

Time between Live Class 5 and practicum: 11 days

Gap before next section: 1 week

Section Three — Hypnotherapist

Start Date: 10/26/2026

Online Interactive Tutorials: Students are expected to complete approximately fifteen (15) hours of Online Interactive Tutorials per week.

Live Online Classes

(All Live Class times are at the same time in their respective EST, CST, MST, & PST time zones. They are recorded and posted on the school webpage for later viewing.)

10/26/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

11/02/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

11/09/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)
11/16/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)
11/23/2026 – Off — Thanksgiving Week
11/30/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

Supervised Practicum Hours

12/11/2026 to 12/13/2026
Friday through Sunday
Online – 9:30am to 7:30pm ET
(8:30am-6:30pm CT; 7:30am-5:30pm MT; 6:30am-4:30pm PT)
Online - Weblink to be provided by the instructor.
12/13/2026 – Expected End Date of Hypnotherapist Program

Section length: 10/26/2026 to 12/13/2026 — approximately 7 weeks

Time between Live Class 5 and practicum: 11 days

Gap before Clinical Hypnotherapist Program: 1 day

Program: CLINICAL HYPNOTHERAPIST

Start Date: 12/14/2026

Online Interactive Tutorials: Students are expected to complete approximately fifteen (15) hours of Online Interactive Tutorials per week.

Live Online Classes

(All Live Class times are at the same time in their respective EST, CST, MST, & PST time zones. They are recorded and posted on the school webpage for later viewing.)

12/14/2026 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)
12/21/2026 – Off — Christmas Week
12/28/2026 – Off — New Year's Week
01/04/2027 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)
01/11/2027 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)
01/18/2027 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)
01/25/2027 – Monday from 7:00pm to 9:00pm ET
(6-8pm CT; 5-7pm MT; 4-6pm PT)

Supervised Practicum Hours

02/05/2027 to 02/07/2027

Friday through Sunday

Online – 9:30am to 7:30pm ET

(8:30am-6:30pm CT; 7:30am-5:30pm MT; 6:30am-4:30pm PT)

Online - Weblink to be provided by the instructor.

02/07/2027 – Expected End Date of Clinical Hypnotherapist Program

Program length: 12/14/2026 to 02/07/2027 — approximately 8 weeks

Time between Live Class 5 and practicum: 11 days

Gap before Transpersonal Hypnotherapist Program: 1 week

Program: TRANSPERSONAL HYPNOTHERAPIST

Start Date: 02/15/2027

Online Interactive Tutorials: Students are expected to complete approximately fifteen (15) hours of Online Interactive Tutorials per week.

Live Online Classes

(All Live Class times are at the same time in their respective EST, CST, MST, & PST time zones. They are recorded and posted on the school webpage for later viewing.)

02/15/2027 – Monday from 7:00pm to 9:00pm ET

(6-8pm CT; 5-7pm MT; 4-6pm PT)

02/22/2027 – Monday from 7:00pm to 9:00pm ET

(6-8pm CT; 5-7pm MT; 4-6pm PT)

03/01/2027 – Monday from 7:00pm to 9:00pm ET

(6-8pm CT; 5-7pm MT; 4-6pm PT)

03/08/2027 – Monday from 7:00pm to 9:00pm ET

(6-8pm CT; 5-7pm MT; 4-6pm PT)

03/15/2027 – Off — Integration / Study Week

03/22/2027 – Monday from 7:00pm to 9:00pm ET

(6-8pm CT; 5-7pm MT; 4-6pm PT)

Supervised Practicum Hours

04/02/2027 to 04/04/2027

Friday through Sunday

Online – 9:30am to 7:30pm ET

(8:30am-6:30pm CT; 7:30am-5:30pm MT; 6:30am-4:30pm PT)

Online - Weblink to be provided by the instructor.

04/04/2027 – Expected End Date of Transpersonal Hypnotherapist Program

Program length: 02/15/2027 to 04/04/2027 — approximately 7 weeks

Time between Live Class 5 and practicum: 11 days

Overall Timeline

Start Date: 07/06/2026

Final End Date: 04/04/2027

Total duration: approximately 9 months

Summary of Section Timing

Program / Section	Start Date	Practicum / End Date	Approx. Length	Gap Before Next Section
HT Section One — Fundamentals	07/06/2026	08/23/2026	7 weeks	1 week
HT Section Two — Advanced	08/31/2026	10/18/2026	7 weeks	1 week
HT Section Three — Hypnotherapist	10/26/2026	12/13/2026	7 weeks	1 day
Clinical Hypnotherapist	12/14/2026	02/07/2027	8 weeks	1 week
Transpersonal Hypnotherapist	02/15/2027	04/04/2027	7 weeks	N/A

2026 Holidays New Year's Day – January 1st
Martin Luther King Jr. Day – January 19th
Valentine's Day – February 14th
Presidents' Day – February 16th (Observed on the third Monday of February)
Easter Sunday – April 5th
Mother's Day – May 10th (Observed on the second Sunday of May)
Memorial Day – May 25th (Observed on the last Monday of May)
Father's Day – June 21st (Observed on the third Sunday of June)
Juneteenth – June 19th
Independence Day – July 4th
Labor Day – September 7th (Observed on the first Monday of September)
Halloween – October 31st
Veterans Day – November 11th
Thanksgiving – November 26th
Christmas – December 25th
New Year's Eve – December 31st

2027 Holidays New Year's Day – January 1st
Martin Luther King Jr. Day – January 18th (Observed on the third Monday of January)
Valentine's Day – February 14th

Presidents' Day – February 15th (Observed on the third Monday of February)
Easter Sunday – March 28th
Mother's Day – May 9th (Observed on the second Sunday of May)
Memorial Day – May 31st (Observed on the last Monday of May)
Father's Day – June 20th (Observed on the third Sunday of June)
Juneteenth – June 19th
Independence Day – July 4th
Labor Day – September 6th (Observed on the first Monday of September)
Halloween – October 31st
Veterans Day – November 11th
Thanksgiving – November 25th (Observed on the fourth Thursday of November)
Christmas – December 25th
New Year's Eve – December 31st

**Signature and
Initial Fields**

____ (Initial) *I have received, understood, and read a copy of this binding document as well as the School's Catalog and agree to all the policies and standards as found therein. I acknowledge that all the above information that I have provided is true and correct and that any false information may result in my non-acceptance or rejection from the Institute of Interpersonal Hypnotherapy.*

____ (Initial) *I have specifically read the Attendance, Refund, and Leave of Absence Policies within the School Catalog and am aware of these policies as I enroll in the Institute of Interpersonal Hypnotherapy.*

Print Name

Sign Name

Date

For Official Use Only

Approved Application Signature Field (School Director)

Date

Appendix II – Waiver of Liability and Arbitration

Release of Liability

As a contractual condition for participation, for which all parties shall rely as consideration therefore:

Anahat Education Group, Inc., a Florida Corporation, doing business as, Institute of Interpersonal Hypnotherapy, as well as other entities listed below, provides an educational opportunity to learn concepts and to participate in techniques related to the practice of hypnosis and hypnotherapy.

The exposure to concepts and participation in techniques related to the practice of hypnosis and hypnotherapy may cause emotional, mental, and/or physical effects. By being exposed to these concepts and by participating in these techniques I, as “participant” assume the sole responsibility for my emotional, mental, and physical well-being and I accept the risk of any actual or perceived adverse effect causing any emotional, mental, and/or physical injury.

I, as participant, hereby unequivocally for the past, present, and future, give up, and release any and all rights to recover for the exacerbation of any past or present emotional, mental, or physical condition whether diagnosed or not, and for any other emotional, mental, or physical effect or injury.

I hereby, give up and release any and all claims and causes of action of every kind arising from any and all emotional, mental, and/or physical injuries and/or damages for losses or injuries of any class or of any kind, that I may suffer by any participation in learning the concepts of and/or the participation in the techniques related to the practice of hypnosis and hypnotherapy, regardless of any negligence or negligent act, for which I accept that there is no obligation for due care nor for reasonable care to be provided, directly or indirectly to me by any of the following:

Anahat Education Group, Inc., a Florida Corporation

Whether acting in its own name or under any fictitious name such as:

Institute of Interpersonal Hypnotherapy

International Association of Interpersonal Hypnotherapists

Silent Light Publishers

Best Practices Business Support Group

IGE Networking Group

Illuminated Mind ® Podcast

Individually or collectively, or in any combination, and this terms above extending to and including all agents, officers, directors, servants, employees, associates and/or fellow students, individually, collectively, or in any combination.

**ARBITRATION
AND
LITIGATION**

Arbitration and Class Action Waiver Disclosure:

INSTITUTE OF INTERPERSONAL HYPNOTHERAPY requires each student to agree to a pre-dispute arbitration agreement and a class action waiver as a condition of enrollment (“Arbitration Agreement”). The Arbitration Agreement does not, in any way, limit, relinquish, or waive a student’s ability to pursue filing a borrower defense claim, pursuant to 34 C.F.R. § 685.206(e) at any time. The Arbitration Agreement does not require that the student participate in arbitration, or any internal dispute resolution process offered by the Institute prior to filing a borrower defense to repayment application with the U.S. Department of Education pursuant to 34 C.F.R. § 685.206(e).

Any arbitration, required by the Arbitration Agreement, tolls (pauses) the limitations period for filing a borrower defense to repayment application pursuant to 34 C.F.R. § 685.206(e)(6)(ii) for the length of time that the arbitration proceeding is under way.

**ARBITRATION,
CLASS ACTIONS
AND WAIVER
OF JURY TRIAL**

1. Unless otherwise prohibited by Paragraphs 2 or 3, below, any dispute a student may bring against INSTITUTE OF INTERPERSONAL HYPNOTHERAPY, or any of its parents, subsidiaries, managers, members, officers, directors, or employees, without limitation, or which the Institute may bring against the student, no matter how characterized, pleaded or styled, shall be resolved by binding arbitration pursuant to the Federal Arbitration Act, conducted by the American Arbitration Association (the “AAA”), under its Consumer Arbitration Rules (“Consumer Rules”), and decided by a single arbitrator. The arbitration hearing will be conducted in Maitland, Florida. Both the Institute and student explicitly waive any right to a jury trial. The student understands that the decision of the Arbitrator will be binding, and not merely advisory. The award of the Arbitrator may be entered as a judgment in any Court having jurisdiction. Neither the Institute nor the student shall file any lawsuit against the other in any Court and agree that any suit filed in violation of this provision shall be promptly dismissed in favor of arbitration. Both the Institute and the student agree that the party enforcing arbitration shall be awarded costs and fees of compelling arbitration. The costs of the arbitration filing fee,

Arbitrator's compensation, and facilities fees that exceed the applicable court filing fee will be paid equally by both parties.

The student agrees that any dispute or claim student may bring shall be brought solely in student's individual capacity, and not as a plaintiff or class member in any purported class action, representative proceeding, mass action or consolidated action. Any remedy available from a court under the law shall be available in the arbitration. The student may, but need not, be represented by an attorney at arbitration. Except as specifically required by federal law and the laws of the State of Florida, the fact of and all aspects of this arbitration and the underlying dispute shall remain strictly confidential by the parties, their representatives, and the AAA. The student agrees that any actual or threatened violation of this provision would result in irreparable harm and will be subject to being immediately enjoined. The student understands the information about the AAA arbitration process and the AAA Consumer Rules can be obtained at www.adr.org or 1-800-778-7879. The student shall disclose this document to the AAA if the student files an arbitration. If any provision or clause of this agreement is held invalid, said provision or clause shall not affect any other provision or clause that can have effect without the invalidated provision or clause, and thus is severable one from the other.

2. We agree that neither we nor anyone else will use this agreement to stop you from bringing a lawsuit concerning our acts or omissions regarding the making of the Federal Direct Loan. You may file a lawsuit for such a claim, or you may be a member of a class action lawsuit for such a claim even if you do not file it. This provision does not apply to lawsuits concerning other claims. We agree that only the court is to decide whether a claim asserted in the lawsuit is a claim regarding the making of the Federal Direct Loan or the provision of educational services for which the loan was obtained.
 3. We agree that neither we nor anyone else will use this agreement to stop you from being part of a class action lawsuit in court. You may file a class action lawsuit in court, or you may be a member of a class action lawsuit even if you do not file it. This provision applies only to class action claims concerning our acts or omissions regarding the making of the Direct Loan. We agree that only the court is to decide whether a claim asserted in the lawsuit is a claim regarding the making of the Federal Direct Loan or the provision of educational services for which the loan was obtained.
-

Appendix III – United States Hypnosis Law

Hypnosis Law and Regulations

State Laws Regarding Hypnosis, Hypnotherapy & Hypnotism. Therapeutic and Non-Therapeutic Uses. HIPAA Compliance.

Updated January 17th, 2025

The International Association of Interpersonal Hypnotherapists (IAIH) does its best to monitor State Hypnosis Laws and to offer this information for our members, prospective students, and for the public in general. We are not attorneys and offer this information for educational purposes only. The practice of hypnosis, hypnotism, and hypnotherapy are often regulated in many states, yet many states do not have any laws about hypnosis at all, however they will have laws against the illegal practice of therapy, medicine, psychology, and dentistry. We recommend calling us to discuss your respective state for more details.

Anyone can use the altered state of hypnosis; however, the issue arises with occupational titles and the therapeutic uses of hypnosis. It is therefore generally accepted that using the title “Hypnotist” is acceptable in all 50 states. When hypnosis is used for non-therapeutic purposes, then it is also acceptable in all 50 states. Practitioners need to be conscious of the use of the word “Hypnotherapist” in some states and they also need to understand scope of practice assessment in relationship to working with therapeutic conditions.

The current Occupational Title of Hypnotherapist is found in the National Center for Education Statistics database, (<https://nces.ed.gov/ipeds/cipcode/cipdetail.aspx?y=55&cipid=87832>) in their Classification of Instructional Programs (CIP).

Detail for CIP Code 51.3603

Title

Hypnotherapy/Hypnotherapist

Definition

A program that prepares individuals to employ the controlled inducement of altered states of consciousness, or trance, to reduce pain, resolve emotional conflicts, and enhance communications as part of diagnostic and treatment programs. Includes instruction in the principles of hypnosis and suggestion, induction and deepening, post-hypnotic suggestion, awakening techniques, regression, pacing and leading, resistance transformation,

client testing and management, practice management and regulation, and professional standards and ethics.

A Certified Profession

A hypnotist/hypnotherapist is not considered a licensed practitioner of the healing arts. Our profession is self-regulated, and we offer certifications, not licenses.

Clients or Patients

A hypnotist/hypnotherapist has clients, not patients.

Therapeutic and Non-Therapeutic Hypnosis

We define therapeutic hypnosis here as using hypnosis to assist with medical, dental, or mental health conditions. We encourage all persons who are not licensed practitioners of the healing arts to always get a referral or prescription from the appropriate licensed practitioner when utilizing therapeutic hypnosis. However, in some states even this standard is not acceptable as therapeutic hypnosis can only be performed by certain licensed practitioners.

Use of the word "Clinical"

In the State of Utah, you can call yourself a hypnotist or a hypnotherapist, yet you cannot use the word "Clinical" in your occupational title, unless you are a licensed practitioner.

Hypnosis Across State Lines

Many sessions are conducted via videoconferencing across state lines. We encourage the practitioner to abide by the laws of their own state, as well as the laws of the state of their client.

Summary

The IAIH, along with other hypnosis/hypnotherapy associations, work to protect our profession and our occupational title, yet practitioners must understand the laws of their respective states. They must understand scope of practice assessment and HIPAA compliance. They must not use words in advertising that go against their respective state's laws, and they must clearly distinguish between therapeutic and non-therapeutic hypnosis. We encourage all prospective students to contact us to discuss their own unique situation and location.

For more up-to-date information about each state law, please visit <https://www.instituteofhypnotherapy.com/iaih-hypnosis-law/> or call us at 800-551-9247.

State Laws and Regulations Regarding the Practice of Hypnosis

As we continue our work to raise the standards of hypnotherapy education and credentialing, it is important that all IAIH certified practitioners operate within the law and within the scope of their credentials. We offer this document for informational purposes only and those who are practicing hypnosis are always responsible to understand the respective laws of their state. While we work with attorneys when creating this document, it is still important for anyone using hypnosis to research the laws themselves and to know what they are legally allowed to do based upon their training and credentials. We keep this document online and work to update it annually. The most current version can be found at:

<https://www.instituteofhypnotherapy.com/iaih-hypnosis-law/>

It is also important to follow a clear Code of Ethics when practicing hypnosis. The IAIH Code of Ethics can be found at:

<https://www.instituteofhypnotherapy.com/iaih-code-of-ethics/>

When a Hypnotherapist receives a referral from a licensed practitioner of the healing arts, they are legally bound by HIPAA and are required to keep confidential a client's Protected Health Information. For more information, please visit: <https://www.instituteofhypnotherapy.com/iaih-hipaa-compliance/>

When practicing hypnosis, a major distinction needs to be made between therapeutic and non-therapeutic uses. Therapeutic hypnosis involves working with medical, dental, or mental health conditions, where human illness, injury, or disease is concerned. In most states, a referral from an appropriate licensed practitioner of the healing arts allows unlicensed professionals to engage in this practice, however in states such as Colorado and Arizona this is not the case. We encourage you to reach out to us directly if you are at all unsure about the legality of practicing in your state and within your specific credentials.

We support the use of the federally acknowledged occupational title of "Hypnotherapist," for those with such credentials, rather than just "Hypnotist," as the title itself does not imply the therapeutic use of hypnosis. However, it is always the responsibility of the professional to operate within the law and to understand the scope of their credentials and what they can and cannot work with.

Unlicensed practitioners are strongly encouraged not to use words such as: heal, healing, cure, treat, diagnose, therapy, etc. in their advertising. In Utah, the term “clinical” can only be used by those with the proper credentials.

Some states require mandatory registration to practice hypnosis professionally. Please make note of that when reviewing this document.

States of Laws and regulations regarding the practice of hypnosis can loosely be broken down into three categories:

Mandatory Registration

- Connecticut
- Washington

Specific Hypnosis Laws

- California
- Colorado
- Florida
- Illinois
- New Jersey
- Texas
- Utah

No specific regulations (on the practice of hypnosis)

- Alabama
- Alaska
- Arizona
- Arkansas
- Delaware
- District of Columbia
- Georgia
- Hawaii
- Idaho
- Indiana
- Iowa
- Kansas
- Kentucky
- Louisiana
- Maine
- Maryland
- Massachusetts
- Michigan

- Minnesota
 - Mississippi
 - Missouri
 - Montana
 - Nebraska
 - Nevada
 - New Hampshire
 - New Mexico
 - New York
 - North Carolina
 - North Dakota
 - Ohio
 - Oklahoma
 - Oregon
 - Pennsylvania
 - Rhode Island
 - South Carolina
 - South Dakota
 - Tennessee
 - Vermont
 - Virginia
 - West Virginia
 - Wisconsin
 - Wyoming
-

States with Mandatory Registration:

Connecticut

Registration Requirement: Persons who practice hypnosis must obtain a registration from the Department of Consumer Protection before engaging in business in Connecticut. The Commissioner of Consumer Protection may assess a civil penalty of not more than \$100 against any person who has practiced hypnosis in CT without first registering with the department.

Eligibility: The individual must pay an application fee of \$100 by check or money order made payable to “Treasurer, State of Connecticut” and complete a notarized application form. The form requires name, address, DOB, SSN, DLN, and a representation that the applicant has not committed a felony and is not subject to sexual offender registration laws. All registrations expire annually on October 31st.

Renewal: Renewal notices are sent approximately 30 – 45 days prior to the expiration date of registration via email or regular mail. Renewals can be completed online at <https://elicense.ct.gov> using the User ID and/or Fast Track Renewal PIN provided in the renewal notice. Renewals can also be completed by mail by emailing name, registration type, registration number, and email address to dcp.licenseservices@ct.gov. Renewal fee is \$100.

Changes: Any change of a registered hypnotist’s name, residence address, business address, or status as a registered sexual offender (pursuant to Chapter 369 of the Connecticut General Statutes, or an equivalent statute in another jurisdiction) must be reported in writing to the Department of Consumer Protection within thirty (30) days of said change.

Definition of hypnotist: “Hypnotist” means any person who performs hypnosis, but does not include those individuals licensed by this State to perform medical, dental, nursing, counseling or other health care, substance abuse or mental health services.

Definition of hypnosis: “Hypnosis” means an artificially induced altered state of consciousness, characterized by heightened suggestibility and receptivity to direction.

Relevant Regulation(s): Section 20-660 of the Connecticut General Assembly Statutes states:

(c) The Commissioner of Consumer Protection may deny registration as a hypnotist to an individual who has been the subject of a finding rendered pursuant to subsection (d) of this section. The registry shall contain information concerning any individual who has been denied said registration, as well as any brief statement disputing such denial by such individual.

(d) The Department of Consumer Protection shall receive and investigate complaints against individuals who are practicing or have practiced hypnosis in this state and may cause a prosecution to be instigated based on such investigation. The grounds for complaint shall include physical or sexual abuse, misappropriation of property, and fraud or deceit in obtaining or attempting to obtain registration as a hypnotist. A hypnotist shall be given written notice by certified mail by the commissioner of any complaint against him or her. A hypnotist who wishes to appeal a complaint against him or her shall, not later than thirty days after the date of the mailing, file with the department a request in writing for a hearing to contest the complaint. Any such hearing shall be

conducted pursuant to chapter 54. The commissioner shall render a finding on such complaint and enter such finding on the registry. The commissioner shall have the authority to render a finding and enter such finding on the registry against an individual who is practicing or has practiced hypnosis in this state, without regard to whether such individual is on the registry or has obtained registration as a hypnotist from the department.

(e) A hypnotist may petition the Commissioner of Consumer Protection to have the finding removed from the registry upon a determination by the commissioner that: (1) The employment and personal history of the hypnotist does not reflect a pattern of abusive, deceitful or fraudulent behaviour; and (2) the conduct involved in the original finding was a singular occurrence. In no case shall a determination on a petition submitted under this subsection be made prior to the expiration of a one-year period beginning on the date on which the finding was added to the registry pursuant to subsection (d) of this section.

(f) The Commissioner of Consumer Protection may, after notice and hearing, in accordance with the provisions of chapter 54, assess a civil penalty of not more than one hundred dollars against any person who has practiced hypnosis in this state without first registering with the department pursuant to subsection (b) of this section.

(g) The Commissioner of Consumer Protection shall revoke the registration of a person under this section after notice and hearing in accordance with the provisions of chapter 54 if such person becomes subject to the registration requirements of chapter 969.

Reference: https://portal.ct.gov/dcp/license-services-division/all-license-applications/hypnotist-registration-information?language=en_US

https://portal.ct.gov/-/media/dcp/pdf/applications_added_2017/hyp-application_17jan.pdf

https://portal.ct.gov/dcp/license-services-division/license-division/to-renew-online?language=en_US

Washington **Registration Requirement:** In Washington State, “Hypnotherapists” and “Counsellors” are required to register. Under Chapter 246-810 WAC,

hypnotherapists are included under the definition of “Counsellor.” Note that the “registered counsellor” category was eliminated in 2010. Hypnotherapy regulations were not modified.

A person may not, for a fee or as a part of his or her position as an employee of a state agency, practice hypnotherapy without being registered to practice as a hypnotherapist by the department.

Eligibility: For registration, an individual must:

- Pay a non-refundable \$155 application and registration fee at the time of application, by VISA or Mastercard or ACH/e-check.
 - Complete a minimum of four hours of AIDS education and training, which may include self-study, direct patient care, courses, or formal training, and read AIDS education and training attestation included in the application forms. Course content can be found in WAC 246-12-270.
 - Note that a fingerprint-based background check may be required for licensing purposes if you have lived in another state or if you have a criminal record in Washington State. This would be at your own expense.
-

Renewals: Under chapter [246-12 WAC](#), a counsellor must renew their credential every year on the practitioner's birthday.

Fees: The following nonrefundable fees will be charged:

- Application and registration: \$155.00
- Renewal: \$80.00
- Late renewal penalty: \$75.00
- Expired registration reissuance: \$75.00
- Duplicate registration: \$10.00
- Verification of registration: \$25.00

Relevant Regulations:

- You must provide disclosure information to each client prior to implementation of a treatment plan. See § 246-810-031 for a complete list of information that must be included in the disclosure statement.
- You must document all services. See § 246-810-035 detailed documentation and record retention requirements.
- You have a duty to report reasonable suspicion of abuse or neglect of a child. You have a duty to report reasonable suspicion of abandonment, abuse, financial exploitation, or neglect of a vulnerable adult. Reports must be made to the local law enforcement agency or to the department of social and health

services within 24 hours after there is reasonable cause to believe that the child or vulnerable adult has suffered abuse or neglect.

- Counsellors who collect fees in advance of the service provided must separate such funds from operating/expense funds. The counsellor may not spend the funds until the service is provided. Any funds left in the account for services not provided must be returned to the client within 30 days of the request.
- Counsellors shall not engage, or attempt to engage, in sexual misconduct with a current or former patient, client, or key party. Sexual misconduct shall constitute grounds for disciplinary action.
- Counsellors are subject to the mandatory reporting requirements of chapter [246-16 WAC](#).

Definition of Counsellor Hypnosis: "Counsellor" means an individual who engages in the practice of counselling to the public for a fee, including for the purposes of this chapter, agency affiliated counsellors, certified counsellors, certified advisers, hypnotherapists, and until July 1, 2010, registered counsellors.

Definition of Hypnotherapist: "Hypnotherapist" means a person registered under chapter 18.19 RCW, and this chapter, who is practicing hypnosis as a modality.

Exemptions: Nothing in this chapter may be construed to prohibit or restrict:

(1) The practice of a profession by a person who is either registered, certified, licensed, or similarly regulated under the laws of this state and who is performing services within the person's authorized scope of practice, including any attorney admitted to practice law in this state when providing counselling incidental to and in the course of providing legal counsel;

(2) The practice of counselling by an employee or trainee of any federal agency, or the practice of counselling by a student of a college or university, if the employee, trainee, or student is practicing solely under the supervision of and accountable to the agency, college, or university, through which he or she performs such functions as part of his or her position for no additional fee other than ordinary compensation;

(3) The practice of counselling by a person for no compensation;

(4) The practice of counselling by persons offering services for public and private nonprofit organizations or charities not primarily engaged in counselling for a fee when approved by the organizations or agencies for whom they render their services;

(5) Evaluation, consultation, planning, policy-making, research, or related services conducted by social scientists for private corporations or public agencies;

(6) The practice of counselling by a person under the auspices of a religious denomination, church, or organization, or the practice of religion itself;

(7) The practice of counselling by peer counsellors who use their own experience to encourage and support people with similar conditions or activities related to the training of peer counsellors; and

(8) Counsellors who reside outside Washington state from providing up to ten days per quarter of training or workshops in the state, as long as they do not hold themselves out to be registered or certified in Washington state.

Reference <https://app.leg.wa.gov/wac/default.aspx?cite=246-810>
<https://doh.wa.gov/licenses-permits-and-certificates/professions-new-renew-or-update/hypnotherapist/licensing-information>

States with Specific Hypnosis Laws:

California **Registration Requirement:** Per California Business & Professions Code Section 2908, quoted below, psychologists and qualified members of other recognized professional groups licensed to practice in the State of California are permitted to practice hypnosis, provided that non-psychologists do not state or imply that they are licensed to practice psychology.

Relevant Regulation (s):

BPC § 2908 “Nothing in this chapter shall be construed to prevent qualified members of other recognized professional groups licensed to practice in the State of California, such as, but not limited to, physicians, clinical social workers, educational psychologists, marriage and family therapists, licensed professional clinical counsellors, optometrists, psychiatric technicians, or registered nurses, or attorneys admitted to the State Bar of California, or persons utilizing hypnotic techniques by referral from persons licensed to practice medicine, dentistry, or psychology, or persons utilizing hypnotic techniques which offer avocational or vocational self-improvement and do not offer therapy for emotional or mental disorders, or duly ordained members of the recognized clergy, or duly ordained religious practitioners from doing work of a psychological nature consistent with the laws governing their respective professions, provided they do not hold themselves out to the public by any title or description of services incorporating the words “psychological,” “psychologist,” “psychology,” “psychometrist,” “psychometrics,” or “psychometry,” or that they do not state or imply that they are licensed to practice psychology; except that persons licensed under Chapter 13.5 (commencing with Section 4989.10) of Division 2 may hold themselves out to the public as licensed educational psychologists.”

Pursuant to BPC § 2053.5, a person who advertises any services that are not unlawful under Section 2051 or 2052 pursuant to subdivision (a) shall disclose in the advertisement that he or she is not licensed by the state as a healing arts practitioner.

A person who provides services pursuant to Section 2053.5 that are not unlawful under Section 2052 shall, prior to providing those services , do the following:

Disclose to a client in a written using plain language the following information:

- That he or she is not a licensed physician.
 - That the treatment is alternative or complementary to healing arts services licensed by the state.
 - That the services to be provided are not licensed by the state.
 - The nature of the services to be provided.
 - The theory of treatment upon which the services are based.
 - His or her educational, training, experience, and other qualifications regarding the services to be provided.
-

- Obtain a written acknowledgment from the client stating that he or she has been provided with the information described above. The client shall be provided with a copy of the written acknowledgment, which shall be maintained by the person providing the service for three years.
-

The information required by subdivision (a) shall be provided in a language that the client understands.

- Reference:**
- California Business and Professions Code § 2908.
https://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?lawCode=BPC§ionNum=2908
 - California Business and Professions Code § 2053.5.
https://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?sectionNum=2053.5.&lawCode=BPC
 - California Business and Professions Code § 2053.6.
https://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?sectionNum=2053.6.&nodeTreePath=4.8.3&lawCode=BPC
-

Colorado In 2020, Colorado eliminated the "unlicensed psychotherapist" registry, which previously included hypnotherapists. As a result, the state now requires individuals practicing psychotherapy to obtain a license and register accordingly. However, the Colorado Department of Regulatory Agencies (DORA) has clarified that practitioners who do not engage in psychotherapy and adhere to the guidelines outlined in Title 6 of the Colorado Revised Statutes, specifically Section 6-1-724, are not required to register. More information about these regulations can be found here: [Colorado Revised Statutes Title 6 § 6-1-724](#).

For those practicing hypnotherapy in Colorado, it is highly recommended to explicitly state that you operate as a complementary or alternative healthcare provider under the framework of Title 6 § 6-1-724. It is equally important to clarify that you are not a licensed psychotherapist, psychiatrist, or medical doctor. This transparency helps ensure legal compliance and fosters trust with your clients.

Practitioners should also encourage clients with specific mental or physical health concerns to seek assistance from licensed professionals, such as psychotherapists, psychiatrists, or medical doctors who specialize in treating such issues. This guidance not only aligns with legal and ethical standards but also ensures clients receive appropriate and specialized care.

By clearly defining your role and adhering to the applicable legal framework, you can practice ethically and responsibly while building trust and maintaining compliance with Colorado's regulations.

Reference: <https://codes.findlaw.com/co/title-6-consumer-and-commercial-affairs/co-rev-st-sect-6-1-724.html>

Florida **Eligibility:** Hypnosis practitioners in Florida must be licensed to practice 'one of the healing arts' or receive referral, prescription, supervision or direction from such a licensed practitioner.

Relevant Regulation s: **§ 485.004** It shall be unlawful for any person to engage in the practice of hypnosis for therapeutic purposes unless such person is a practitioner of one of the healing arts, as herein defined, or acts under the supervision, direction, prescription, and responsibility of such a person.

§ 490.0141 Practice of hypnosis.—A licensed psychologist who is qualified as determined by the board may practice hypnosis as defined in s. 485.003(1). The provisions of this chapter may not be interpreted to limit or affect the right of any person qualified pursuant to chapter 485 to practice hypnosis pursuant to that chapter or to practice hypnosis for nontherapeutic purposes, so long as such person does not hold herself or himself out to the public as possessing a license issued pursuant to this chapter or use a title protected by this chapter.

Definition of Hypnosis: "Hypnosis" shall mean hypnosis, hypnotism, mesmerism, posthypnotic suggestion, or any similar act or process which produces or is intended to produce in any person any form of induced sleep or trance in which the susceptibility of the person's mind to suggestion or direction is increased or is intended to be increased, where such a condition is used or intended to be used in the treatment of any human ill, disease, injury, or for any other therapeutic purpose.

Definition of Practitioner of the Healing Arts: "Practitioner of the healing arts" shall mean a person licensed under the laws of the state to practice medicine, surgery, psychiatry, dentistry, osteopathic medicine, chiropractic medicine, naturopathy, podiatric medicine, chiropody, psychology, clinical social work, marriage and family therapy, mental health counselling, or optometry within the scope of his or her professional training and competence and within the purview of the statutes applicable to his or her

respective profession, and who may refer a patient for treatment by a qualified person, who shall employ hypnotic techniques under the supervision, direction, prescription, and responsibility of such referring practitioner.

Definition of Qualified Person: “Qualified person” shall mean a person deemed by the referring practitioner to be qualified by both professional training and experience to be competent to employ hypnotic technique for therapeutic purposes, under supervision, direction, or prescription.

Reference: – Florida Statutes Title XXXII Chapter 485: Hypnosis.
http://www.leg.state.fl.us/statutes/index.cfm?mode=View%20Statutes&SubMenu=1&App_mode=Display_Statute&Search_String=hypnosis&URL=0400-0499/0485/Sections/0485.002.html
http://www.leg.state.fl.us/statutes/index.cfm?App_mode=Display_Statute&Search_String=&URL=0400-0499/0490/Sections/0490.0141.html

Illinois **Eligibility:** Hypnosis is largely unregulated in Illinois and can be practiced without a license, provided that the practitioner does not otherwise engage in clinical psychology or the practice of medicine.

Relevant Regulations: “Nothing in this Act shall be construed to prevent a person from practicing hypnosis without a license issued under this Act provided that the person (1) does not otherwise engage in the practice of clinical psychology including, but not limited to, the independent evaluation, classification, and treatment of mental, emotional, behavioural, or nervous disorders or conditions, developmental disabilities, alcoholism and substance abuse, disorders of habit or conduct, and the psychological aspects of physical illness, (2) does not otherwise engage in the practice of medicine including, but not limited to, the diagnosis or treatment of physical or mental ailments or conditions, and (3) does not hold himself or herself out to the public by a title or description stating or implying that the individual is a clinical psychologist or is licensed to practice clinical psychology.”

Definition of Clinical Psychology: "Clinical psychology" means the independent evaluation, classification, diagnosis, and treatment of mental, emotional, behavioural or nervous disorders or conditions, developmental disabilities, alcoholism and substance abuse, disorders of habit or conduct, and the psychological aspects of physical illness.

The practice of clinical psychology includes psychoeducational evaluation, therapy, remediation and consultation, the use of psychological and neuropsychological testing, assessment, psychotherapy, psychoanalysis, hypnosis, biofeedback, and behavioural modification when any of these are used for the purpose of preventing or eliminating psychopathology, or for the amelioration of psychological disorders of individuals or groups. "Clinical psychology" does not include the use of hypnosis by unlicensed persons pursuant to Section 3.

Reference <https://www.ilga.gov/legislation/ilcs/ilcs3.asp?ActID=1294&ChapterID=24>

New Jersey **Eligibility:** Licensure is not required in New Jersey for those who practice "hypnocounseling" to assist clients with stress management not related to a medical or mental health disorder, altering habits such as smoking and weight management, increasing client motivation in employment, the workplace and in sports activities, and enhancing creative, artistic and scholastic endeavours. Hypnotherapy is included within the scope of services of a licensed psychologist per N.J. Admin. Code § 13:42-1.1.

Relevant Regulation (s): § 13:42-1.2 Persons not requiring licensure are limited to persons engaged in the practice of hypnocounseling as well as those whose conduct and practice is exempt from licensure pursuant to this subchapter.

1) For purposes of this subsection, hypnocounseling means the induction of a hypnotic state by applying individualized techniques to induce hypnosis in order to assist clients with stress management not related to a medical or mental health disorder, altering habits such as smoking and weight management, increasing client motivation in employment, the workplace and in sports activities and enhancing creative, artistic and scholastic endeavours.

The services of hypnocounselor shall be limited to:

i) Interviewing a client to determine the nature of the client's problem;

ii) Assessing the client's suitability for hypnocounseling;

iii) Testing a prospective client to determine the client's level of suggestibility;

iv) Preparing clients for hypnosis through an explanation of the process and procedures used as well as a description of the resulting hypnotic state to be experienced by the client;

v) Teaching self-hypnosis to clients;

vi) Inducing the hypnotic state; and

vii) Applying hypnotic techniques.

§ 13:42-1.1 (a) The scope of practice of a licensed psychologist includes, but is not limited to, the use or advertisement of the use of theories, principles, procedures, techniques or devices of psychology, whether or not for a fee or other recompense. Psychological services include, but are not limited to:

4. Use of psychological procedures, which are applications employing the principles of psychology and associated techniques, instruments and devices. These procedures include, but are not limited to, psychological interviews, counselling, psychotherapy, **hypnotherapy**, biofeedback, and psychological assessments.

Reference N.J. Admin. Code § 13:42-1.2. <https://www.njconsumeraffairs.gov/regulations/Chapter-42-Board-of-Psychological-Examiners.pdf>

Texas **Eligibility:** Hypnotherapy can be utilized by licensed psychologists, licensed professional counsellors, and licensed marriage and family therapists and marriage and family therapist associates. Members of law enforcement can also obtain an investigative hypnosis proficiency certificate by completing a basic investigative hypnosis course, passing an approved examination, and submitting an application and \$35 fee to the Texas Commission on Law Enforcement.

Relevant Regulation s:

3 Texas Occupations Code § 501.003

(1) "Practice of psychology" means:

(iii) providing psychological, neuropsychological, and psychoeducational evaluation, therapy, and remediation as well as counselling, psychoanalysis, psychotherapy, hypnosis, and biofeedback; or

22 Texas Administrative Code § 681.31

The use of specific methods, techniques, or modalities within the practice of professional counselling is limited to professional counsellors appropriately trained and competent in the use of such methods, techniques, or modalities. Authorized counselling methods, techniques and modalities may include, but are not restricted to, the following:

(13) hypnotherapy, which uses the principles of hypnosis and post-hypnotic suggestion in the treatment of mental and emotional issues and addictions;

22 Texas Administrative Code § 801.42

The following are professional therapeutic services which may be provided by an LMFT or LMFT Associate.

(15) Hypnotherapy using systems methods and processes which include the principles of hypnosis and post-hypnotic suggestion in the treatment of mental and emotional disorders and addictions.

37 Texas Administrative Code § 221.7

(a) To qualify for an investigative hypnosis proficiency certificate, an applicant must meet all proficiency requirements including:

- (1) successful completion of the current basic investigative hypnosis course; and
 - (2) pass the approved examination for investigative hypnosis proficiency.
 - (b) A certificate is valid for two years.
 - (c) To keep the certificate valid, the holder must successfully complete an update course once every two years.
 - (d) If the certificate becomes invalid, a holder may obtain a new certificate under the application standards in this section.
-

Hypnosis and Hypnotherapy when performed by a licensed psychologist are subject to Board Rules. 22 Texas Administrative Code § 465

Reference <https://bhec.texas.gov/statutes-and-rules/>

Utah **Eligibility:** Pursuant to Utah Code § 58-61-307, an individual may perform hypnosis without being licensed provided they do not engage in mental health therapy, use hypnosis to treat a medical or psychological condition, or represent themselves using the title of a license classification

Relevant Regulation (s): § 58-60-107 (2) In addition to the exemptions from licensure in Section 58-1-307, the following when practicing within the scope of the license held, may engage in acts included within the definition of practice as a psychologist, subject to the stated circumstances and limitations, without being licensed under this chapter:

(e)	an individual engaged in performing hypnosis who is not licensed under this title in a profession which includes hypnosis in its scope of practice, and who:
(i)	
(A)	induces a hypnotic state in a client for the purpose of increasing motivation or altering lifestyles or habits, such as eating or smoking, through hypnosis;
(B)	consults with a client to determine current motivation and behavior patterns;
(C)	prepares the client to enter hypnotic states by explaining how hypnosis works and what the client will experience;
(D)	tests clients to determine degrees of suggestibility;
(E)	applies hypnotic techniques based on interpretation of consultation results and analysis of client's motivation and behaviour patterns; and
(F)	trains clients in self-hypnosis conditioning;
(ii)	may not:

(A)	engage in the practice of mental health therapy;
(B)	represent himself using the title of a license classification in Subsection 58-60-102(5); or
(C)	use hypnosis with or treat a medical, psychological, or dental condition defined in generally recognized diagnostic and statistical manuals of medical, psychological, or dental disorders;

As used in this chapter, “unlawful conduct” includes:

- representing oneself as or using the title of any of the following unless currently licensed in a license classification under this title:
 - psychiatrist;
 - psychotherapist;
 - clinical hypnotist;

Hypnosis Definition: "Hypnosis" means, when referring to individuals exempted from licensure under this chapter, a process by which an individual induces or assists another individual into a hypnotic state without the use of drugs or other substances and for the purpose of increasing motivation or to assist the individual to alter lifestyles or habits.

Reference <https://www.bing.com/search?pc=OA1&q=Utah%20Code%2058-61-307%20hypnosis%20licensure%20exemption%20current%20law>

<https://law.justia.com/codes/utah/2021/title-58/chapter-61/part-3/section-307/>

<https://casetext.com/statute/utah-code/title-58-occupations-and-professions/chapter-61-psychologist-licensing-act/part-3-licensing/section-58-61-307-exemptions-from-licensure>

<https://casetext.com/statute/utah-code/title-58-occupations-and-professions/chapter-61-psychologist-licensing-act/part-3-licensing/section-58-61-307-exemptions-from-licensure>

States with no specific Regulations on the Practice Hypnosis

Many of the states below address hypnotherapy as part of a psychologist's practice and do not refer to it as a separate practice (as far as the research showed). While the states above regulate hypnotherapy as a potentially distinct service, many of those below did not have specific statutes on the practice of hypnotherapy absent an underlying qualification as a psychologist. States listed with no information have no mention of hypnosis or hypnotherapy in their legal code.

Alaska 5) "to practice psychology" means to render or offer to render for a fee to individuals, groups, organizations, or the public for the diagnosis, prevention, treatment, or amelioration of psychological problems and emotional and mental disorders of individuals or groups or for conducting research on human behaviour, a psychological service involving the application of psychological principles, methods, and procedures of understanding, predicting, and influencing behaviour.

Reference: <https://www.commerce.alaska.gov/web/portals/5/pub/PsychologistStatutes.pdf>

<https://codes.findlaw.com/ak/title-8-business-and-professions/ak-st-sect-08-86-230/>

<http://touchngo.com/lglcntr/akstats/Statutes/Title08/Chapter86/Section230.htm>

Arizona Arizona law does not provide a definition for clinical hypnosis. The only mention of hypnosis or hypnotherapy in Arizona law appears in Arizona Administrative Code § R4-38-306 which provides restrictions on delegated procedures for homeopathic physicians.

Reference <https://www.bing.com/search?pc=OA1&q=Arizona%20Administrative%20Code%20%C2%A7%20R4-38-306%20homeopathic%20physicians%20hypnosis%20current%20law>

<https://regulations.justia.com/states/arizona/title-4/chapter-38/article-3/r4-38-306/>

<https://casetext.com/regulation/arizona-administrative-code/title-4-professions-and-occupations/chapter-38-board-of-homeopathic-and-integrated-medicine-examiners/article-3-education-supervision-and-delegation-standards-for-registration-of-medical-assistants-by-homeopathic-physicians/section-r4-38-306-application-to-register-a-medical-assistant>

<https://regulations.justia.com/states/arizona/title-4/chapter-38/article-3/r4-38-306/>

Relevant Regulation s: A homeopathic physician shall not delegate the following procedures to a registered medical assistant:

1. Psycho-therapeutic procedures, including individual or group psychotherapy, clinical hypnosis, or other behavioural health interventions subject to independent regulation in this state; or

Arkansas (B) "Practice of psychology" includes without limitation:

- (i) Testing and measuring, that consist of the administration and interpretation of tests measuring personal characteristics, such as intelligence, personality, abilities, interests, aptitudes, achievements, motives, personality dynamics, psychoeducational processes, neuropsychological brain functioning, and other psychological attributes of individuals or groups;
- (ii)
 - (a) Diagnosis and treatment of mental and emotional disorders, that consist of the appropriate diagnosis of mental disorders, behaviour disorders, and brain dysfunctions, according to standards of the profession and the ordering or providing of treatments according to need.
 - (b) Treatment includes without limitation providing:
 - (1) Counselling;
 - (2) Psychotherapy;
 - (3) Marital and family therapy;
 - (4) Group therapy;
 - (5) Behaviour therapy;
 - (6) Psychoanalysis;
 - (7) **Hypnosis;**

- (8) Biofeedback;
 - (9) Other psychological interventions that aim to modify and adjust perceptions, habits, or conduct; and
 - (10) The psychological aspects of physical illness, pain, injury, or disability.
-

Reference <https://www.bing.com/search?pc=OA1&q=Practice%20of%20psychology%20includes%20without%20limitation%20Testing%20and%20measuring%20Diagnosis%20and%20treatment%20of%20mental%20and%20emotional%20disorders%20hypnosis%20Arkansas%20law%20current>

<https://law.justia.com/codes/arkansas/2020/title-17/subtitle-3/chapter-97/subchapter-1/section-17-97-102/>

<https://www.apaservices.org/practice/ce/state/state-info>

<https://law.justia.com/codes/nevada/2021/chapter-641/statute-641-025/>

Delaware While Delaware Code includes hypnosis under the definition of “practice of psychology,” the Office of Workers’ Compensation Health Care Practice Guidelines for chronic pain treatment also includes hypnosis under the Complementary Alternative Medicine (CAM) category.

Relevant Regulation (s): **24 Delaware Code § 3502.** (5) “Practice of psychology” shall mean the observation, description, evaluation, interpretation and modification of human behaviour by the application of psychological principles, methods, and/or procedures, for the purpose of preventing or eliminating symptomatic, maladaptive or undesired behaviour, and of enhancing interpersonal relationships, work and life adjustment, personal effectiveness, behavioural health and mental health.

The practice of psychology includes psychological testing and the evaluation or assessment of personal characteristics, such as intelligence, personality, abilities, interests, aptitudes and neuropsychological function; counselling, psychoanalysis, psychotherapy, **hypnosis**, biofeedback, and behaviour analysis and therapy; diagnosis and treatment of mental and emotional disorder or disability, alcoholism and substance abuse, disorders of habit or conduct, as well as the psychological aspects of physical illness, accident, injury or disability; and

psychoeducational evaluation, therapy, remediation, and consultation. Psychological services may be rendered to individuals, families, groups, organizations, institutions and the public.

**19
Delaware
Code §
1342 B**

6.4.3 COMPLEMENTARY ALTERNATIVE MEDICINE (CAM) is a term used to describe a broad range of treatment modalities, a number of which are generally accepted and supported by some scientific evidence, and others which still remain outside the generally accepted practice of conventional Western Medicine. In many of these approaches, there is attention given to the relationship between physical, emotional, and spiritual well-being. While CAM may be performed by a myriad of both licensed and non licensed health practitioners with training in one or more forms of therapy, credentialed practitioners should be used when available or applicable.

Although CAM practices are diverse and too numerous to list, they can be generally classified into five domains:

6.4.3.2 **Mind-Body Interventions:** These include practices such as **hypnosis**, meditation, bioenergetics, and prayer.

Reference <https://delcode.delaware.gov/title24/c035/sc01/index.html>

https://www.lawserver.com/law/state/delaware/de-code/delaware_code_title_24_3502

**District of
Columbia**

§ 8699 Practice of psychology – means the development and application, with or without compensation, of scientific concepts, theories, methods, techniques, procedures, and principles of psychology to aid in the understanding, measuring, explaining, predicting, preventing, fostering, and treating of abilities, disabilities, attributes, or behaviours that are: (a) principally cognitive, such as aptitudes, perceptions, attitudes, or intelligence; (b) affective, such as happiness, anger, or depression; or (c) behavioural, such as physical abuse. The practice of psychology includes: (a) coaching, consulting, counselling, and various types of therapy, such as behaviour therapy, group therapy, hypnotherapy, psychotherapy, and marriage, couples, and family therapy; (b) Intellectual, personality, behavioural, educational, neuropsychological, and psycho-

physiological testing; and (c) professional activities, such as research, teaching, training, interviewing, assessment, evaluation, pharmacology, and biofeedback.

§ 5210.1 An individual licensed to practice naturopathic medicine under the Act may use the titles "Doctor of Naturopathic Medicine," "Naturopathic Physician," "Licensed Naturopath," "Naturopathic Doctor," "Doctor of Naturopathy," "Naturopath," or the initials "ND."

§ 5210.2 An individual licensed to practice naturopathic medicine may:

(a) Administer or provide for preventive and therapeutic purposes natural medicines by their appropriate route of administration the following:

- (1) Natural remedies;
 - (2) Topical medicine;
 - (3) Counselling;
 - (4) Hypnotherapy;
 - (5) Dietary therapy;
 - (6) Naturopathic physical medicine;
 - (7) Therapeutic devices; and
 - (8) Barrier devices for contraception.
-

Reference <https://dchealth.dc.gov/sites/default/files/dc/sites/doh/publication/attachments/BOPsychology%20March%209%2C%202021%20Board%20Meeting%20Minutes%20%28Open%20Session%29.pdf>

<https://dcregs.dc.gov/Common/DCMR/RuleDetail.aspx?RuleId=R0038812>

Georgia Hypnotists are listed as one of many examples of business or practitioners of professions or occupations which may be subject to regulatory fees of local governments. This is the only mention of hypnosis, hypnotherapy, hypnotists, etc. in Georgia law so far as has been found by this research.

Relevant Regulations: (b) Examples of businesses or practitioners of professions or occupations which may be subject to regulatory fees of local governments include, but are expressly not limited to, the following:

Reference: <https://law.justia.com/codes/georgia/title-48/chapter-13/article-1/section-48-13-9/>

<https://law.onecle.com/georgia/title-48/48-13-9.html>

Hawaii **HRS §455-1** “Behavioural medicine” means therapy techniques including biofeedback, relaxation training, hypnosis, mindfulness-based stress reduction, and cognitive therapy.

“Behavioural medicine” is included in the definition of “naturopathic medicine,” which must be practiced by a licensed naturopathic physician.

"Practice of psychology" means the observation, description, evaluation, interpretation, or modification of human behaviour by the application of psychological principles, methods, or procedures, for the purpose of preventing or eliminating symptomatic, maladaptive, or undesired behaviour and of enhancing interpersonal relationships, work and life adjustment, personal effectiveness, behavioural health, and mental health. The practice of psychology includes, but is not limited to, psychological testing and the evaluation or assessment of personal characteristics, such as intelligence, personality, abilities, interests, aptitudes, and neuropsychological functioning; counselling, psychoanalysis, psychotherapy, hypnosis, biofeedback, and behaviour analysis and therapy; diagnosis and treatment of mental and emotional disorder or disability, alcoholism and substance abuse, and disorders of habit or conduct, as well as of the psychological aspects of physical illness, accident, injury, or disability; and psychoeducational evaluation, therapy, remediation, and consultation. Psychological services may be rendered to individuals, families, groups, organizations, institutions, and the public. The practice of psychology shall be construed within the meaning of this definition without regard to whether payment is received for services rendered.

Reference https://www.capitol.hawaii.gov/hrscurrent/Vol10_Ch0436-0474/HRS0465/HRS_0465-0001.htm

https://www.capitol.hawaii.gov/hrscurrent/Vol10_Ch0436-0474/HRS0465/HRS_0465-0001.htm

<https://www.bing.com/search?pc=OA1&q=HRS%20%C2%A7455-1%20Behavioral%20medicine%20includes%20biofeedback%20relaxation%20training%20hypnosis%20Hawaii%20current%20law>

<https://law.justia.com/codes/hawaii/2022/title-25/chapter-455/section-455-1/>

<https://casetext.com/statute/hawaii-revised-statutes/division-2-business/title-25-professions-and-occupations/chapter-455-naturopathic-medicine/section-455-1-definitions>

Louisiana **§ 37:2352** (5) "Practice of psychology" is defined as the observation, description, evaluation, interpretation, and modification of human behaviour, by the application of psychological principles, methods, and procedures, for the purpose of eliminating symptomatic, maladaptive, or undesired behaviour, and of improving interpersonal relationships, work and life adjustment, personal effectiveness, behavioural health, and mental health. The practice of psychology includes but is not limited to psychological testing and evaluation or assessment of personal characteristics such as intelligence, personality, abilities, interests, aptitudes, and neuropsychological functioning; counselling, psychoanalysis, psychotherapy, hypnosis, stress management, biofeedback, behaviour analysis and therapy; diagnosis and treatment of mental and emotional disorder or disability, alcoholism and substance abuse, and of the psychological aspects of physical illness, accident, injury, or disability; psychoeducational evaluation, therapy, remediation, and consultation. Psychological services may be rendered to individuals, families, groups, institutions, organizations, and the public. The practice of psychology shall be construed within the meaning of this definition without regard to whether payment is received for services rendered.

Reference <https://casetext.com/statute/louisiana-revised-statutes/revised-statutes/title-37-professions-and-occupations/chapter-28-psychologists/part-i-licensure-and-regulation-of-psychologists/section-372352-definition-of-terms>

<https://law.justia.com/codes/louisiana/2011/rs/title37/rs37-2352/>

<https://codes.findlaw.com/la/revised-statutes/la-rev-stat-tit-37-sect-2352/>

Maine **§ 3811** 2. Psychologist. A person practices as a "psychologist" within the meaning of this chapter when he holds himself out to be a psychologist or renders to individuals or to the public for remuneration any service involving the application of recognized principles, methods and procedures of the science and profession of psychology. Services which may be provided by psychologists include diagnosing, assessing and treating mental, emotional and psychological illness, disorders, problems and concerns and evaluation and treatment of vocational, social, educational, behavioural, intellectual and learning and cognitive disorders. These functions are performed through recognized psychological techniques such as, but not limited to, psychological testing, psychological interviews, psychological assessments, psychotherapy, personality counselling, behaviour modification, cognitive therapies, learning therapies, biofeedback, hypnotherapy and psychological consultation to individuals and organizations.

§ 12522 **1** Medicines and therapies. A naturopathic doctor may use and order for preventative and therapeutic purposes the following natural medicines and therapies: food, food extracts, vitamins, minerals, enzymes, digestive aids, whole gland thyroid and other natural hormones, plant substances, all homeopathic preparations, immunizations, counselling, hypnotherapy, biofeedback, dietary therapy, naturopathic manipulative therapy, naturopathic physical medicine, therapeutic devices, barrier devices for contraception and office procedures. Naturopathic doctors may also prescribe medications, including natural antibiotics and topical medicines, within the limitations set forth in subsection 4. This subsection may not be construed to prevent an individual other than a naturopathic doctor from using, ordering or recommending any of the above listed items as long as the individual is not prohibited from doing so by any other federal or state statute or regulation.

Reference – 32 Maine Revised Statute § 3811 (2021).
<https://legislature.maine.gov/legis/statutes/32/title32sec3811.html>
– 32 Maine Revised Statute § 12522.
<https://legislature.maine.gov/legis/statutes/32/title32sec12522.html>

Maryland ● “License” means, unless the context requires otherwise, a license issued by the Board to practice psychology as a psychologist.
● “Licensed psychologist” means an individual who meets the requirements in § 18–302(f) of this title and is licensed by the Board to practice psychology.
● (1) “Practice psychology” means to provide to any person:

- Any service for compensation involving the application of psychological methods or psychological procedures for interviewing, counselling, psychotherapy, behaviour modification, or hypnosis;
-

Reference <https://dhs.maryland.gov/documents/Licensing-and-Monitoring/Maryland%20Law%20Articles/RCC/HEALTH%20OCCUPATIONS%20Title%2018%20Psychologist.pdf>

Massachusetts "The practice of psychology", rendering or offering to render professional service for any fee, monetary or otherwise, to individuals, groups of individuals, organizations or members of the public which includes the observation, description, evaluation, interpretation, and modification of human behaviour, by the application of psychological principles, methods and procedures, for the purpose of assessing or effecting changes in symptomatic, maladaptive or undesired behaviour and issues pertaining to interpersonal relationships, work and life adjustment, personal effectiveness and mental health. The practice of psychology includes, but is not limited to, psychological testing, assessment and evaluation of intelligence, personality, abilities, attitudes, motivation, interests and aptitudes; counselling, psychotherapy, hypnosis, biofeedback training and behaviour therapy; diagnosis and treatment of mental and emotional disorder or disability, alcoholism and substance abuse, and the psychological aspects of physical illness or disability; psychoeducational evaluation, therapy, remediation and consultation. Psychological services may be rendered to individuals, families, groups, and the public. For purposes of this definition, the practice of psychology does not include the teaching of psychology, the conduct of psychological research, or the provision of psychological consultation to organizations, unless such teaching research or consultation involves the delivery or supervision of the types of direct services described above, to individuals or groups of individuals.

Reference – M.G.L. ch. 112, § 118.
<https://malegislature.gov/Laws/GeneralLaws/PartI/TitleXVI/Chapter112/Section118>

Michigan (1) As used in this part:
(a) "Psychologist" means an individual licensed under this article to engage in the practice of psychology.
(b) "Practice of psychology" means the rendering to individuals, groups, organizations, or the public of services involving the application of principles,

methods, and procedures of understanding, predicting, and influencing behaviour for the purposes of the diagnosis, assessment related to diagnosis, prevention, amelioration, or treatment of mental or emotional disorders, disabilities or behavioural adjustment problems by means of psychotherapy, counselling, behaviour modification, hypnosis, biofeedback techniques, psychological tests, or other verbal or behavioural means. The practice of psychology shall not include the practice of medicine such as prescribing drugs, performing surgery, or administering electro-convulsive therapy.

Reference – MCL § 333.18201.

[https://www.legislature.mi.gov/\(S\(jdt3nekldzdm3hdipxxmi4ux\)\)/mileg.aspx?page=getObject&objectName=mcl-333-18201&highlight=hypnosis](https://www.legislature.mi.gov/(S(jdt3nekldzdm3hdipxxmi4ux))/mileg.aspx?page=getObject&objectName=mcl-333-18201&highlight=hypnosis)

Minnesota Minnesota code includes “hypnosis” in the scope of practice of psychology and “hypnotherapy” in the scope of practice of naturopathic medicine. The use of hypnosis is considered to be “practicing medicine” if used for the treatment or relief of any wound, fracture, or bodily injury, infirmity, or disease, unless it is performed by any person licensed by a health-related licensing board or registered by the commissioner of health, provided that the person confines their activities within the scope of their license.

Relevant Regulation (s): **§ 148.89** Subd. 5. "Practice of psychology" means the observation, description, evaluation, interpretation, or modification of human behaviour by the application of psychological principles, methods, or procedures for any reason, including to prevent, eliminate, or manage symptomatic, maladaptive, or undesired behaviour and to enhance interpersonal relationships, work, life and developmental adjustment, personal and organizational effectiveness, behavioural health, and mental health. The practice of psychology includes, but is not limited to, the following services, regardless of whether the provider receives payment for the services:

(4) psychotherapy, including but not limited to, categories such as behavioural, cognitive, emotive, systems, psychophysiological, or insight-oriented therapies; counselling; **hypnosis**; and diagnosis and treatment.

§ 147E.05 Subd. 1. (a) The practice of naturopathic medicine includes, but is not limited to, the following services:

(1) ordering, administering, prescribing, or dispensing for preventive and therapeutic purposes: food, extracts of food, nutraceuticals, vitamins, minerals, amino acids, enzymes, botanicals and their extracts, botanical medicines, herbal remedies, homeopathic medicines, dietary supplements and nonprescription drugs as defined by the Federal Food, Drug, and Cosmetic Act, glandular, photomorphogenesis, lifestyle counselling, **hypnotherapy**, biofeedback, dietary therapy, electrotherapy, galvanic therapy, oxygen, therapeutic devices, barrier devices for contraception, and minor office procedures, including obtaining specimens to assess and treat disease;

§ 147.081 Subd. 3. Practice of medicine defined.

For purposes of this chapter, a person not exempted under section 147.09 is "practicing medicine" or engaged in the "practice of medicine" if the person does any of the following:

(5) offers to undertake to use hypnosis for the treatment or relief of any wound, fracture, or bodily injury, infirmity, or disease.

§ 147.09 Section 147.081 does not apply to, control, prevent or restrict the practice, service, or activities of:

(9) Any person licensed by a health-related licensing board, as defined in section 214.01, subdivision 2, or registered by the commissioner of health pursuant to section 214.13, including psychological practitioners with respect to the use of hypnosis; provided that the person confines activities within the scope of the license.

Reference

- MN Statutes § 148.89. <https://www.revisor.mn.gov/statutes/cite/148.89>
- MN Statutes § 147E.05. <https://www.revisor.mn.gov/statutes/cite/147E.05>
- MN Statutes § 147.081. <https://www.revisor.mn.gov/statutes/cite/147.081>
- MN Statutes § 147.09. <https://www.revisor.mn.gov/statutes/cite/147.09>

Mississippi *Note that Mississippi rules automatically repeal every five (5) years, unless reviewed and reenacted. § 73-31-3 is repealed effective July 1, 2025 if not reenacted.

(ii) The practice of psychology includes, but is not limited to:

1. Psychological testing and the evaluation or assessment of personal characteristics, such as intelligence; personality; cognitive, behavioural, physical and/or emotional abilities; skills; interests; aptitudes; and neuropsychological functioning.
 2. Counselling, psychoanalysis, psychotherapy, **hypnosis**, biofeedback, and behaviour analysis and therapy;
-

Reference – Miss. Code Ann. § 73-31-3.
<https://advance.lexis.com/documentpage/?pdmfid=1000516&crd=ef260a31-d268-45b4-902a-004c89c9623a&config=00JABhZDIzMTViZS04NjcxLTQ1MDItOTIiOS03MDg0ZTQxYzU4ZTQKAFBvZENhdGFsb2f8inKxYiqNVSihJeNKRIUp&pdocfullpath=%2Fshared%2Fdocument%2Fstatutes-legislation%2Furn%3AcontentItem%3A8S9X-4X32-8T6X-71H2-00008-00&pdcontentcomponentid=234190&pdteaserkey=sr0&pditab=allpods&ecomp=vs65kkk&earg=sr0&prid=1a23afab-9789-4cce-8412-bd8732cfa054>

Missouri 337.015. Practice of psychology regulated — practice of psychology, defined. —
1. No person shall represent himself as a psychologist in the state of Missouri unless he is validly licensed and registered under the provisions of this chapter. No person shall engage in the practice of psychology in the state of Missouri unless he is validly licensed and registered under the provisions of this chapter unless otherwise exempt under the provisions of sections 337.010 to 337.090

2. A person represents himself as a "psychologist" within the meaning of this chapter when he holds himself out to the public by any title or description of services incorporating the words "psychology", "psychological", or "psychologist", or any term of like import, "psychometry", "psychometrics", "psychometrist", "psychotherapy", "psychotherapists", "psychoanalysis", "psychoanalyst", or variants thereof or when the person purports to be trained, experienced or an expert in the field of psychology, and offers to render or renders services as defined below to individuals, groups, organizations, or the public for a fee, monetary or otherwise; provided, however, that professional counsellors licensed to practice under this chapter, or a physician licensed to practice pursuant to chapter 334, who specializes in psychiatry, may use any of such terms except "psychology", "psychological", or "psychologist" so long as such is consistent with their respective licensing laws.

3. The "practice of psychology" within the meaning of this chapter is defined as the observation, description, evaluation, interpretation, treatment, and modification of human behaviour by the application of psychological principles, methods, and procedures, for the purpose of preventing, treating, or eliminating symptomatic, maladaptive, or undesired behaviour and of enhancing interpersonal relationships, work and life adjustment, personal effectiveness, behavioural health, and mental health. The practice of psychology includes, but is not limited to, psychometric or psychological testing and the evaluation or assessment of personal characteristics, such as intelligence, personality, abilities, interests, aptitudes, and neuropsychological functioning; counselling, psychoanalysis, psychotherapy, **hypnosis**, biofeedback, and behaviour analysis and therapy; diagnosis and treatment of mental and emotional disorder or disability in both inpatient and outpatient settings, alcoholism and substance abuse, disorders of habit or conduct, as well as the psychological aspects of physical illness, accident, injury, or disability; psychoeducational evaluation, therapy, remediation, and consultation; and teaching and training of psychological competence. Psychological services may be rendered to individuals, families, groups, and the public. The practice of psychology shall be construed within the meaning of this definition without regard to whether payment is received for services rendered.

4. The application of these principles and methods includes, but is not restricted to: diagnosis, prevention, treatment, and amelioration of adjustment problems and emotional and mental disturbances of individuals and groups; **hypnosis**; counselling; educational and vocational counselling; personnel selection and management; the evaluation and planning for effective work and learning situations; advertising and market research; and the resolution of interpersonal and social conflicts.

Reference <https://revisor.mo.gov/main/OneSection.aspx?section=337.015>

Montana (4) (a) "Practice of psychology" means the observation, description, interpretation, and modification of human behaviour by the application of psychological principles, methods, and procedures for the purpose of eliminating symptomatic, maladaptive, or undesired behaviour and improving interpersonal relations, work and life adjustment, personal effectiveness, and mental health.

(b) The practice of psychology includes but is not limited to psychological testing and evaluation or assessment of personal characteristics such as intelligence, personality, abilities, interests, aptitudes, and neuropsychological functioning; counselling, psychoanalysis, psychotherapy, hypnosis, biofeedback,

and behaviour analysis and therapy; diagnosis and treatment of mental and emotional disorders or disabilities, chemical dependency, substance abuse, and the psychological aspects of physical illness, accident, injury, or disability; and psychoeducational evaluation, therapy, remediation, and consultation.

(5) A person represents to the public that the person is a "psychologist" when the person uses a title or description of services incorporating the words "psychologist", "psychological", "psychologic", or "psychology" and offers to render or renders psychological services described in subsection (4) to individuals, groups, corporations, or the public, whether or not the person does so for compensation or fee.

Reference – MCA § 37-17-102.
https://leg.mt.gov/bills/mca/title_0370/chapter_0170/part_0010/section_0020/0370-0170-0010-0020.html

Nebraska (1) Practice of psychology means the observation, description, evaluation, interpretation, or modification of human behaviour by the application of psychological principles, methods, or procedures for the purpose of preventing or eliminating symptomatic, maladaptive, or undesired behaviour and of enhancing interpersonal relationships, work and life adjustment, personal effectiveness, behavioural health, and mental health.

(2) The practice of psychology includes, but is not limited to, psychological testing and the evaluation or assessment of personal characteristics such as intelligence, personality, abilities, interests, aptitudes, and psychophysiological and neuropsychological functioning; counselling, psychoanalysis, psychotherapy, **hypnosis**, biofeedback, and behaviour analysis and therapy; diagnosis and treatment of mental and emotional disorders, alcoholism and substance abuse, disorders of habit or conduct, and the psychological aspects of physical illness, accident, injury, or disability; psychoeducational evaluation, therapy, remediation, and consultation; and supervision of qualified individuals performing services specified in this section.

(3) Psychological services may be rendered to individuals, families, groups, organizations, institutions, and the public. The practice of psychology shall be construed within the meaning of this definition without regard to whether payment is received for services rendered.

Reference <https://www.bing.com/search?pc=OA1&q=Nebraska%20Revised%20Statutes%20Practice%20of%20Psychology%202024>

<https://law.justia.com/codes/nebraska/2022/chapter-38/statute-38-3108/>

<https://nebraskalegislature.gov/laws/statutes.php?statute=38-2115>

Nevada "Practice of psychology" means the observation, description, evaluation, interpretation or modification of human behaviour by the application of psychological principles, methods or procedures to prevent or eliminate problematic, unhealthy or undesired behaviour and to enhance personal relationships and behavioural and mental health. The term includes, without limitation, such specialized areas of competence as:

- Hypnosis
-

Reference <https://psyexam.nv.gov/Licensing/Definitions/>

<https://nebraskalegislature.gov/laws/statutes.php?statute=38-3108>

New Hampshire § 329-B:2 VII. "Psychology practice by a licensed psychologist" means:
(c) Counselling, consultation, psychoanalysis, psychotherapy, hypnosis, biofeedback, and behaviour analysis and therapy;

§ 328-E:4 I. Doctors of naturopathic medicine shall be authorized to use for preventive and therapeutic purposes the following natural medicines and therapies: food, food extracts, vitamins, minerals, enzymes, digestive aids, whole gland thyroid, plant substances, all homeopathic preparations, topical medicines, counselling, hypnotherapy, biofeedback, dietary therapy, naturopathic physical medicine, therapeutic devices, and barrier devices for contraception.

Reference <https://casetext.com/statute/new-hampshire-revised-statutes/title-30-occupations-and-professions/chapter-329-b-psychologists/section-329-b2-definitions>

NH Rev Stat § 329-B:2
(2021). <https://www.gencourt.state.nh.us/rsa/search/default.aspx>

**North
Carolina**

(8) Practice of psychology. – The observation, description, evaluation, interpretation, or modification of human behaviour by the application of psychological principles, methods, and procedures for the purpose of preventing or eliminating symptomatic, maladaptive, or undesired behaviour or of enhancing interpersonal relationships, work and life adjustment, personal effectiveness, behavioural health, or mental health. The practice of psychology includes, but is not limited to: psychological testing and the evaluation or assessment of personal characteristics such as intelligence, personality, abilities, interests, aptitudes, and neuropsychological functioning; counselling, psychoanalysis, psychotherapy, **hypnosis**, biofeedback, and behaviour analysis and therapy; diagnosis, including ethology and prognosis, and treatment of mental and emotional disorder or disability, alcoholism and substance abuse, disorders of habit or conduct, as well as of the psychological and neuropsychological aspects of physical illness, accident, injury, or disability; and psychoeducational evaluation, therapy, remediation, and consultation. Psychological services may be rendered to individuals, families, groups, and the public. The practice of psychology shall be construed within the meaning of this definition without regard to whether payment is received for services rendered.

**Psycholog
ist**

A person represents himself or herself to be a psychologist if that person uses any title or description of services incorporating the words "psychology", "psychological", "psychologic", or "psychologist", states that he or she possesses expert qualification in any area of psychology, or provides or offers to provide services defined as the practice of psychology in this Article. All persons licensed under this Article may present themselves as psychologists, as may those persons who are exempt by G.S. 90-270.138 and those who are qualified applicants under G.S. 90-270.139. (1967, c. 910, s. 2; 1977, c. 670, s. 1; 1979, c. 670, s. 1; 1993, c. 375, s. 1; 1993 (Reg. Sess., 1994), c. 569, s. 14; 1999-292, ss. 1, 2; 2020-82, s. 1(a).)

Reference

– North Carolina General Statutes § 90-270.2.

https://www.ncleg.gov/enactedlegislation/statutes/html/bysection/chapter_90/gs_90-270.136.html

https://www.ncleg.gov/EnactedLegislation/Statutes/PDF/ByArticle/Chapter_90/Article_18G.pdf

**North
Dakota**

"Practice of psychology" means the observation, description, evaluation, interpretation, or modification of human behaviour by the application of

psychological principles, methods, and procedures for the purpose of preventing or eliminating symptomatic, maladaptive, or undesired behaviour and enhancing interpersonal relationships, work and life adjustment, personal effectiveness, behavioural health, and mental health. The term includes psychological testing and the evaluation or assessment of personal characteristics, such as intelligence, personality, abilities, interests, aptitudes, and neuropsychological functioning; counselling, psychotherapy, biofeedback, behaviour analysis and therapy, **clinical applications of hypnosis**, and other therapeutic techniques based on psychological principles; diagnosis and treatment of mental and emotional disorder or disability, compulsive disorders, disorders of habit or conduct as well as of the psychological aspects of physical illness, accident, injury, or disability; and psychoeducational evaluation, therapy, remediation, and consultation. The term includes providing psychological services to individuals, families, groups, organizations, institutions, and the public regardless of whether payment is received for services rendered. The term includes supervising others who are engaged in the practice of psychology.

"Psychologist" means an individual who is licensed under this chapter in the practice of psychology.

Reference – North Dakota Century Code § 43-32-01. <https://ndlegis.gov/cencode/t43.html>
<https://www.ndsbpe.org/licensee/app-lic-instruct.asp>

Ohio **Rev. Code § 4732.01** (C) "Psychological procedures" include but are not restricted to application of principles, methods, or procedures of understanding, predicting, or influencing behaviour, such as the principles pertaining to learning, conditioning, perception, motivation, thinking, emotions, or interpersonal relationships; the methods or procedures of verbal interaction, interviewing, counselling, behaviour modification, environmental manipulation, group process, psychological psychotherapy, or **hypnosis**; and the methods or procedures of administering or interpreting tests of mental abilities, aptitudes, interests, attitudes, personality characteristics, emotions, or motivation.

Administrative Code § 4732-5-01 (A) Consistent with division (A)(7) of section 4732.22 of the Revised Code, persons regulated under other sections of the Revised Code can use hazardous psychological procedures when consistent with their professions, provided they do not hold themselves out to the public by the title "psychologist." As defined

in division (A) of section 4732.01 of the Revised Code, using the terms "psychologic," "psychological," or "psychology" in describing the services offered constitutes holding oneself out to the public as a psychologist even though use of the procedures under other names may be permitted, as provided by law.

(B) The following psychological procedures are a serious hazard to mental health as that term is defined in paragraph (L) of rule 4732-3-01 of the Administrative Code and require professional expertise in psychology:

(4) Hypnotic techniques for diagnostic, treatment, or other psychotherapeutic purposes.

Administrative Code § 4732-3-01 (L) "Serious hazard to mental health" occurs where an individual is at substantial risk of developing a mental disorder or to be at substantial risk of increasing the severity of an existing mental disorder.

Reference – Ohio Revised Code § 4732.01. <https://codes.ohio.gov/ohio-revised-code/section-4732.01>
– Ohio Administrative Code § 4732-5-01. <https://codes.ohio.gov/ohio-administrative-code/rule-4732-5-01>
– Ohio Administrative Code § 4732-3-01. <https://codes.ohio.gov/ohio-administrative-code/rule-4732-3-01>

<https://codes.ohio.gov/orc/4732.01>

<https://casetext.com/statute/ohio-revised-code/title-47-occupations-professions/chapter-4732-psychologists/section-473201-psychologist-definitions>

Oklahoma "Practice of psychology" means the observation, description, evaluation, interpretation, and modification of human behaviour by the application of psychological principles, methods, and procedures, for the purpose of preventing or eliminating symptomatic, maladaptive, or undesired behaviour and of enhancing interpersonal relationships, work and life adjustment, personal effectiveness, behavioural health, and mental health. The practice of psychology, a branch of the healing arts, includes, but is not limited to, psychological testing and the evaluation or assessment of personal characteristics, such as intelligence, personality, abilities, interests, aptitudes, and neuropsychological functioning; counselling, psychoanalysis, psychotherapy,

hypnosis, biofeedback, and behaviour analysis and therapy; diagnosis and treatment of mental and emotional disorder or disability, alcoholism and substance abuse, disorders of habit or conduct, as well as of the psychological aspects of physical illness, accident, injury, or disability; and psychoeducational evaluation, therapy, remediation, and consultation. Psychological services may be rendered to individuals, families, groups, and the public. The practice of psychology shall be construed within the meaning of this definition without regard to whether payment is received for services rendered;

Reference – Oklahoma Statutes § 59-1352. <http://www.oklegislature.gov/osStatuesTitle.aspx>

Rhode Island (7) "Practice of psychology" means the rendering of professional psychological services to individuals, groups, families, or any public or private organization for remuneration. Professional psychological services means applying established psychological principles, methods, or procedures for the purpose of preventing or eliminating symptomatic, maladaptive, or undesired behaviour and of enhancing interpersonal relationships, work and life adjustment, personal effectiveness, and mental health. The practice of psychology includes, but is not limited to:

(iv) Counselling, psychotherapy, psychoanalysis, **hypnotherapy**, biofeedback, and behaviour analysis and therapy.

§ 40-55-50 Acts constituting practice as psychologist (A) A person practices as a psychologist within the meaning of this chapter when that person holds himself or herself out as a psychologist or applies the principles, methods, or procedures of psychology in the conduct of any of the following activities:

(2) Engaging in a therapeutic relationship with an individual, family, or group for the purpose of one or more of the following:

- (a) improving the quality of mental health or social adjustment, or both.
- (b) reducing, preventing, modifying, or eliminating maladaptive or undesired behaviours, cognitions, emotions, or psychological or physical characteristics.
- (c) treating diagnosed mental disorders, whether treatment is focused on behavioural manifestations of the disorder, the environmental context of the disorder, or underlying causal processes.
- (d) improving individual performance.
- (e) modifying cognitions, emotions, or behaviours, or a combination of these, in order to influence psychological well-being;

- (f) psychological research; or
- (g) any combination of subitems (a) through (f).

For purposes of this section, a "therapeutic relationship", except as provided for in Section 40-55-90, refers to, but is not limited to, one or more of the following practices insofar as they involve the application of psychological principles, methods, or procedures: psychotherapy, psychoanalysis, therapy, family therapy, marital therapy, couples therapy, play therapy, counselling, rehabilitation, intervention, hypnotherapy, biofeedback, behaviour therapy, behaviour modification, psychological counselling, human potential psychology, vocational counselling, school counselling, growth psychology, alcohol or substance abuse counselling, or both, or remediation, or a combination of any of these for any of the purposes identified in this item.

§ 40-75-20 "Practice of professional counselling" means functioning as a psychotherapist and may include, but is not limited to, providing individual therapy, family counselling, group therapy, marital counselling, play therapy, couples counselling, substance abuse counselling, vocational counselling, school counselling, rehabilitation counselling, intervention, human growth and development counselling, behavioural modification counselling, and hypnotherapy. The practice of professional counselling may include assessment, crisis intervention, guidance and counselling to facilitate normal growth and development, including educational and career development; utilization of functional assessment and counselling for persons requesting assistance in adjustment to a disability or handicapping condition; and consultation and research. The use of specific methods, techniques, or modalities within the practice of licensed professional counselling is restricted to professional counsellors appropriately trained in the use of these methods, techniques, or modalities.

Reference <https://rules.sos.ri.gov/regulations/part/216-40-05-15>

South Dakota "Psychological procedures," include but are not restricted to the application of principles, methods or procedures of understanding, predicting or influencing behaviour, such as the principles pertaining to learning, conditioning, perception, motivation, thinking, emotions or interpersonal relationships; the methods or procedures of verbal interaction, interviewing, counselling, behaviour modification, environmental manipulation, group process, psychotherapy, biofeedback or hypnosis; and the methods or procedures of

administering or interpreting tests of mental abilities, aptitudes, interests, attitudes, personality characteristics, emotions or motivation.

Reference – South Dakota Codified Laws § 36-27A-1.
https://sdlegislature.gov/Statutes/Codified_Laws/2060964

Tennessee “Practice of psychologist” means the observation, description, evaluation, interpretation and modification of human behaviour by the application of psychological principles, methods and procedures for the purpose of assessing, preventing or eliminating symptomatic, maladaptive or undesired behaviour and of enhancing interpersonal relationships, work and life adjustment, personal effectiveness, behavioural health and mental health.

(A) “Practice of psychologist” includes, but is not limited to:

(ii) Counselling, psychoanalysis, psychotherapy, **hypnosis**, biofeedback and behaviour analysis and therapy;

(b) A person represents that person to be a psychologist if that person uses any title or description of services incorporating the words “psychology,” “psychological” or “psychologist,” if such person possesses expert qualification in any area of psychology or if that person offers to the public or renders to individuals or to groups of individuals services defined as the practice of psychology in this chapter.

Reference – Tennessee Code Ann. § 63-11-203.
<https://advance.lexis.com/documentpage/?pdmfid=1000516&crd=a6259be3-01a3-4833-b62d-d993ebd78df7&config=025054JABIOTJjNmIyNi0wYjI0LTRjZGEtYW5ZC0zNGFhO WNhMjFINDgKAFBvZENhdGFsb2cDFQ14bX2GfyBTaI9WcPX5&pddocfullpath=%2Fshared%2Fdocument%2Fstatutes-legislation%2Furn%3AcontentItem%3A50G5-6KJ0-R03M-22RN-00008-00&pdcontentcomponentid=234179&pdteaserkey=sr2&pditab=allpods&ecomp=vs65kkk&earg=sr2&prid=a6a90a30-2b18-45b6-ae2a-84adf850bc9c>

Vermont "Naturopathic medicine" or "the practice of naturopathic medicine" means a system of health care that utilizes education, natural medicines, and natural therapies to support and stimulate a patient's intrinsic self-healing processes and to prevent, diagnose, and treat human health conditions, injuries, and pain.

In connection with such system of health care, an individual licensed under this chapter may:

(A) Administer or provide for preventative and therapeutic purposes nonprescription medicines, topical medicines, botanical medicines, homeopathic medicines, counselling, **hypnotherapy**, nutritional and dietary therapy, naturopathic physical medicine, naturopathic childbirth, therapeutic devices, barrier devices for contraception, and prescription medicines authorized by this chapter.

Reference – 26 V.S.A. § 4121. <https://legislature.vermont.gov/statutes/section/26/081/04121>

Virginia "Practice of clinical psychology" includes, but is not limited to:

2. "Diagnosis and treatment of mental and emotional disorders" which consists of the appropriate diagnosis of mental disorders according to standards of the profession and the ordering or providing of treatments according to need. Treatment includes providing counselling, psychotherapy, marital/family therapy, group therapy, behaviour therapy, psychoanalysis, **hypnosis**, biofeedback, and other psychological interventions with the objective of modification of perception, adjustment, attitudes, feelings, values, self-concept, personality or personal goals, the treatment of alcoholism and substance abuse, disorders of habit or conduct, as well as of the psychological aspects of physical illness, pain, injury or disability.

Reference – Code of Virginia § 54.1-3600. <https://law.lis.virginia.gov/vacode/title54.1/chapter36/section54.1-3600/>

Wisconsin "Practice of psychology" means the observation, description, evaluation, interpretation, prediction, or modification of human behaviour by the application of psychological principles, methods, or procedures for any of the following purposes, in exchange for a fee:

1. Preventing, eliminating, evaluating, assessing, or predicting symptomatic, maladaptive, or undesired behaviour and promoting adaptive health maintaining behaviour or psychological functioning.
2. Assisting in legal decision-making.

(b) "Practice of psychology" includes all of the following if done in exchange for a fee:

2. Counselling, consultation, psychoanalysis, psychotherapy, hypnosis, biofeedback, behaviour therapy, and applied behaviour analysis.

Reference <https://docs.legis.wisconsin.gov/document/statutes/455.01%285%29>
<https://dsps.wi.gov/pages/Professions/Psychologist/Default.aspx>

Wyoming “Practice of psychology” means the observation, description, evaluation, interpretation and modification of human behaviour by the application of psychological principles, methods and procedures, for the purpose of any one (1) or any combination of the following:

(E) Psychoanalysis, psychotherapy, hypnosis, biofeedback and behaviour analysis and therapy.

Reference <https://law.justia.com/codes/wyoming/2022/title-33/chapter-27/section-33-27-113/>

<https://psychology.wyo.gov/rules>

<https://www.apaservices.org/practice/ce/state/state-info>

Appendix IV – Copyright Policy

Copyright Policy The Institute of Interpersonal Hypnotherapy strictly prohibits the illegal copying of copyrighted texts, publications, documents, and computer software or peer to peer file sharing.

Instructors may only copy portions of texts for single use as handouts to illustrate lesson plans, as permitted by federal copyright law. Students may not illegally copy texts or software for distribution, use, or sale.

If this policy is violated, the person responsible will be subject to disciplinary action, up to and including termination or dismissal.

Copyright infringement is the act of exercising, without permission or legal authority, one or more of the exclusive rights granted to the copyright owner under section 106 of the Copyright Act (Title 17 of the United States Code). These rights include the right to reproduce or distribute a copyrighted work.

In the file-sharing context, downloading or uploading substantial parts of a copyrighted work without authority constitutes an infringement.

Penalties for copyright infringement include civil and criminal penalties.

In general, anyone found liable for civil copyright infringement may be ordered to pay either actual damages or “statutory” damages affixed at not less than \$750 and not more than \$30,000 per work infringed. For “willful” infringement, a court may award up to \$150,000 per work infringed. A court can, in its discretion, also assess costs and attorneys’ fees.

For details, see Title 17, United States Code, Sections 504, 505. Willful copyright infringement can also result in criminal penalties, including imprisonment of up to five years and fines of up to \$250,000 per offense. For more information, please see the website of the U.S. Copyright Office at: www.copyright.gov.
