INSTITUTE OF

INTERPERSONAL HYPNOTHERAPY

Raising the Standards of Hypnotherapy Training

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CONTACT	**Institute of Interpersonal Hypnotherapy** 540 East Horatio Avenue, Suite #200 Maitland, Florida 32751 **Phone:** (813) 463-0264 or (800) 551-9247 **Email:** admissions@anahateducation.com **Website:** www.InstituteofHypnotherapy.com

TRANSFORM LIVES. ELEVATE CONSCIOUSNESS.

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Welcome

From the President

Dear Student,

The Institute of Interpersonal Hypnotherapy welcomes you to our school and congratulates you for having selected an exceptionally exciting path for your future education. Our common efforts will allow you to develop skills and practical knowledge that will enhance your life as well as the lives of the many people you will help to facilitate change in.

Our school offers a variety of programs ranging from introductory to advanced training in the most up-to-date hypnotherapeutic techniques and protocols. At the Institute, you will find a professional and personalized style of instruction that will assist you in becoming a very well-trained hypnotherapist who can graduate with confidence in your training and with the skills you need to conduct a successful, professional hypnotherapy practice.

You have made a commitment to your future, and today we offer you our support to see you walk forward with one of the most powerful tools you will ever hold in your hands – an education.

Sincerely,



Matthew J. Brownstein

CEO – Anahat Education Group, Inc.

President – International Association of Interpersonal Hypnotherapists Executive Director – Institute of Interpersonal Hypnotherapy

Florida Department of Education – Commission for Independent Education – License #3448

Florida Department of Vocational Rehabilitation – License #VF202535784002

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Overview

Licensed by

The Commission for Independent Education

Florida Department of Education

Maitland, Florida License Number 3448

Additional information regarding this institution can be obtained by contacting the Commission at:

325 West Gaines Street, Suite 1414

Tallahassee, Florida 32399-0400

Toll free telephone number: (888) 224-6684

Fax number: (850) 245-3238

Website: http://www.fldoe.org/cie

Board of Directors/Corporate Owners-Shareholders

Matthew J. Brownstein: 100%

Statement of Ownership

The Institute of Interpersonal Hypnotherapy is formed under the laws of the State of Florida. The Institute of Interpersonal Hypnotherapy is owned and operated by Anahat Education Group, Inc., and its CEO Matthew Brownstein.

Matthew Brownstein can be contacted at:

540 East Horatio Avenue, Suite #200, Maitland, FL 32751

Phone: (813) 463-0264 or (800) 551-9247

Email: matthew@anahateducation.com

Website: www.instituteofhypnotherapy.com

Governing Body

THE ACCREDITING AGENCY(S) OR ASSOCIATION(S) LISTED BELOW IS/ARE NOT RECOGNIZED BY THE UNITED STATES DEPARTMENT OF EDUCATION AS AN APPROVED ACCREDITING AGENCY. THEREFORE, IF YOU ENROLL IN THIS INSTITUTION, YOU MAY NOT BE ELIGIBLE FOR TITLE IV FEDERAL FINANCIAL ASSISTANCE, STATE STUDENT FINANCIAL ASSISTANCE, OR PROFESSIONAL CERTIFICATION. IN ADDITION, CREDITS EARNED AT THIS INSTITUTION MAY NOT BE ACCEPTED FOR TRANSFER TO ANOTHER INSTITUTION, AND MAY NOT BE RECOGNIZED BY EMPLOYERS.

International Association of Interpersonal Hypnotherapists

Matthew J. Brownstein, President

540 East Horatio Avenue, Suite #200, Maitland, FL 32751

Phone: (813) 463-0264 - Fax: (866) 611-0692

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Email: membership@interpersonalhypnotherapy.com

Website: www.interpersonalhypnotherapy.com

Mission Statement

The mission of the Institute of Interpersonal Hypnotherapy is to train students as Certified Hypnotherapists, Certified Clinical Hypnotherapists, and Certified Transpersonal Hypnotherapists through the International Association of Interpersonal Hypnotherapists by offering a high-quality education in the field of Hypnotherapy while creating professional, ethical, and exceptionally well-trained hypnotherapists.

Philosophy and Objective

The Institute of Interpersonal Hypnotherapy provides the highest quality education possible in the fields of hypnotherapy and its related modalities. The Institute of Interpersonal Hypnotherapy's educational aim is to train, guide, and help motivate students to effectively make their way into a professional hypnotherapy practice, and create for themselves a fulfilling career that aims to be of service to others. In addition to helping students acquire the necessary knowledge and skills, the Institute also places great emphasis on the student's personal development.

Values

Integrity: We act with honesty and integrity, while being trustworthy and credible.

Satisfaction: We strive for student and employee satisfaction and honor our commitments, in an environment of warmth, gratitude, and belonging.

Professionalism: We are committed to be an exemplary institution, with high ethical principles, while honoring diversity and industry best practices.

Ownership: We encourage autonomy and accountability as we work collaboratively as a team to encourage self-motivation, dedication, and dependability.

Open Communication: We learn and grow together by encouraging all team members to openly share their views and opinions, in a culture of mutual respect and sensitivity.

Diversity and Inclusion: We are dedicated to making our training accessible to anyone anywhere, without discrimination, in a caring and supportive environment.

Compassionate Service: We are devoted to social responsibility and environmental sustainability for all sentient beings, with ecologically sound business practices and philanthropic efforts that reinvest in our community.

History

The Institute of Interpersonal Hypnotherapy was originally founded in 2007 by Matthew J. Brownstein as the Florida Institute of Hypnotherapy in Gainesville, Florida. The school relocated to Tampa, Florida in 2011. Matthew began his hypnotherapy career in 1997 and after ten years of successful practice he opened the Institute with a first class of 25 students through the support of his mentor Mr. Gil Boyne. The corporate name changed from Anahat Meditation Center to Anahat Education Group in 2012 to better reflect the mission of the corporation itself. Around the same time, Anahat Education Group

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relocated to One Tampa City Center and operated on the 34th floor of a downtown Tampa skyscraper, yet for the ease of student accessibility, the school relocated to 2901 West Busch Blvd. #806 and then found its way to 2805 West Busch Blvd. #103, Tampa, Florida which proved to be an ideal space for the overall student experience. In 2020, the Institute gained Commission for Independent Education approval to offer all programs online as well as in the previous hybrid format. In 2025, due to an increased demand for our online training, the Institute closed its Tampa location and moved the primary license to our Maitland, Florida location. Trainings now occur online, and practicum hours can be done online or in Maitland.

Facilities and Equipment

The Institute of Interpersonal Hypnotherapy operates out of a 1,314 sq. ft. space, which is located at 540 East Horatio Avenue, Suite #200, Maitland, Florida, 32751. The Institute has one large classroom, three offices, a kitchenette, a waiting area, and a reference library. The classroom is well lit and contains teaching aids including audio/visual equipment. Note: The Institute's Maitland facility has certain physical accessibility limitations and may not be able to accommodate all mobility-related needs at the physical location. The Institute's programs are also available through online distance education, including supervised practicum training. Students who require an accommodation are encouraged to contact the Institute so that available options and reasonable accommodations can be discussed.

Clinical Externship Location

The Institute of Interpersonal Hypnotherapy is licensed by the Florida Department of Education's Commission for Independent Education to offer distance learning in Hypnotherapy through our Maitland, Florida location and online.

As part of the program, students are required to complete practicum hours. These take place either online, at our Maitland campus, or at approved Clinical Externship Locations—functioning hypnotherapy clinics where qualified directors, instructors, supervisors, and examiners oversee hands-on training.

Please note that students attending in-person may be required to travel up to 300 miles for practicum training, depending on the site selected or available. All travel costs and arrangements are the responsibility of the student.

Office Hours

Monday through Friday 9:00am – 5:00pm ET

(For class schedule, please refer to Class Schedule section of this catalog.)

Family Educational Rights and Policy

Pursuant to the Family Educational Rights and Privacy Act of 1974, as amended, a student or former student has the right to inspect their educational record maintained by the school. Students who wish to inspect their training records must schedule an appointment with the School Director. All record inspections will be done under the supervision of a member of the administrative staff. The Institute

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will not disclose personally identifiable information from education records without written consent except as permitted or required by FERPA and other applicable law.

Special Note

Information in this catalog is accurate as of the time of publication. The Institute reserves the right to change courses of study, course content, fees, program requirements, class schedules, and the academic calendar, or to make other changes deemed necessary or desirable, giving advance notice of the change whenever possible. Students currently enrolled will not be affected by tuition increases.

Non-Discrimination Policy

The Institute of Interpersonal Hypnotherapy admits qualified students without regard to their race, religion, color, age, sex, sexual orientation, national or ethnic origin, disability, or any other characteristic protected by applicable law to the rights and privileges, programs, and other activities generally accorded or made available to students at the school.

Financial Obligations

Tuition must be paid on time according to the terms on the Enrollment Agreement. These terms include the following:

- A clock hour is a 60-minute period containing a minimum of 50 minutes of instruction. Tuition is $19.50 per clock hour.
- Required Textbooks: Up to $234.65, plus applicable tax, for required textbooks. Textbook prices may vary slightly. Optional books are additional.

Optional expenses:

- Additional mentoring/tutoring at $75/hour.
- Graduation dinner no more than $50 per attendee.
- To reserve a seat in the class, students must submit a minimum $300 deposit, plus any additional tuition payment and applicable tax. Of the initial deposit, $100 is designated as the registration fee and becomes non-refundable after the three-business-day cancellation period described in the Refund Policy. The remainder of the deposit is applied toward tuition. Payment may be made by cash, check, cashier’s check, or major credit card.
- Private student financing is available to qualified students. Programs may be paid for individually or paid in full in advance.
- The initial fee for registration and certification through the International Association of Interpersonal Hypnotherapists is $75.00, paid annually, with printed certificates costing $10 each.
- **Printed Manuals and Practicum Guides**
  Being a predominantly online training, we do not provide printed training manuals or practicum guides as part of your tuition. However, some students may prefer to have physical copies for ease of study and note-taking. If you would like to print the materials yourself, the following are approximate costs based on standard black-and-white printing (double-sided, without professional binding, using a typical office supply store or online printer):

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Training Manuals (5 volumes, approx. 200 pages each): ~200 pages × 5 manuals = ~1,000 pages total. Printing costs generally range from **$0.05–$0.10 per page**, making the total cost about **$50–$100** for the full set.

Practicum Exercise Guides (5 volumes, approx. 60 pages each): ~60 pages × 5 guides = ~300 pages total. Estimated cost is **$15–$30** for the full set.

Total for All Manuals and Guides: Approximately **$65–$130**, depending on the printer you use, paper quality, and whether you choose simple stapling, three-hole punch, or other minimal binding options.

Graduation from the Institute and certification through the International Association of Interpersonal Hypnotherapists (IAIH) do not constitute a state health-care license and do not, by themselves, determine a graduate's lawful scope of practice. Laws governing hypnosis and hypnotherapy vary by jurisdiction and may regulate therapeutic or health-related uses, professional titles, registration, disclosures, advertising, referral or supervision relationships, and other aspects of practice. Students and graduates are responsible for determining and complying with the laws that apply where they practice and, for remote services, where the client is physically located. See Appendix II for a 50-state and District of Columbia educational summary.

In case of extenuating circumstances, the student should consult the Admissions Department.

Hypnosis Law by State

The legal status of hypnosis and hypnotherapy is not uniform throughout the United States. Some jurisdictions have hypnosis-specific registration, exemption, or referral provisions; others regulate hypnosis when it falls within medicine, psychology, counseling, psychotherapy, dentistry, or another licensed profession. The same technique may therefore be lawful for general self-improvement in one context but regulated when used to diagnose, treat, or claim to treat a medical or mental-health condition. Occupational titles may also be regulated separately from the underlying activity.

Appendix II provides an educational summary for all 50 states and the District of Columbia. It is a starting point for independent legal verification, not legal advice or a determination that any particular service or title is lawful. Laws, regulations, board interpretations, and enforcement positions can change. Students and graduates should review current primary governmental sources and consult the appropriate regulator or qualified legal counsel when a scope-of-practice question is unclear.

Reduction of Tuition or Fees

A reduction in tuition, fees, or other charges may be implemented when there are specific criteria for student eligibility and selection procedures precisely disclosed within a policy at the institution. All students within the enrollment period that the reduction is offered must be eligible to apply for this reduction under the same circumstance; however, there shall be no reduction based upon the timing or method of payment. The institution must maintain verifiable records including detailed and complete data when students are granted a bona fide reduction in tuition or fees. This must include copies of all application records, notes of selection committee meetings, and copies of notices to the student who received the reduction. This information is kept on file at the institution for onsite review by the CIE.

The Institute may offer scholarships or other bona fide reductions in tuition or fees when specific eligibility criteria and selection procedures have been established and disclosed in accordance with applicable requirements. Any such award would be based on documented eligibility and approval procedures and would not be based on the timing or method of payment. Currently, the Institute does not offer scholarships or reductions in tuition or fees.

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Scholarships

Currently, the Institute does not offer scholarships.

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Admissions

Admission Procedures

Persons interested in applying for admission to The Institute of Interpersonal Hypnotherapy should contact the Institution's Admissions Office and an Admissions Representative will guide you through the following admission procedures:

- Step One – Be interviewed by an Institute of Interpersonal Hypnotherapy Admissions Representative.
- Step Two – Provide the required deposit.
- Step Three – Complete the Institute of Interpersonal Hypnotherapy's Enrollment Agreement and Employment Attestation.
- Step Four – Complete payment arrangements in accordance with the Enrollment Agreement.

Students who require reasonable accommodations are encouraged to notify the Institute as early as possible so that their individual needs can be evaluated and available accommodations can be discussed. The Institute will consider requests for reasonable accommodations in accordance with applicable law and the requirements of the educational program. Certain physical accessibility limitations may exist at the Maitland facility; when appropriate, online instruction or online supervised practicum may provide an alternative means of participation.

Admission Requirements

All students must be 18 years of age or older, must be financially capable of paying for their own tuition and show a strong desire to become an ethical and certified hypnotherapist according to the standards of the International Association of Interpersonal Hypnotherapists. Credits from other institutions are not transferable towards an education at The Institute of Interpersonal Hypnotherapy.

Enrollment Agreement

Students are required to sign an Enrollment Agreement with the Institute as part of the enrollment process. The Enrollment Agreement identifies the program in which the student is enrolling and provides important information regarding tuition and fees, payment arrangements, the class schedule, admission requirements, cancellation and refund policies, graduation requirements, employment assistance, certification requirements, and other student and Institute responsibilities. Students are expected to review the agreement carefully before signing and should ask any questions they may have prior to completing enrollment.

The Enrollment Agreement becomes part of the student's official enrollment record and documents the terms and conditions agreed upon by both the student and the Institute.

The Enrollment Agreement includes:

1. Student contact information
2. Gender identity, ethnicity, date of birth
3. Last four digits of social security number
4. Annual income

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5. Present occupation
6. Prior education
7. Previous hypnotherapy training
8. Felony or moral charges
9. Disclaimer that all students must practice and experience hypnotherapy
10. Tuition breakdown per program
11. Class schedule
12. Admission policy
13. Non-discrimination policy
14. Cancellation and Refund policy
15. Student grievance policy
16. Dismissal policy
17. Student agreements
18. Employment assistance
19. Additional information
20. Graduation requirements
21. Accreditation status
22. IAIH standards for certification
23. Method of payment
24. Financing disclosure
25. Signature fields

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Academic Information

Credit for Prior Education

The Institute of Interpersonal Hypnotherapy does not accept transfer credits from other organizations towards a student's training at the Institute. If a student wishes to transfer credits achieved at The Institute of Interpersonal Hypnotherapy to another school, then it is at the sole discretion of that other school whether The Institute of Interpersonal Hypnotherapy credits will be accepted. The Institute of Interpersonal Hypnotherapy cannot guarantee transferability of credits between schools.

Class Schedule

Institute of Interpersonal Hypnotherapy training is offered through a continuous-enrollment model and consists of three major instructional components:

- Live online instructional hours with Certified Instructors.
- Interactive distance learning consisting of videos, training manuals, and student resources.
- Supervised practicum hours.

Live Online Class Schedule

Students attend recurring live online classes with a Certified Instructor for the section in which they are currently enrolled. Live classes are generally held from 7:00 p.m. to 9:00 p.m. Eastern Time. Fundamentals of Hypnotism and Hypnotherapist are scheduled on Tuesdays in separate online meeting rooms; Advanced Hypnotism is scheduled on Wednesdays; Clinical Hypnotherapist and Transpersonal Hypnotherapist are scheduled on Thursdays in separate online meeting rooms. Each 100-hour section includes ten (10) live instructional clock hours. Students may enter the recurring exercise rotation at any point and continue attending until all required live exercises and hours have been completed.

Interactive Distance Learning

Students engage in the Institute's interactive learning system where assigned videos are viewed in coordination with training manuals, assessments, assignments, and the school's online resource library of audio, video, PowerPoint, and print media. Each 100-hour section includes approximately sixty (60) clock hours of interactive distance learning. Students progress at an appropriate pace while meeting academic sequencing, attendance, satisfactory progress, and completion requirements.

Supervised Practicum Hours

Each 100-hour section includes thirty (30) clock hours of supervised practicum training. Online practicum is generally offered as three 10-hour weekends in a recurring monthly rotation, with five hours on Saturday and five hours on Sunday, generally from 1:00 p.m. to 6:00 p.m. Eastern Time. Students register in advance for the practicum corresponding to their current program section and must complete all required practicum exercises and hours. Practicum may also be offered at the Maitland location or another approved in-person location when separately scheduled by the Institute. See the 2027 Continuous Enrollment Schedule for dates and holiday adjustments.

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All students are enrolled through the Maitland school location. Approximately 70% of the program consists of interactive distance instruction, and approximately 30% consists of supervised practicum training. Practicum training may be completed online or at an approved in-person location.

Student Support – Instructor Interactivity

In addition to live interaction during online pre-practicum seminars and supervised practicum training, students have ongoing access to support from Institute of Interpersonal Hypnotherapy and International Association of Interpersonal Hypnotherapists Certified Instructors through the following methods:

- Online website help link
- Emails to: support@anahateducation.com
- Phone calls to 813-538-7000
- Additional mentoring hours with an IAIH Certified Mentor (fees may apply)

Peer Mentoring and Community Support

The Institute may pair students with graduate peer mentors to provide encouragement, accountability, orientation to the student experience, and community connection. Peer mentors do not replace instructors, Student Services, or practicum supervisors and do not award academic or practicum credit.

Students may also participate in the Institute's Hypno-Buddy program for additional peer practice. Hypno-Buddy practice supplements but does not replace required supervised practicum hours.

The Institute provides recurring community support opportunities and online community communication channels, including student support groups and an Institute WhatsApp community. These resources are intended to strengthen connection and belonging in the continuous-enrollment environment. Official academic requirements, records, and notices remain in the Institute's designated academic and administrative systems.

Class Size

For all Institute programs, the maximum number of students per class is as follows:

- Maitland – 12
- Online – 30

The Institute works to keep a one-to-five instructor/supervisor-to-student ratio, where each group of five students has one qualified instructor or supervisor for all practicum seminar hours.

Attendance

Students can achieve the best results only by regularly attending class. The attendance record is part of each student's permanent record, in addition to grades. It is used to determine eligibility for having sufficient classroom hours to take the International Association of Interpersonal Hypnotherapists qualifying examinations for certification. If a student is ill or an emergency arises, the Institute must be notified in advance, if possible, for the student's absence to be excused. Unsatisfactory attendance is grounds for dismissal. Unsatisfactory attendance is defined as: 1. Less than 70% attendance in any given program without prior notification to the teacher, and 2. Being tardy more than four times.

Students must arrange for make-up hours with the Student Services Department for class hours that were missed. Make-up hours must be completed by the end of the current term in which the time and

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class work was missed. The deadline for make-up hours may be extended by the School Director. If requesting a Leave of Absence, the student must sign and date the leave of absence request and specify a reason for the leave and meet all requirements as specified in the Leave of Absence section. The reason must be identified for the Institution to have a reasonable expectation of the student's return within the time frame of the leave of absence as requested.

Regular and substantive active participation online, as well as during the practicum hours, is required to achieve the minimum 70% attendance standard for graduation. A student attends online courses by participating actively in classes or otherwise engaging in academically related activities. Examples of such activities that demonstrate "regular and substantive interaction" include but are not limited to: contributing to IIH-sponsored online discussions or text chat sessions; submitting assignments or working drafts; working through exercises; taking assessments; student participation in interactive tutorials or computer-assisted instructions, participation in an online study group, initiating contact with a faculty member for academic support, tutoring, or other course-related activities. Students should be sure to meet online deadlines for submitting their work as late work will not receive full credit. Note: Logging into class without active participation as defined above does not constitute participation, and therefore there is no attendance credit.

Tardiness

Punctuality is an important factor in business and education. If a student is more than 15 minutes late for a practicum, it constitutes being tardy.

Leave of Absence

A leave of absence is a temporary break in a student's attendance during which they are considered to be continuously enrolled. The Institute policy is as follows:

1. A leave of absence may be granted for emergency situations such as a serious illness, debilitating injury, death in the immediate family, or other good cause.
2. A student must submit a written request for a leave of absence in advance of the beginning date of the leave of absence unless unforeseen circumstances prevent the student from doing so. If a student does not request a leave of absence within a timeframe consistent with the Institution's consecutive absence policy, they will be withdrawn. Please contact the Student Services office to process an LoA request and to discuss your rationale for the request.
3. The student must sign and date the leave of absence request and specify a reason for the leave. The reason must be identified in order for the institution to have a reasonable expectation of the student's return within the timeframe of the leave of absence as requested.
4. The student must attest to understanding the procedures and implications for returning or failing to return to their course of study.
5. The Institute documents its approval decision relative to the leave of absence request in accordance with its published policy.
6. The institution does not assess the student any additional charges as a result of the leave of absence.

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7. The length and frequency of leaves of absence must not impede student progress and must be reasonable within the context of the institution's curriculum.
8. A leave of absence must be limited to a maximum of 180 calendar days in any 12-month period or one-half the published program length, whichever is shorter. Multiple leaves of absence may be permitted provided the total of the leaves does not exceed this limit. An approved leave of absence may be extended for an additional period of time provided that the extension request meets all of the above requirements.
9. If a student requests an LoA for training a physical location, they may be required to do all future practicum hours online.
10. When a student goes into LoA status, their seat in practicums is released and the student must reschedule into the next available applicable practicum rotation.

Class Schedule / Program Progression Change

A student must obtain permission from the Student Services Director to make a material change to their class schedule, interrupt the normal progression of their program, or change an approved completion plan. Students in continuous enrollment progress through recurring live-class and practicum rotations rather than transferring between fixed cohorts. A schedule change may fall within the Leave of Absence policy when the reason meets the approved criteria and all Leave of Absence requirements are satisfied. A student who leaves and later re-enters may be subject to the tuition schedule and academic requirements in effect at the time of re-entry, as permitted by Institute policy.

Graduation Requirements

1. The satisfactory completion of all prescribed courses of instruction with a cumulative G.P.A. of 2.0 (C average) or better.
2. Satisfactory completion of IAIH exams for hypnotherapist certification.
3. Satisfaction of all financial obligations to the Institute.
4. Attendance of 70% or greater.

Transcripts

A complete transcript of each student's grades is kept in the student's permanent file. Students must request transcripts in writing. One copy is provided free at graduation (additional copies are available for a cost of $2.00 each). Transcripts will not be issued unless the student's financial obligations to the Institute are current at the time of the request.

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Satisfactory Academic Progress Policy

Grading Systems

A	90 – 100%	Excellent	4.0 points
B	80 – 89%	Good	3.0 points
C	70 – 79%	Average	2.0 points
D	60 – 69%	Failed	1.0 points
F	0 – 59%	Failed	No points
I	Incomplete		
W	Withdraw		
X	Transfer		
S	Satisfactory		
U	Unsatisfactory		
R	Repeat		

Qualitative Measure

Students must achieve a minimum 1.0 Grade Point Average (hereafter referred to as G.P.A.) at the end of the first 25% of each registered program, 1.5 G.P.A. by 50% of the program, and a 2.0 G.P.A. required in each program for graduation. A student who does not achieve the required G.P.A. will be placed on probation for the next course and is in “Satisfactory Progress”. If at the end of the probation period they have not achieved the required G.P.A., their training will be terminated.

With the completion of 300 hours of total training, a student is required to take the International Association of Interpersonal Hypnotherapists (IAIH) qualifying exam for certification. Satisfactory passing of this exam is required for IAIH certification as a Hypnotherapist and is a requirement for graduation from The Institute of Interpersonal Hypnotherapy. If a student does not pass this exam on the first attempt, then that student is allowed one more chance to pass the exam within three months, which begins on the date that the first attempt occurred. Failure to achieve satisfactory marks within this time shall make the student ineligible to take this exam through Institute of Interpersonal Hypnotherapy.

Quantitative Measure

Students are expected to complete their program within the published program length. However, the Institute recognizes that circumstances may require additional time to complete program requirements. A student who has not completed all coursework, practicum hours, examinations, attendance requirements, or other graduation requirements by the anticipated program end date may, with approval from Student Services or the School Director, continue their training through subsequent instructional rotations or receive an extended period of enrollment.

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Students will not be automatically withdrawn solely because the original anticipated program end date has passed. More than one schedule adjustment or extension may be permitted when appropriate. Continued enrollment is contingent upon the student maintaining satisfactory academic progress, meeting applicable financial obligations, maintaining reasonable academic participation, and following any completion plan established by the Institute.

The Institute may periodically review a student's progress and establish a revised anticipated completion date. Students who cease participating without an approved extension, fail to maintain satisfactory academic progress, or fail to comply with an approved completion plan may be withdrawn in accordance with Institute policy. An extension of time does not reduce or modify the clock hours, coursework, practicum hours, examinations, or other requirements necessary for graduation.

Increments for Evaluation

To ensure that students are making satisfactory quantitative progress throughout their program of study, the Institute of Interpersonal Hypnotherapy will periodically evaluate each student’s completion of required clock hours, coursework, practicum hours, examinations, and other program requirements.

Students are expected to progress according to the published program schedule. If a student is unable to complete the program by the anticipated ending date, the student may request additional time or continue through subsequent instructional rotations in accordance with the Institute’s Extended Program Completion policy. Approval of additional time does not waive or reduce any academic, attendance, practicum, examination, financial, or graduation requirements.

Incomplete Grades

A grade of “I” must be completed by the second week after the exam date, or the grade will be changed to an “F” (G.P.A. will be recalculated accordingly). If not completed, the course must be taken later, which will delay the student’s graduation date. The student will be charged for the repeated course(s) at the prevailing tuition rate.

Failure to take appropriate action to complete a course and eliminate a grade of “I” may affect a student’s satisfactory progress when the grade is converted to an “F”.

If a student demonstrates mitigating circumstances (such as illness, death in the family, etc.), an exception may be made upon appeal to and with the approval of the Institute’s Director.

Program Withdrawals

A grade of “W” will not be considered as clock hours successfully completed but will be counted as clock hours attempted. “W” grades are not calculated into the G.P.A.

Program Repetitions

Students may repeat programs in which they earn a grade of “D” or below. Both the original and repeated programs are counted as clock hours attempted. In computing the G.P.A., the clock hours for the program with the higher grade will be counted. The student will be charged the repeated program(s) at the prevailing tuition rate. Students may repeat a program as many times as needed to satisfactorily pass the course if these course repetitions do not affect the student in regard to the Satisfactory Academic Progress Policy.

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Non-Credit Remedial Work

The Institute of Interpersonal Hypnotherapy does not offer any non-credit remedial courses.

Probation

Students not meeting satisfactory academic progress standards at the first checkpoint are automatically placed on a 30-day probation period. During probation, the student is considered to be making satisfactory progress. The student will be notified of the probation and must meet the terms of their probation as outlined in the notification or be terminated.

Progress Reports

Students will be given a copy of their progress report at the end of each program completed. Progress reports are available in the Learning Management System.

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Failure to Meet Satisfactory Academic Policy, Appeals, Reinstatement

Failure to Meet Satisfactory Academic Policy

A student failing to meet the Satisfactory Academic Policy standards will be terminated from the Institute and will be notified by certified mail of their failure to meet the standards.

Appeals

Students not meeting the satisfactory academic progress standards are notified by means of a letter from the Student Services Office. Students wishing to appeal the unsatisfactory academic progress determination must do so in writing, within 15 calendar days of the mailing date of the letter sent by the Institute to the Institute of Interpersonal Hypnotherapy at 540 East Horatio Avenue, Suite #200, Maitland, Florida, 32751.

Appeals should be directed to the Academic Progress Committee, which is composed of the School Director, the Student Services Director, and an instructor as chosen by the School's Director. If the student is appealing the unsatisfactory progress determination based on mitigating circumstances, appropriate documentation might include a physician's statement, accident report, or other statements. The Academic Progress Committee will notify the student of their decision within ten days of receiving the student's appeal. The Academic Progress Committee's decision is final.

Reinstatement

Students who have been dismissed for lack of satisfactory progress may apply to be readmitted to the Institution after waiting a period of four weeks. Such students will be enrolled for a probationary period upon re-entry. Students who have not maintained satisfactory progress can reestablish eligibility by successfully completing sufficient clock hours and/or attaining the overall G.P.A. required by the end of the next incremental review period.

Other Policy Considerations

The Satisfactory Academic Progress Policy will include all periods of attendance and will be counted toward the maximum time frame and the qualitative component.

The Satisfactory Academic Progress Policy is applied consistently to all students.

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Student Services

Placement Assistance

The Institute of Interpersonal Hypnotherapy makes every effort to assist students/graduates in finding full- or part-time employment, or in establishing their own private practice. From the day a student enters the school, the student is responsible for the recommendation that the school will submit to a potential employer. A student's academic record, attendance, personal characteristics, attitude, and personal demeanor will all contribute to the Institute's overall evaluation.

How a student thinks and feels, and the quality of work the student produces in school, may to a great degree reflect how the student will perform in their own career.

While the Institute of Interpersonal Hypnotherapy gladly assists students in obtaining suitable employment at no additional charge, it is understood that The Institute of Interpersonal Hypnotherapy **does NOT promise or guarantee placement for its students/graduates.** As most Institute of Interpersonal Hypnotherapy graduates will be self-employed, it is the sole responsibility of the student to build and maintain their own private hypnotherapy practice.

Private Tuition Financing

Private student financing is available to qualified students for programs offered by the Institute of Interpersonal Hypnotherapy. Students interested in financing options may contact the Admissions Office at (813) 463-0264.

Students who do not use private student financing may pay tuition in advance or on a per-section or per-program basis. See the **Private Student Financing/Student Loans** section of this catalog for additional information.

Student Advisement

Advisement and guidance begin with the admissions interview and continue throughout the student's course of study. Faculty consultation is possible for academic issues. An appointment may be required with the Student Services Director.

Housing

The Institute does not provide housing for its students.

Lost and Found

Students may check the administrative office for any lost and found items. Any items found on school premises should be turned into the administrative office. These items are kept for 30 days and then disposed of properly.

Personal Property

The Institute cannot be responsible for the student's books, materials, or any other personal belongings. Students are thus responsible for their belongings while in school.

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Campus Security

Crimes may be reported to the School Director in person or by calling (813) 463-0264.

Library

The library is accessible to all students. It is open during normal school hours and whenever the doors to the Institute are unlocked. The library resources include books, CDs, videos/DVDs, audio tapes, magazines, and other periodicals. All materials must remain on campus, as lending is currently not available. All food and liquids are prohibited near library materials. Online audio and video resources are also available for students in good standing.

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Institute Rules and Regulations

Drugs, Alcohol, Weapons, and Inappropriate Behavior/Conduct – Dismissal Policy

At the discretion of the School Director, a student may be dismissed from school for being intoxicated or appearing to be under the influence of drugs or other intoxicating substances; possession of illegal substances, alcohol, or weapons on school premises; behavior creating a safety hazard to other persons at school; or disrespectful behavior to those at school, as determined by the School Director; or any other reason stated or determined inappropriate action or behavior by a student of The Institute of Interpersonal Hypnotherapy, by the School Director.

Grievance Policy

The school is committed to providing a sound and positive educational environment. Understanding that there may be times when students want to express concerns or feel the need to file an official grievance, the school has adopted the following procedure:

1. File the grievance in writing by email where receipt must be acknowledged by the School Director outlining the allegation or nature of the grievance to support@anahateducation.com.
2. Within 10 days of receipt of grievance, a school representative will meet with the student.
3. If the problem is not resolved through discussion, the student will be referred to the school's grievance committee.
4. The school's grievance committee will meet within 21 calendar days of receipt of the grievance and review allegations. The student must bring a copy of the written record of the prior meeting with the school representative.
5. If more information is needed, a letter will be written outlining the additional information requested.
6. If no other information is needed, the grievance committee will act on the allegations and a letter will be sent to the student within 15 calendar days stating the steps taken to resolve the concern or information showing that the allegations were not warranted or based on fact.

Students who feel their grievance is unresolved may refer their grievance to the following address: Commission for Independent Education, Florida Department of Education, 325 W. Gaines Street, Suite 1414, Tallahassee, Florida 32399-0400, (850) 245-3200, or toll free (888) 224-6684.

Probation

A student may be placed on probation for any of the following reasons:

1. Not maintaining satisfactory progress
2. Excessive absenteeism
3. Inappropriate behavior

Voluntary Withdrawal/Re-Entry

A student may withdraw from their program of study in person, by telephone, or in writing (including by email). All refunds, if applicable, will be made within 30 days of the Institute's receipt of the

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student's notice to withdraw. It is understood that a student may request re-entry at a later date, as per the section Class/Enrollment Term Change.

Health and Safety

The Institute of Interpersonal Hypnotherapy complies with requirements and regulations of state and local building codes, the Board of Health, and the fire department.

Adverse Weather and Emergency Closing

At times, emergencies such as severe weather, fire, power failures, or hurricanes can disrupt school operations. In extreme cases, these circumstances may require the closing of the school.

When the decision to close the Institute is made after the workday has begun, employees will receive official notification from the School Director and students will be informed appropriately.

Emergency Evacuation Plan

In case of fire or any other disaster, please listen to the School Director or the school officials in charge for instructions. All instructors are in charge of their class. Follow the evacuation plan to evacuate the building immediately in an organized and orderly manner. Do not take time to gather books or other belongings. The instructor of each class is the evacuation coordinator and shall maintain their class calm. The evacuation coordinator for the main office is the school official in charge.

In the event of fire, do not try to extinguish the fire. The evacuation coordinator or other school official will handle contacting the appropriate fire and rescue departments.

In case of a security problem, listen to the School Director or other school officials for security directions. In all instances, you must remain calm.

The security person will coordinate with the Police Department the proper actions necessary to assure student and school personnel safety.

Evacuation Plan

There are exits at the front of The Institute of Interpersonal Hypnotherapy. In the event of an emergency, calmly head to the nearest exit.

Incidents/Accidents

In case of an incident or accident, please inform the School Director or the Instructor of your program so the appropriate forms and measures can be taken. In case of an emergency during school hours, the school will take appropriate action to obtain medical assistance.

Dress Code

The Institute expects students to come to school dressed in a manner that is appropriate for the profession in which they are training. Casual dress is acceptable yet should not be a distraction to one's fellow students.

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Safety in Private Spaces

The Institute of Interpersonal Hypnotherapy respects the dignity and identity of all individuals. We recognize that not everyone identifies exclusively as male or female and affirm the rights of individuals to express their gender identity in a manner that is authentic to them, including those who identify as nonbinary or transgender. However, as per Florida Law, we are obligated to provide a policy on "Safe Spaces" and do so here, with tremendous respect to every person's right to be themselves and to feel safe within their own skin. We are an inclusive organization that honors who you are and one that also honors the respective laws of the State in which we conduct business.

As per The Safety in Private Spaces Act (FL SB1674, 553.865 - Private spaces.), females and males are provided restrooms for their exclusive use, respective to their sex, in order to maintain public safety, decency, decorum, and privacy. Students, faculty, and administrative personnel are required to use the restroom that corresponds to their biological sex at birth.

As per subsection (6) of 553.865, a person may only enter a restroom designated for the opposite sex under the following circumstances:

(a) To accompany a person of the opposite sex for the purpose of assisting or chaperoning a child under the age of 12, an elderly person as defined in s. 825.101, or a person with a disability as defined in s. 760.22 or a developmental disability as defined in s. 393.063;

(b) For law enforcement or governmental regulatory purposes;

(c) For the purpose of rendering emergency medical assistance or to intervene in any other emergency situation where the health or safety of another person is at risk;

(d) For custodial, maintenance, or inspection purposes, provided that the restroom or changing facility is not in use; or

(e) If the appropriate designated restroom or changing facility is out of order or under repair and the restroom or changing facility designated for the opposite sex contains no person of the opposite sex.

Any student who wilfully enters, for a purpose other than those listed in subsection (6), a restroom designated for the opposite sex on the premises of the educational institution and refuses to depart when asked to do so by any administrative personnel, faculty member, security personnel, or law enforcement personnel will be considered to be demonstrating "inappropriate behavior" and placed on probation as per the Probation policy in this catalog. A second offense may result in dismissal at the discretion of the School Director.

Any faculty or administrative personnel who wilfully enters, for a purpose other than those listed in subsection (6), a restroom designated for the opposite sex on the premises of the educational institution and refuses to depart when asked to do so by any administrative personnel, faculty member, security personnel, or law enforcement personnel will be subject to the disciplinary procedures listed in the Employee Handbook.

Smoking and Beverages

Smoking is prohibited everywhere within the building and within 50 feet of building entrances. Food and beverages are not permitted in the classroom or offices. Only sealable bottles of water are allowed in the classroom.

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Student Rights

The following information is made available to all current students and to any prospective student upon request.

1. The cost of attending the Institute, including: (I) tuition and fees, (II) books and supplies, (III) any additional cost of the program in which the student is enrolled or expresses a specific interest.
2. A copy of the refund policy.
3. The academic program of the Institution including: (I) educational and training programs, (II) the instructional laboratory and other facilities which relate to the academic program, and (III) faculty and other instructional personnel.
4. The methods by which, and locations in which students and prospective students may obtain the information concerning their rights.
5. The name of the associations, agencies, and/or governmental bodies which license the Institute and its programs, and the procedures under which any current or prospective student may obtain or review upon request a copy of the documents describing the Institute's licensing.

Student Responsibilities

6. Promptly providing any information requested by the Institute.
7. Keeping the Institute informed of any change in name, address, marital status, financial situation, or change in their student status.
8. Notifying the Institute if they need to withdraw from the school or wish to request a leave of absence.

Cancellation and Refund Policy

Should a student's enrollment be terminated or cancelled for any reason, all refunds will be made according to the following refund schedule:

1. Cancellation can be made in person, by electronic mail, by Certified Mail, or by termination.

2. All monies will be refunded if the school does not accept the applicant or if the student cancels within three (3) business days after signing the enrollment agreement and making initial payment.

3. Cancellation after the third (3rd) business day, but before the first class, results in a refund of all monies paid, with the exception of the registration fee (not to exceed $150.00).

4. Cancellation after attendance has begun, through 40% completion of the program, will result in a Pro Rata refund computed on the number of hours completed to the total program hours.

5. Cancellation after completing 40% of the program will result in no refund.

6. Termination Date: In calculating the refund due to a student, the last date of actual attendance, which is determined through the last time the student accessed the school's online distance learning system, is used in the calculation unless earlier written notice is received.

7. Refunds will be made within 30 days of termination of students' enrollment or receipt of Cancellation Notice from student.

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Withdraw Policy

The Institute recognizes conditions may arise which can cause changes in plans of students; and that under such circumstances, provisions for cancellation should be made. **If cancellation is effected (under this clause), the student reserves the right to apply for reinstatement within one year of the date of enrollment.** Refunds shall be made within thirty days from the date of withdrawal.

Students leaving the Institute and having an outstanding balance will be required to pay the amount in full within thirty days. Delinquent accounts can and will be turned over to collections. Any costs related to the collection of the amount owed will be charged to the student's account.

Method for Collecting Delinquent Tuition and/or Other Monies Owed

1. Notification in writing stating outstanding balance
2. Follow-up phone call one week after written notification
3. Second written notification 30 days after first written notification
4. Follow-up phone call one week after second written notification
5. Third written notification 30 days after second written notification
6. Follow-up phone call one week after third written notification
7. Fourth written notification 30 days after third written notification
8. Final courtesy follow-up call
9. If satisfactory payment arrangements are not made, the student's balance will be reported to the credit bureaus.

TFC Tuition Financing Student Collections

The following methods for collecting delinquent tuition for TFC Tuition Financing students is as follows:

Officially Past Due Days Late	Action Taken
11	"Reminder" Letter sent
15	Text & Email sent, Phone Call to Student
Note: The outcome of each phone call will determine the timing of the following phone call automatically scheduled into our queue.	
21	"Past Due" Letter sent
22	Phone Call to Student & Cobuyer
25	Text & Email reminder sent
27	Phone Call to Student & Cobuyer
34	"Delinquent Status" Letter sent
35	Text & Email reminder sent
41	Phone Call to Student & Cobuyer

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Officially Past Due Days Late	Action Taken
All past due students are given a toll-free number and advised to immediately contact us from anywhere in the United States or Canada.	
55	Phone Call to Student & Cobuyer
56	Text & Email reminder sent
58	“Unsatisfactory Account” Letter sent
62	“Affect Credit Rating” Letter sent
66	Text & Email reminder sent
69	Phone Call to Student & Cobuyer
76	Phone Call to Student & Cobuyer
83	“Final Demand” Letter sent
86	Text & Email reminder sent
90	Phone Call to Student & Cobuyer
Between 90-120 days past due, TFC begins manual review	
After 30 days of delinquency on a TFC financing account, the late payment may be reported to the credit bureaus and may adversely affect the student’s credit. After 120 days of delinquency, the account may be referred to collections and reported as being in default. Students experiencing financial difficulty are encouraged to contact the school as soon as possible to discuss available options before delinquency results in negative credit reporting.	

Financial Probation

Students who fall behind more than 30 days on payments will receive notice as outlined in the school's catalog. In the event that a student is delinquent with tuition for more than 60 days, then the Institute reserves the right to suspend access to all online training and to all in-house practicum hours until the balance of tuition monies owed from the time of enrollment until the time the student requests full access again is paid in full. The Institute reserves the right to make exceptions on a case-by-case basis.

Students who are on financial probation may need to pay for additional mentoring hours to catch up with their class or they may need to take a leave of absence and move to the next class.

TFC Student Financing

The Institute takes late or delinquent tuition payments seriously. Students whose accounts are past due may have access to tests, quizzes, and practicum seminars suspended until the account is brought current.

Diplomas may be awarded only when a student is in good standing with the Institute with respect to tuition, attendance, and academic requirements, and has established and maintained a good-faith

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payment history for at least six consecutive months. Any late payment may interrupt that payment history and require the six-month period to begin again.

Accounts that remain in default may be referred to collections and may be reported to credit bureaus, which could adversely affect the student's credit. The Institute also reserves the right to pursue any remedies available under applicable law.

Policy for Course or Program Cancellation

The Institute of Interpersonal Hypnotherapy reserves the right to cancel a course or program if the minimum enrollment of ten students is not met. Students enrolled in a cancelled course or program will be notified promptly and may choose to transfer their enrollment to the next available instructional opportunity or receive a refund in accordance with the Institute's Refund Policy.

In the event of an unforeseen cancellation or closure that prevents the Institute from providing the contracted training, applicable tuition refunds will be issued within 30 days in accordance with the Institute's Refund Policy and applicable law.

If a particular in-person Practicum Seminar location does not meet the minimum enrollment requirement, students will be offered the opportunity to attend the Practicum Seminar at another approved location or online. Cancellation of an individual Practicum Seminar location does not constitute cancellation of the student's course or program when another approved practicum option is available.

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Programs and Courses

Course Numbering System

The following is an explanation of the course numbering system for programs offered at The Institute of Interpersonal Hypnotherapy. The course numbers are made up of numbers and letters that symbolize the name of the program and the sequence of the courses.

Successful completion of the Hypnotherapist program is a prerequisite for enrollment in the Clinical Hypnotherapist and Transpersonal Hypnotherapist programs. Students who have completed the Hypnotherapist program may choose to continue into the Clinical Hypnotherapist program, the Transpersonal Hypnotherapist program, or both.

Program – Hypnotherapist – 300 Hours Total

HT – Hypnotherapist – 300 Hours

Program – Clinical Hypnotherapist – 400 Hours Total (Including program Hypnotherapist)

CH – Clinical Hypnotherapist – 100 Hours

Program – Transpersonal Hypnotherapist – 500 Hours Total (Including programs Hypnotherapist and Clinical Hypnotherapist)

TP – Transpersonal Hypnotherapist – 100 Hours

IAIH Standards for Certification

IAIH Certified Hypnotherapist

Has completed at least three hundred (300) hours of instruction from an IAIH approved hypnotherapy school that is licensed by their state's Department of Education. The Hypnotherapist must also pass the IAIH written and practical skills exam and all online exams and attendance. Exceptions are considered on a non-discriminatory basis and may be granted by the Qualifying Board. (The Institute of Interpersonal Hypnotherapy program Hypnotherapist - HT).

IAIH Certified Clinical Hypnotherapist

Has completed at least four hundred (400) hours of instruction from an IAIH approved hypnotherapy school that is licensed by their state's Department of Education. The Hypnotherapist must also pass

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the IAIH written and practical skills exam and all online exams and attendance. Exceptions are considered on a non-discriminatory basis and may be granted by the Qualifying Board (The Institute of Interpersonal Hypnotherapy programs Clinical Hypnotherapist including HT and CH).

IAIH Certified Transpersonal Hypnotherapist

Has completed at least five hundred (500) hours of instruction from an IAIH approved hypnotherapy school that is licensed by their state's Department of Education. The Hypnotherapist must also pass the IAIH written and practical skills exam and all online exams and attendance. Exceptions are considered on a non-discriminatory basis and may be granted by the Qualifying Board. (The Institute of Interpersonal Hypnotherapy programs Clinical Hypnotherapist and Transpersonal Hypnotherapist including HT, CH, and TP).

Preparation for Certification

The Institute prepares students for IAIH certification by providing the necessary coursework to meet IAIH standards, while preparing students thoroughly to take the IAIH qualifying exam. We do this through our interactive distance learning training videos, training manuals, exam study guides, practicum seminar study guides, online live classes, and practicum seminar hours. Personal mentoring is also available for students requiring extra assistance. Test vouchers for authorized testing centers are not required as all exams are done online or in our Maitland location. There is no additional fee for taking exams through the Institute.

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Program of Study - Hypnotherapist

Program Objective

To study and learn the concepts that relate to the field of Hypnotism. To achieve fundamental skills in the use of hypnotic induction and the effective delivery of suggestions. To educate students about the safe and effective use of hypnosis and its legal and ethical practice. To study and learn the concepts that relate to more advanced hypnotism practices which utilize the hypnotic state to promote positive change, while preparing the student to enter into a professional hypnotherapy practice with the required tools for successful business operations. To study and learn the concepts that relate to the field of regressive hypnotherapy, including the use of the Institute's 16-step Regression Therapy Protocol, Basic Transactional Analysis, Modified Gestalt Dialogues, and Forgiveness and Compassion Formulas. To prepare the student to successfully complete a 16-step Regression Therapy Protocol.

Program Description

A comprehensive 300 clock hour series of courses to teach the theory and practice of the fundamentals of hypnotism, advanced hypnotism, and regression hypnotherapy training.

Length of Time: Approximately 21 instructional weeks; calendar duration may be longer due to scheduled holidays and breaks

Graduation Requirements: Must have a minimum of 2.0 G.P.A. and must complete the program within the acceptable time frame.

This program consists of three sequential 100-hour sections: Fundamentals of Hypnotism, Advanced Hypnotism, and Hypnotherapist. Each section is designed for approximately seven instructional weeks and includes approximately sixty (60) clock hours of interactive distance learning, ten (10) clock hours of live online instruction, and thirty (30) clock hours of supervised practicum training. Calendar duration may vary according to the student's individual start date, pace, practicum registration, holidays, approved leaves, and other scheduling considerations. No entrance exam is required.

In order to complete this program, the student is required to take and pass the IAIH's clinical qualifying examination for certification as a hypnotherapist and is therefore prepared accordingly.

Upon completion of this program, the Institute will award a diploma entitled: Hypnotherapist.

Section 1 – Fundamentals of Hypnotism - Course Descriptions

Class Code	Description	Clock Hours
HT101	Introduction	15
HT102	Building Rapport	6
HT103	Depth of Hypnotic State	3
HT104	Understanding the Subconscious Mind	4
HT105	The Structure of a Hypnotic Session	3
HT106	Styles of Trance Induction	10

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Class Code	Description	Clock Hours
HT107	Deepening Techniques	6
HT108	Effective Suggestion Delivery	8
HT109	Self-Hypnosis	1
HT110	Basic Neuro-Linguistic Programming	2
HT111	Smoking Cessation Protocol	4
HT112	Weight Loss Protocol	6
HT113	Stress Reduction Protocol	2
HT114	Fundamentals Practicum Seminar	30

HT101 15 CLOCK HOURS	**Introduction** Introduces students to the nature of hypnosis, theories of hypnosis, the legal practice of hypnosis and the history of hypnosis. Myths and misconceptions concerning the hypnotic state are dispelled and a solid foundation for the study of hypnotism is established.
HT102 6 CLOCK HOURS	**Building Rapport** Students are introduced to the importance of rapport between the hypnotist and the client, and various skills are learned and practiced ensuring this is well understood.
HT103 3 CLOCK HOURS	**Depth of Hypnotic State** Prepares students for understanding the various levels of hypnosis and their relationship to suggestibility. Various scales are discussed, and a thorough understanding of the full range of hypnotic phenomena is explained.
HT104 4 CLOCK HOURS	**Understanding the Subconscious Mind** Theories concerning the nature of the mind are discussed where students come to understand the relationship of the conscious mind to the subconscious mind. This course includes the functions of the subconscious mind, ways to access it, and understanding how to utilize its power to create positive change.
HT105 3 CLOCK HOURS	**The Structure of a Hypnotic Session** Prepares students to successfully complete an entire hypnotic programming session based upon a format of rapport building, education, and pre-talk, followed by trance induction, testing and the effective delivery of suggestions, and trance termination.

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HT106 10 CLOCK HOURS	**Styles of Trance Induction** Prepares students to develop the necessary skills to induce hypnotic trance with multiple styles including paternal, maternal, confusion, and mechanical styles of hypnosis. Induction methods are also covered from each of these styles.
HT107 6 CLOCK HOURS	**Deepening Techniques** Prepares students to deepen the hypnotic state after hypnotic inductions have been utilized. Instructs students in multiple styles of deepening and associated various tests to ensure depth of trance based upon suggestibility.
HT108 8 CLOCK HOURS	**Effective Suggestion Delivery** Prepares students to deliver suggestions and affirmations to a hypnotized subject. The structure of proper suggestion is taught as well as multiple hypnotic adjuncts to assist in accessing the subconscious mind.
HT109 1 CLOCK HOUR	**Self-Hypnosis** Prepares the student to enter the hypnotic state themselves, as well as to teach hypnosis to others. This course encourages self-entrancement and teaches that all hypnosis is ultimately self-hypnosis, while encouraging the hypnotist to empower clients to enter the trance state on their own.
HT110 2 CLOCK HOURS	**Basic Neuro-Linguistic Programming** Prepares the student in the basic practice of Neuro-Linguistic Programming (NLP) in establishing and working with anchors, hypnotic language patterns, and other NLP techniques related to the practice of hypnotism. Also introduces the student to the basic presuppositions of NLP, its origins, and its practice within and outside of the fields of hypnosis.
HT111 4 CLOCK HOURS	**Smoking Cessation Protocol** Prepares the student for an entire hypnosis protocol in working with a client to stop smoking using hypnosis and NLP. Students learn a powerful three session protocol to assist clients to not only stop smoking, but also to eliminate the subconscious motivation towards the behavior.
HT112 6 CLOCK HOURS	**Weight Loss Protocol** Prepares students to use hypnosis and NLP to support clients with weight-management goals and the development of healthier lifestyle habits. Students learn a structured three-session protocol designed to help clients strengthen motivation, address subconscious barriers, and support lasting behavioral change.

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HT113 2 CLOCK HOURS	**Stress Reduction Protocol** Prepares the student to utilize various relaxation methods to bring more peace and calm into their client's lives. Techniques include the use of hypnosis, NLP, relaxation, and meditation techniques.
HT114 30 CLOCK HOURS	**Fundamentals Practicum Seminar** Practical (hands-on or online) hours are interspersed throughout this program to encourage students to practice each technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

Section 2 – Advanced Hypnotism - Course Descriptions

Class Code	Description	Clock Hours
HT201	Practice Management	10
HT202	Advertising and Marketing Strategies	10
HT203	Transforming Subconscious Beliefs	7
HT204	Focusing and Core Transformation	7
HT205	Advanced Neuro-Linguistic Programming	9
HT206	Parts Therapy	12
HT207	Life Mastery Course	7
HT208	Manifesting Prosperity	4
HT209	Ericksonian Hypnotherapy	4
HT210	Advanced Practicum Seminar	30

HT201 10 CLOCK HOURS	**Practice Management** To prepare the student upon successful graduation to enter the field of professional hypnotherapy with the skills to operate a successful business. This includes note taking, scheduling appointments, file management, referrals, office and equipment set-up, accounting principles, and other components of operating a business and hypnotherapy practice.
HT202 10 CLOCK HOURS	**Advertising and Marketing Strategies** To prepare the student upon successful graduation to have the necessary skills to promote a professional hypnotherapy practice and to ensure a healthy client base. This class focuses on creative tools to build one's business as well as the legal and ethical parameters of promoting oneself as a hypnotherapist.

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HT203 7 CLOCK HOURS	**Transforming Subconscious Beliefs** This course empowers the student with skills for uncovering the underlying belief systems which generate negative emotions, and which motivate unwanted behaviors. Techniques are taught to uncover these beliefs as well as to change them into positive and constructive models from which to live one's life.
HT204 7 CLOCK HOURS	**Focusing and Core Transformation** This course covers the fundamental practice of the Focusing method of Dr. Eugene Gendlin and the Core Transformation method of Connie Rae Andreas as a means of uncovering and transforming the cause of one's problems. Special attention is given to the theme of opening the heart and working with the shadow side of the mind.
HT205 9 CLOCK HOURS	**Advanced Neuro-Linguistic Programming** Covers more advanced NLP techniques and language patterns including expanded uses of anchors, meta-models, visual swish patterns, visual squash patterns, new behavior generators, and many others.
HT206 12 CLOCK HOURS	**Parts Therapy** Prepares the student to utilize the hypnotic state to align sub-personalities towards a client's goals. The basics of Transactional Analysis are taught as well as archetypical models for working with the subconscious mind. Extra time is given to this modality, as it lays the foundations for the regressive hypnosis models to follow in future courses.
HT207 7 CLOCK HOURS	**Life Mastery Course** Assists students in empowering themselves and their clients to set goals, write mission statements, define life values, visualize desired outcomes, and use the power of the mind to achieve their goals. Incorporates the Getting Organized Process and the Creating and Manifesting Formulas.
HT208 4 CLOCK HOURS	**Manifesting Prosperity** Empowers the student with teachings and skills to develop a "success mind-set." Based upon Silent Light Publisher's Manifesting Prosperity Workbook. This course helps students to empower themselves and their clients to increase abundance in their lives in all ways, beyond just financial.

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HT209 4 CLOCK HOURS	**Ericksonian Hypnotherapy** An in-depth exploration of the therapeutic style of Milton H. Erickson and his contributions to the fields of hypnosis and NLP. This course teaches the basics of Ericksonian Hypnotherapy, metaphor therapy, and advances the student's use of indirect/inferred induction styles.
HT210 30 CLOCK HOURS	**Advanced Practicum Seminar** Practical (hands-on or online) hours are interspersed throughout this program to encourage students to practice each and every technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

Section 3 – Hypnotherapist - Course Descriptions

Class Code	Description	Clock Hours
HT301	Introduction to Regression	8
HT302	Pre-Hypnosis Interview	9
HT303	Uncovering Techniques	6
HT304	Age Regression	8
HT305	Gestalt Dialogues	6
HT306	Basic Transactional Analysis	6
HT307	Forgiveness and Compassion Formulas	3
HT308	Integrating Core Transformation	4
HT309	Regression Protocol Integration	6
HT310	Hypnoanalysis	4
HT311	Analytical Hypnotherapy	3
HT312	Amnesia Capacity Estimation	3
HT313	Reinventing Yourself	2
HT314	Hypnotic Dreamwork	2
HT315	Hypnotherapist Practicum Seminar	30
Total Clock Hours		300

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HT301 8 CLOCK HOURS	**Introduction to Regression** Introduces the concept of using the hypnotic state to access memories usually related to childhood. Discusses the indications and contraindications for its use as well as the many types of regression that can be used.
HT302 9 CLOCK HOURS	**Pre-Hypnosis Interview** Prepares the student to work with clients in a regressive hypnotherapy model through encouraging a more thorough intake process than the fundamentals program. Includes more elaborate information gathering techniques as well as rapport building skills.
HT303 6 CLOCK HOURS	**Uncovering Techniques** Prepares the student to discover the underlying emotions associated with a client's problems and works to use these emotions as a bridge back to the cause of the problems. Involves a more expanded view of intake, focusing, and uncovering core belief systems.
HT304 8 CLOCK HOURS	**Age Regression** A course of study detailing the uses of regression, the means of regression, and the processing of the information uncovered. The course prepares the student to work with more advanced techniques by laying the foundation for the confident use of regressive methods.
HT305 6 CLOCK HOURS	**Gestalt Dialogues** Prepares the student to facilitate positive change through a modified Gestalt process of dialoguing with key figures involved in a regression. Includes training in cathartic emotional release, and advanced methods for healing and resolving sensitizing events.
HT306 6 CLOCK HOURS	**Basic Transactional Analysis** An introduction to working with the various ego-states of parent, adult, and child as a means of resolving conflicts held deep within the subconscious mind.
HT307 3 CLOCK HOURS	**Forgiveness and Compassion Formulas** Regression therapy requires that the memories that are brought to consciousness are thoroughly resolved, therefore very practical and simple formulas are taught to bring the client to a place of forgiveness and compassion for themselves and others.

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HT308 4 CLOCK HOURS	**Integrating Core Transformation** The Core Transformation process, as taught in Advanced Hypnotism, is now integrated into the regression therapy protocol to lead a client into the core state where very deep experiences of love, joy, and personal wholeness are experienced.
HT309 6 CLOCK HOURS	**Regression Protocol Integration** Hypnotherapist training involves the comprehension and application of a 16-step regression therapy protocol that includes many components. It is here that these components are integrated into an entire session that leads to the culmination of the first 300 hours of training.
HT310 4 CLOCK HOURS	**Hypnoanalysis** Students explore some of the pioneering work of Mr. Dave Elman, who founded many of the techniques of hypnotic induction and the processing of memories that are still used to this day. While his methods are now highly modified, this course offers respect for the work of a great man and helps students to understand how our profession has evolved over the years.
HT311 3 CLOCK HOURS	**Analytical Hypnotherapy** Prepares the student to work with the Analytical techniques as found in E.A. Barnett's book Analytical Hypnotherapy. Includes the use of regression and the Transactional Analysis model.
HT312 3 CLOCK HOURS	**Amnesia Capacity Estimation** Measuring depth of hypnosis can be done through many methods. The work of E.A. Barnett utilized a style of Amnesia Capacity Estimation to determine depth of trance by levels of amnesia that can be produced. This has proven to be a very valuable model when levels of hypnosis are important in one's work.
HT313 2 CLOCK HOURS	**Reinventing Yourself** A course dedicated to the work of Mr. Dick Sutphen who offered what are known as the Critical 15. These are the 15 things that people do that cause their own suffering. The cause of this suffering is addressed and the action to overcome it is taught.
HT314 2 CLOCK HOURS	**Hypnotic Dreamwork** This course teaches students how to process dreams using the hypnotic state. Based upon the work of Fritz Perls, dream characters unfold into symbolic messages of what the subconscious mind is truly working to tell us in our dreams.

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HT315 30 CLOCK HOURS	**Hypnotherapist Practicum Seminar** Practical (hands-on or online) hours are interspersed throughout this program to encourage students to practice each and every technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

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Program of Study – Clinical Hypnotherapist

Program Objective

To study the concepts related to the use of hypnosis in therapeutic and medical settings and to establish clear guidelines for assessing scope of practice. Students are introduced to practical methods for using hypnosis in coordination with appropriately licensed health care professionals, including those in medicine, chiropractic, dentistry, and childbirth. Emphasis is placed on helping students recognize the limits of their training, identify situations that require referral to or collaboration with licensed professionals, and understand when supervision, direction, prescription, or other legal requirements may apply.

Program Description

A comprehensive 100 clock hour program centered upon the therapeutic and medical aspects of hypnosis. Accelerated healing methods, pain management, and working with medical professionals are the primary emphasis of this program. Clinical training also teaches the theory and practice of more advanced regression methods with a strong emphasis on practical hours to ensure successful application of all previously learned methods.

Length of Time: 7 weeks

Graduation Requirements: Must have a minimum of 2.0 G.P.A. and must complete the program within the acceptable time frame.

This 100-hour section is designed for approximately seven instructional weeks and includes approximately sixty (60) clock hours of interactive distance learning, ten (10) clock hours of live online instruction, and thirty (30) clock hours of supervised practicum training. Calendar duration may vary according to the student's individual progression, practicum registration, holidays, approved leaves, and other scheduling considerations. Completion of the Hypnotherapist program is required to attend this program.

Upon completion of this program, the Institute will award a diploma entitled: Clinical Hypnotherapist.

Course Descriptions

Class Code	Description	Clock Hours
CH401	Natal Regression	6
CH402	Transactional Analysis	3
CH403	Neuroscience and Research	5
CH404	Integrating Modalities	5
CH405	Breathwork	12
CH406	Medical Hypnotherapy	8
CH407	Anatomy and Physiology	5
CH408	Hypnosis in Pain Management	7

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Class Code	Description	Clock Hours
CH409	Psychoneuroimmunology	2
CH410	Hypnosis in Childbirth	1
CH411	Hypnosis in Dentistry	2
CH412	Hypnosis in Medical Settings	4
CH413	Healing with Hypnosis	10
CH414	Clinical Practicum	30
Total Clock Hours		100

CH401 6 CLOCK HOURS	**Natal Regression** Instructs the student in the model of Natal Regression and the indications and contraindications. Lays the foundation for regression methods to access early memories and the means of processing them thoroughly.
CH402 3 CLOCK HOURS	**Transactional Analysis** Reviews the basics of Transactional Analysis and deepens the student's understanding of working with the three major ego-states. Explores the deeper dynamics of these three states and explains further methods of integration.
CH403 5 CLOCK HOURS	**Neuroscience and Research** Introduces students to the current research in therapeutic hypnosis and the most up-to-date neuroscience applications. This course helps students to understand the brain/mind/body connection and the science behind the clinical research. Practical applications are a primary consideration to ensure that pragmatic tools can be integrated into one's Clinical Hypnotherapy practice.
CH404 5 CLOCK HOURS	**Integrating Modalities** This course helps students integrate previously learned concepts and techniques into comprehensive, individualized protocols. Students learn to combine modalities from earlier coursework to develop personalized strategies that support meaningful and lasting positive change.

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CH405 12 CLOCK HOURS	**Breathwork** Prepares the student to facilitate Breathwork sessions where a client is led in the primary method of Rebirthing to uncover suppressed emotions and resolve deep-seated memories. Works to understand the nature of emotional release and prepares the student to provide a safe space for clients to truly open and heal.
CH406 8 CLOCK HOURS	**Medical Hypnotherapy** Helps the student to have a deeper appreciation of the state statutes for the practice of hypnosis for medical conditions in coordination with “licensed practitioners of the healing arts.” Teaches scope of practice assessment and the importance of integrative and preventative health care, especially regarding the model of complementary medicine.
CH407 5 CLOCK HOURS	**Anatomy and Physiology** An introduction to the human body and its many systems, as well as theories on the mind/body connection and how the brain can control the body’s sensations and healing mechanisms.
CH408 7 CLOCK HOURS	**Hypnosis in Pain Management** An introduction to the practice of using hypnosis in supporting pain-management goals within the practitioner's lawful scope of practice. A thorough introduction to the limits and scope of the practice of a hypnotist are covered, as well as discussions on the need for referrals and the ethics of the practice.
CH409 2 CLOCK HOURS	**Psychoneuroimmunology** A thorough exploration of the theories and techniques used in healing and pain management. Methods include the use of visualization, suggestions, metaphors, control rooms, and other creative tools for controlling sensations and bodily functions.
CH410 1 CLOCK HOUR	**Hypnosis in Childbirth** Prepares students to support pregnant clients in promoting relaxation, reducing stress and fear, and increasing comfort during pregnancy and childbirth. Techniques may include relaxation, stress reduction, pain-management support, and methods intended to strengthen the mother-child bond and foster a more positive emotional experience.

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CH411 2 CLOCK HOURS	**Hypnosis in Dentistry** Prepares the hypnotist to work one-on-one with a dentist in helping patients to relax, eliminate fear, and even undergo dental procedures in coordination with the treating dentist and within applicable law.
CH412 4 CLOCK HOURS	**Hypnosis in Medical Settings** Provides students practical ways to integrate their hypnotherapy practice into medical and hospital settings. Instructs the student in the use of hypnosis for medical emergencies to teach first responders enhanced communication skills with those to whom they attend.
CH413 10 CLOCK HOURS	**Healing with Hypnosis** A thorough exploration of the healing power of the mind as found within many traditions including Mesmerism, Hypnotism, Psychoneurophysiology, New Thought Movements, Faith Healing, the Placebo Effect, as well as in-depth reviews of the books The Sutras on Healing and Enlightenment and A Course in Miracles.
CH414 30 CLOCK HOURS	**Clinical Practicum Seminar** Practical (hands-on or online) hours are interspersed throughout this program to encourage students to practice each and every technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

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Program of Study – Transpersonal Hypnotherapist

Program Objective

To study and learn the concepts that relate to theories of reincarnation and karma, and how to successfully use the hypnotic state to access past-life memories. To provide the student with a metaphysical/transpersonal model of a human being to create hypnotherapists who can offer a spiritual component to their work.

Program Description

A comprehensive 100 clock hour program to teach the theory and practice of past-life regression therapy and other more esoteric concepts often associated with hypnotherapy practice.

Length of Time: 7 weeks

Graduation Requirements: Must have a minimum of 2.0 G.P.A. and must complete the program within the acceptable time frame.

This 100-hour section is designed for approximately seven instructional weeks and includes approximately sixty (60) clock hours of interactive distance learning, ten (10) clock hours of live online instruction, and thirty (30) clock hours of supervised practicum training. Calendar duration may vary according to the student's individual progression, practicum registration, holidays, approved leaves, and other scheduling considerations. Completion of the Hypnotherapist program is required to attend this program. Completion of the Clinical Hypnotherapist program is not required to attend this program.

Upon completion of this program, the Institute will award a diploma entitled Transpersonal Hypnotherapist.

Completing this program, including Hypnotherapist and Clinical Hypnotherapist training concludes the 500-hour training through the Institute and awards upon the student all relevant Institute Diplomas and qualifies them for IAIH Certification.

Course Descriptions

Class Code	Description	Clock Hours
TP601	Macro- and Microcosmology	8
TP602	Theories of Reincarnation and Karma	10
TP603	Eastern Philosophy and Psychology	10
TP604	Past-Life Regression Therapy	16
TP605	Life-Between-Life Regression	8
TP606	Special Instances of Altered State Work	8
TP607	Out-of-Body Experiences and Remote Viewing	4
TP608	Stages of Spiritual Growth	3

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Class Code	Description	Clock Hours
TP609	Meditation	3
TP610	Transpersonal Practicum	30
Total Clock Hours		100

TP601 8 CLOCK HOURS	**Macro- and Microcosmology** An in-depth look into a metaphysical model of the universe and its genesis, as well as the human being's place within this macrocosmic order. This course begins the Transpersonal work of the Institute's training, where a human being is seen as having a spiritual side that becomes exceptionally empowering in the healing process.
TP602 10 CLOCK HOURS	**Theories of Reincarnation and Karma** Models of multiple lifetimes are covered. Along with the traditional models of reincarnation, we also explore theories of transmigration and the oversoul theory, while looking at how unresolved karma affects current life situations.
TP603 10 CLOCK HOURS	**Eastern Philosophy and Psychology** A detailed look into the Yoga Sutras of Patanjali and an Eastern model of the psyche and the Spirit. This course explores the causes of human suffering and a means for eliminating this suffering through the practice of Samadhi meditation.
TP604 16 CLOCK HOURS	**Past-Life Regression Therapy** Prepares the student to facilitate a past-life regression session including pre-talk and education, trance induction and deepening to access past-life memories, processing past-life information, working with the inter-life space, working with guides/higher wisdom, processing unresolved karma, and integrating new understandings into the present life situation.
TP605 8 CLOCK HOURS	**Life-Between-Life Regression** A deeper look into the use of hypnosis to explore the time known as "life-between- life," where the Transpersonal Hypnotherapist facilitates a thorough review of the events that occur after a past-life and before the next incarnation.

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TP606 8 CLOCK HOURS	**Special Instances of Altered State Work** Based largely upon the work of Winifred Blake Lucas, PhD, and Dr. Edith Fiore, we explore the nature of entity attachment and how such energies affect clients. This course explores ancient and modern theories of possession and the means for releasement. The use of hypnosis for uncovering memories of alien abduction and other esoteric concepts are also covered.
TP607 4 CLOCK HOURS	**Out-of-Body Experiences and Remote Viewing** This course helps the student to understand and experience a deeper spiritual component of their being. As clients will have questions in this regard, the student is empowered with this knowledge, as well as the methods of hypnosis used to facilitate experiences outside of the physical body, including the concept of remote viewing to use the altered state to have direct and verifiable experiences of what modern physicists call a non-local universe.
TP608 3 CLOCK HOURS	**Stages of Spiritual Growth** Empowers the student with teachings from many of the world's great wisdom traditions about an individual's progress along the spiritual path. This training helps the student to work with all clients regardless of their religious/spiritual background to facilitate progress for all who seek help.
TP609 3 CLOCK HOURS	**Meditation** An introduction and deepening of the Meditation System as taught at OnlineMonastery.com and as found in the books The Sacred Geometry of Meditation and The Anahat Meditation System by Matthew J. Brownstein. These teachings cover universal methods of meditation as well as a concrete system designed to facilitate exceptional meditation teachers and healers.
TP610 30 CLOCK HOURS	**Transpersonal Practicum** Practical (hands-on or online) hours are interspersed throughout this program to encourage students to practice each and every technique that they have been taught on their fellow students. This allows students to not only practice what they are learning, but also to experience it for themselves.

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Tuition and Fees

Definition of Clock Hour

A clock hour is a 60-minute period containing a minimum of 50 minutes of instruction.

Cost per Clock Hour

Each clock hour is $19.50.

Cost Breakdown

Hypnotherapist Diploma Program – Total 300 Hours			
HT – Hypnotherapist	300 Hours	Tuition	$5,850.00
		Registration Fee	$100 (included)
		Books	$159.73
		TOTAL	$6,009.73
		Total Tuition for 300 Hours =	$5,850.00
Clinical Hypnotherapist Diploma Program – Total 400 Hours			
CH – Clinical Hypnotherapist	100 Hours	Tuition	$1,950.00
		Registration Fee	$100 (included)
		Books	$41.94
		TOTAL	$1,991.94
		Total Tuition for 400 Hours	= $7,800.00
Transpersonal Hypnotherapist Diploma Program – Total 500 Hours			
TP – Transpersonal Hypnotherapist	100 Hours	Tuition	$1,950.00
		Registration Fee	$100 (included)
		Books	$32.98
		TOTAL	$1,982.98
		Total Tuition for 500 Hours	= $9,750.00
Total cost with tuition, books, and fees = $9,984.65			

Additional Expenses

Up to $234.65, plus applicable tax, for required textbooks. Textbook prices may vary slightly. Optional books are additional.

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Optional Expenses

1. The initial fee for registration and certification through the International Association of Interpersonal Hypnotherapists is $75.00, paid annually, with printed certificates costing $10 each.
2. The Institute of Interpersonal Hypnotherapy has a network of graduates trained to offer optional additional mentoring or tutoring hours to students. These services generally cost $75 per hour and are payable to the mentors directly. Contact our Student Services Department for more information.
3. Each Clinical Externship Location typically has a graduation dinner at the end of the Transpersonal Hypnotherapy in-house practicum seminar hours. This optional dinner is open to any graduate and their friends and family. Typically, this dinner is held at a local restaurant (this may vary depending upon location), and all attendees are expected to pay for their own meal which is expected to cost no more than $50 per person.
4. $349 for the Interpersonal Hypnotherapist 22-hour CEU course and certification.
5. $149 to $348 for the IAIH Annual Hypnotherapy Conference.
6. $149 for 15 hours of CEUs every year through the IAIH.
7. **Printed Manuals and Practicum Guides**
   Being a predominantly online training, we do not provide printed training manuals or practicum guides as part of your tuition. However, some students may prefer to have physical copies for ease of study and note-taking. If you would like to print the materials yourself, the following are approximate costs based on standard black-and-white printing (double-sided, without professional binding, using a typical office supply store or online printer):

Training Manuals (5 volumes, approx. 200 pages each): ~200 pages × 5 manuals = ~1,000 pages total. Printing costs generally range from **$0.05–$0.10 per page**, making the total cost about **$50–$100** for the full set.

Practicum Exercise Guides (5 volumes, approx. 60 pages each): ~60 pages × 5 guides = ~300 pages total. Estimated cost is **$15–$30** for the full set.

Total for All Manuals and Guides: Approximately **$65–$130**, depending on the printer you use, paper quality, and whether you choose simple stapling, three-hole punch, or other minimal binding options.

To Apply

To reserve a seat in the class, students must submit a minimum payment of $300, plus any additional tuition payment and applicable tax. Of the initial $300 payment, $100 is designated as the registration fee and becomes non-refundable after the applicable cancellation period. The remaining amount is applied toward the student's tuition. Payment may be made by cash, check, cashier's check, or major credit card.

Payment Periods

Programs and individual program sections may be paid for separately or in full. Students who choose to pay by 100-hour section are charged $1,950 before the student begins each 100-hour section,

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according to the student's individual program progression and applicable schedule. All cancellations and refunds are governed by the Cancellation and Refund Policy in this catalog.

Private Tuition Financing/Student Loans

The Institute of Interpersonal Hypnotherapy offers private tuition financing in the form of student loans for those who qualify. This allows qualified borrowers to make monthly payments at an affordable rate. The Institute and the student develop a legally binding agreement using the Institute's financial section of our Enrollment Agreement.

Eligibility for student loans is dependent upon a credit check and a review of the prospective borrower's current income in relation to current expenses per month. It is at the school's discretion to accept a student for financial assistance based upon an evaluation of credit and financial status.

All refunds concerning student loans automatically default back to the Institute's refund, withdrawal, and dismissal policies as found within this catalog. The $100 registration fee becomes non-refundable after the three-business-day cancellation period described in the Refund Policy.

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Administrative Staff and Faculty

Administration

- Matthew J. Brownstein – President/School Director/Director of Training/Evacuation Coordinator
- Sara Ajna – Admissions Representative
- Jennie Warner – Director of Student Services, Head Librarian

Faculty

Instructors

Matthew J. Brownstein

Lead Instructor and Executive Director

Programs taught: Hypnotherapist, Clinical Hypnotherapist, Transpersonal Hypnotherapist

- Bachelor of Arts in Religion – University of Florida, Gainesville, 1994
- Clinical Hypnotherapist – Academy of Alternative Therapies, Santa Fe, New Mexico, 1997
- Master Neuro-Linguistic Programming Practitioner and Trainer – National Federation of Neuro-Linguistic Programming, Venice, Florida, 2001
- Approved Hypnotherapy Instructor, 2007
- Designated Hypnotherapy Examiner, 2007
- Approved Hypnotism School, 2007

Rene Brent

Maitland, Florida Location Director, IAIH Certified Instructor and Examiner

Programs taught: Hypnotherapist, Clinical Hypnotherapist, Transpersonal Hypnotherapist

- Bachelor of Science in Nursing – Southern Illinois University of Edwardsville, Edwardsville, IL 1989
- Certified Hypnotherapist, Florida Institute of Hypnotherapy, Tampa, Florida, 2013
- Certified Clinical Hypnotherapist, Florida Institute of Hypnotherapy, Tampa, Florida, 2013
- Certified Transpersonal Hypnotherapist, Florida Institute of Hypnotherapy, Tampa, Florida, 2013
- Certified Instructor and Supervisor, Institute of Interpersonal Hypnotherapy, 2014
- Certified Examiner, International Association of Interpersonal Hypnotherapists, 2014

Rebecca Zayas

Maitland, Florida Instructor, IAIH Certified Instructor and Examiner

Programs taught: Hypnotherapist, Clinical Hypnotherapist, Transpersonal Hypnotherapist

- Bachelor of Arts - University of Central Florida
- Stetson University Graduate School of Counselling

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- Certified Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Clinical Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Transpersonal Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Instructor and Supervisor, Institute of Interpersonal Hypnotherapy
- Certified Examiner, International Association of Interpersonal Hypnotherapists

Kati Lambert

Online Instructor, IAIH Certified Instructor and Examiner

Programs taught: Hypnotherapist, Clinical Hypnotherapist, Transpersonal Hypnotherapist

- Bachelor of Arts, National Louis University
- Master of Science, Benedictine University
- Certified Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Clinical Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Transpersonal Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Instructor and Supervisor, Institute of Interpersonal Hypnotherapy
- Certified Examiner, International Association of Interpersonal Hypnotherapists

Matthew Langford

Online Instructor, IAIH Certified Instructor and Examiner

Programs taught: Hypnotherapist, Clinical Hypnotherapist, Transpersonal Hypnotherapist

- Emergency Medical Technician, City College
- Certified Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Clinical Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Transpersonal Hypnotherapist, Institute of Interpersonal Hypnotherapy, Tampa, Florida
- Certified Instructor and Supervisor, Institute of Interpersonal Hypnotherapy
- Certified Examiner, International Association of Interpersonal Hypnotherapists

Joe Garcia

Online Practicum Supervisor

Programs supervised: Fundamentals of Hypnotism, Advanced Hypnotism, Hypnotherapist, Clinical Hypnotherapist, Transpersonal Hypnotherapist

- Doctor of Business Administration – University of the Incarnate Word, San Antonio, Texas, 2024
- Master of Business Administration – University of Texas Permian Basin, Texas, 2019
- Bachelor of Business Marketing – Walden University, Minneapolis, Minnesota, 2016

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- Certified Clinical & Transpersonal Hypnotherapist – Florida (certification shown current through April 2027)

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Online Delivery Addendum

Learning Online

The Institute of Interpersonal Hypnotherapy offers supervised practicum training online and at approved in-person locations. Approximately 70% of the program consists of interactive distance instruction, while approximately 30% consists of supervised practicum training. Depending on program requirements, students may complete some or all practicum hours online. To help ensure a successful online practicum experience, students are encouraged to do the following:

1. Have a high-speed internet connection and ensure that videos stream well on your computer.
2. Use a laptop or desktop, instead of a phone or tablet.
3. Download the Zoom application at https://zoom.us/.
4. Be sure that your camera and microphone are working properly before class begins.
5. Close all other applications on your computer and remain 100% focused on class. Work to eliminate all other distractions as well.
6. Dress as if you were coming into an actual classroom. Please be prepared to see others and to be seen by others.
7. Breaks occur just as with in-house practicums, where we take 10-minute breaks about every hour and a half and where lunch breaks are about one hour total.
8. Please reach out to Student Services with any questions at support@anahateducation.com.

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2027 Continuous Enrollment Schedule

The Institute operates on a continuous-enrollment model. Students may begin training throughout the year on an individual enrollment schedule and progress through the curriculum by 100-hour section rather than as members of a fixed cohort. Students advance after completing all requirements of their current section.

Live Online Class Schedule

Day	Time (Eastern)	Program Section(s)
Tuesday	7:00 p.m. - 9:00 p.m.	Fundamentals of Hypnotism and Hypnotherapist (separate online meeting rooms)
Wednesday	7:00 p.m. - 9:00 p.m.	Advanced Hypnotism
Thursday	7:00 p.m. - 9:00 p.m.	Clinical Hypnotherapist and Transpersonal Hypnotherapist (separate online meeting rooms)

Live classes use a recurring three-part instructional rotation coordinated with the supervised practicum schedule. Students enter the rotation at the point currently being taught and continue attending until they have completed all required live exercises and at least ten (10) live instructional clock hours for the applicable 100-hour section. Fourth and fifth weeks may be used for review, make-up instruction, additional practice, holidays, special instruction, or other academic activities as scheduled by the Institute.

Supervised Practicum Schedule

Each 100-hour section requires thirty (30) supervised practicum clock hours, ordinarily completed through three 10-hour practicum weekends. Each practicum weekend consists of five hours on Saturday and five hours on Sunday, generally from 1:00 p.m. to 6:00 p.m. Eastern Time. Practicum is section-specific and requires advance registration. The first three available practicum weekends of each monthly rotation are used for Practicum Weekends 1, 2, and 3, with holiday adjustments as shown below.

Section	Practicum Weekend 1	Practicum Weekend 2	Practicum Weekend 3
Fundamentals	Exercises 1-3: Rapport; Education/Myths/Responsiveness; Basic Induction, Deepening and De-Hypnotizing	Exercises 4-6: Inductions/Deepening/Testing; Rapid Inductions; Synthesis of Modalities	Exercise 7: Hypnotic Programming
Advanced	Body Felt-Sense Facilitation Work; Core Transformation	Eye Movement Therapy	Parts Therapy
Hypnotherapist	Regression: Intake through Affect Bridge and Forcing the Impression	Regression: Authentic Emotional Release through Gestalt	Regression: Forgiveness through Completion and Complete Regressions
Clinical	Breathwork	Induction/Arm Levitation/Glove Anesthesia; Deep Hypnosis and Pain Management	Advanced Medical Session with EMT, Truth-Talk, and Programming with Rapid Resolution
Transpersonal	Past-Life Regression	Past-Life Regression with Life-Between-Lives Emphasis	Meditation/Spiritual Guidance; Astral Projection and Remote Viewing

2027 Holiday-Adjusted Practicum Calendar

Month	Practicum Weekend 1	Practicum Weekend 2	Practicum Weekend 3
January	Jan. 9-10	Jan. 16-17	Jan. 23-24
February	Feb. 6-7	Feb. 20-21	Feb. 27-28
March	Mar. 6-7	Mar. 13-14	Mar. 20-21
April	Apr. 3-4	Apr. 10-11	Apr. 17-18
May	May 1-2	May 15-16	May 22-23
June	Jun. 5-6	Jun. 12-13	Jun. 26-27
July	Jul. 10-11	Jul. 17-18	Jul. 24-25
August	Aug. 7-8	Aug. 14-15	Aug. 21-22

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September	Sep. 11-12	Sep. 18-19	Sep. 25-26
October	Oct. 2-3	Oct. 9-10	Oct. 16-17
November	Nov. 6-7	Nov. 13-14	Nov. 20-21
December	Dec. 4-5	Dec. 11-12	Dec. 18-19

The live class for each rotation is ordinarily held on the Tuesday, Wednesday, or Thursday immediately preceding its corresponding practicum weekend. When a listed school holiday conflicts with a regularly scheduled class or practicum, the Institute may move that activity to another date while preserving the required clock hours. In November 2027, the Clinical and Transpersonal classes that would otherwise fall on Veterans Day, Thursday, November 11, are scheduled for Tuesday, November 9, at 7:00 p.m. Eastern Time in separate online meeting rooms.

2027 Holidays

New Year’s Day – January 1st

Martin Luther King Jr. Day – January 18th

Valentine’s Day – February 14th

Presidents' Day – February 15th

Easter Sunday – March 28th

Mother’s Day – May 9th

Memorial Day – May 31st

Father’s Day – June 20th

Juneteenth – June 19th

Independence Day – July 4th

Labor Day – September 6th

Halloween – October 31st

Veterans Day – November 11th

Thanksgiving – November 25th

Christmas – December 25th

New Year’s Eve – December 31st

The Institute reserves the right to modify individual dates or times when necessary because of holidays, emergencies, instructor availability, enrollment needs, or other institutional scheduling considerations. Any schedule adjustment does not reduce the clock hours, coursework, live instruction, practicum, examinations, or other requirements necessary for graduation.

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Appendix I – Enrollment Agreement

Address

Institute of Interpersonal Hypnotherapy

540 East Horatio Avenue, Suite #200

Maitland, FL 32751 – (813) 463-0264

Fields

Name

Phone

Phone Type

Address

City

State

Zip

Email Address

Gender Identity

Ethnicity

Race

Date of Birth

Last 4 of SS#

Annual Income

Current Occupation

Prior Education

High School Attended

GED Date of Completion

College/University

Level Completed

Degree awarded/major

Previous hypnotherapy training (not a prerequisite)

Total classroom clock hours

Have you ever been convicted of a felony or morals charges?

If yes, please explain on an attached sheet of paper.

Note: All students are required to practice and experience hypnotherapy during class.

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Check the following:

___ **Hypnotherapist** – 300 clock hours – Approximately 21 instructional weeks – Diploma

Tuition	$5,850.00
Registration Fee	$100 (included)
Books & Materials	$159.73
Other Costs	$
Total Program Price	$6,009.73

___ **Clinical Hypnotherapist** – 100 clock hours – Approximately 7 instructional weeks – Diploma

Tuition	$1,950.00
Registration Fee	$100 (included)
Books & Materials	$41.94
Other Costs	$
Total Program Price	$1,991.94

___ **Transpersonal Hypnotherapist** – 100 clock hours – Approximately 7 instructional weeks – Diploma

Tuition	$1,950.00
Registration Fee	$100 (included)
Books & Materials	$32.98
Other Costs	$
Total Program Price	$1,982.98

Practicum Seminar Location: _____

In order to maintain our student to instructor ratio, we request that your location stay the same throughout the duration of your training unless otherwise approved.

Finances

A clock hour is a 60-minute period that includes a minimum of 50 minutes of classroom instruction. Tuition is charged at **$19.50 per clock hour**.

To reserve your seat in the class, please submit a minimum $300 deposit, plus any additional tuition payment and applicable tax. The deposit is applied toward your tuition. Of the initial deposit, $100 is designated as the registration fee and becomes non-refundable after the three-business-day cancellation period described in the Refund Policy. Payment may be made by cash, check, cashier's check, or major credit card.

Programs and individual program sections may be paid for separately or in full. Students who choose to pay by 100-hour section are charged $1,950 before the student begins each 100-hour section, according to the student's individual program progression and applicable schedule. All cancellations and refunds are governed by the Cancellation and Refund Policy in this School Catalog.

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Private student financing is available to qualified students. Programs may be paid for individually or paid in full in advance.

Class Schedule

Interactive Distance Learning: Approximately 60 hours per 100-hour section

Live Online Instruction: 10 hours per 100-hour section

Practicum Hours: 30 hours per 100-hour section

Hours per Week: Varies according to individual progression and scheduled live/practicum participation

Start Date:

Anticipated Ending Date:

Admission Policy

All students must be 18 years of age or older, must be financially capable of paying for their own tuition, and show a strong desire to become an ethical and certified hypnotherapist according to the standards of the International Association of Interpersonal Hypnotherapists. Credits from other institutions are not transferable towards an education at The Institute of Interpersonal Hypnotherapy.

Non-Discrimination Policy

The Institute of Interpersonal Hypnotherapy admits qualified students without regard to their race, religion, color, age, sex, sexual orientation, national or ethnic origin, disability, or any other characteristic protected by applicable law to the rights and privileges, programs, and other activities generally accorded or made available to students at the school.

Class Schedule / Program Progression Change

A student must obtain permission from the Student Services Director to make a material change to their class schedule, interrupt the normal progression of their program, or change an approved completion plan. Students in continuous enrollment progress through recurring live-class and practicum rotations rather than transferring between fixed cohorts. A schedule change may fall within the Leave of Absence policy when the reason meets the approved criteria and all Leave of Absence requirements are satisfied. A student who leaves and later re-enters may be subject to the tuition schedule and academic requirements in effect at the time of re-entry, as permitted by Institute policy.

Cancellation and Refund Policy

Should a student’s enrollment be terminated or cancelled for any reason, all refunds will be made according to the following refund schedule:

1. Cancellation can be made in person, by electronic mail, by Certified Mail, or by termination.

2. All monies will be refunded if the school does not accept the applicant or if the student cancels within three (3) business days after signing the enrollment agreement and making initial payment.

3. Cancellation after the third (3rd) business day, but before the first class, results in a refund of all monies paid, with the exception of the registration fee (not to exceed $150.00).

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4. Cancellation after attendance has begun, through 40% completion of the program, will result in a Pro Rata refund computed on the number of hours completed to the total program hours.

5. Cancellation after completing 40% of the program will result in no refund.

6. Termination Date: In calculating the refund due to a student, the last date of actual attendance, which is determined through the last time the student accessed the school's online distance learning system, is used in the calculation unless earlier written notice is received.

7. Refunds will be made within 30 days of termination of students' enrollment or receipt of Cancellation Notice from student.

Grievance Policy

The school is committed to providing a sound and positive educational environment. Understanding that there may be times when students want to express concerns or feel the need to file an official grievance, the school has adopted the following procedure:

1. File the grievance in writing by email where receipt must be acknowledged by the School Director outlining the allegation or nature of the grievance to support@anahateducation.com.
2. Within 10 days of receipt of grievance, a school representative will meet with the student.
3. If the problem is not resolved through discussion, the student will be referred to the school's grievance committee.
4. The school's grievance committee will meet within 21 calendar days of receipt of the grievance and review allegations. The student must bring a copy of the written record of the prior meeting with the school representative.
5. If more information is needed, a letter will be written outlining the additional information requested.
6. If no other information is needed, the grievance committee will act on the allegations and a letter will be sent to the student within fifteen calendar days stating the steps taken to resolve the concern or information showing that the allegations were not warranted or based on fact.

Students who feel their grievance is unresolved may refer their grievance to the following address: Commission for Independent Education, Florida Department of Education, 325 W. Gaines Street, Suite 1414, Tallahassee, Florida 32399-0400, (850) 245-3200 or toll free (888) 224-6684.

Dismissal Policy

At the discretion of the School Director, a student may be dismissed from school for an intoxicated or drugged appearing state of behavior; possession of illegal substances, alcohol, or weapons on school premises; behavior creating a safety hazard to other persons at school; disrespectful behavior to those at school; or not maintaining an acceptable academic or practical skill level as determined by the School Director; or any other reason stated or determined inappropriate action or behavior by a student of the Institute of Interpersonal Hypnotherapy, by the School Director.

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Agreement

I acknowledge that I have read the current Institute catalog, including the Refund, Grievance, and Dismissal Policies, and understand both my obligations and those of the Institute. I understand that completion of this program does not confer a license to practice medicine, psychology, mental health counseling, dentistry, or any other licensed health care profession. I agree to practice hypnosis only within the scope permitted by my training, professional credentials, and applicable federal, state, and local laws.

I understand that I may not independently diagnose or treat medical, psychiatric, psychological, dental, or other health conditions unless I am appropriately licensed or otherwise authorized by law. When applicable law requires the involvement of a licensed health care practitioner, I agree to comply with all requirements regarding referral, supervision, direction, prescription, responsibility, or other applicable professional oversight.

I certify that the information I have provided to the Institute is accurate and complete to the best of my knowledge. In connection with my application, I understand that the Institute may obtain a consumer report when authorized and applicable. Such a report may include information concerning credit history, bankruptcy proceedings, employment history, or other information contained in public or authorized records. I authorize applicable parties or agencies to provide information as permitted by law.

I further understand that the Institute of Interpersonal Hypnotherapy does not guarantee employment or job placement to its graduates.

Employment Assistance

I understand that the Institute has not made and will not make any guarantees of employment or salary upon my graduation. The Institute will provide me with placement assistance, which will consist of identifying employment opportunities and advising me on appropriate means of attempting to realize these opportunities.

Additional Information

Additional information may be obtained by contacting the Commission for Independent Education, Florida Department of Education, 325 West Gaines Street, Suite 1414, Tallahassee, Florida 32399-0400 or toll free at (888) 224-6684.

Graduation Requirements

I understand that in order to graduate from the program and to receive a diploma, I must successfully complete the required number of scheduled clock hours as specified in the catalog and on the Student Enrollment Agreement, pass all written and practical examinations with a 70% average, and satisfy all financial obligations to the Institute.

REQUIREMENTS FOR REGISTRATION AND CERTIFICATION

THE ACCREDITING AGENCY(S) OR ASSOCIATION(S) LISTED BELOW IS/ARE NOT RECOGNIZED BY THE UNITED STATES DEPARTMENT OF EDUCATION AS AN APPROVED ACCREDITING AGENCY. THEREFORE, IF YOU ENROLL IN THIS INSTITUTION, YOU MAY NOT BE ELIGIBLE FOR TITLE IV FEDERAL FINANCIAL

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ASSISTANCE, STATE STUDENT FINANCIAL ASSISTANCE, OR PROFESSIONAL CERTIFICATION. IN ADDITION, CREDITS EARNED AT THIS INSTITUTION MAY NOT BE ACCEPTED FOR TRANSFER TO ANOTHER INSTITUTION, AND MAY NOT BE RECOGNIZED BY EMPLOYERS.

International Association of Interpersonal Hypnotherapists Standard for Certification

IAIH Certified Hypnotherapist

Has completed at least three hundred (300) hours of instruction from an IAIH approved hypnotherapy school that is licensed by their state's Department of Education. The Hypnotherapist must also pass the IAIH written and practical skills exam and all online exams and attendance. Exceptions are considered on a non-discriminatory basis and may be granted by the Qualifying Board. (The Institute of Interpersonal Hypnotherapy program Hypnotherapist - HT)

IAIH Certified Clinical Hypnotherapist

Has completed at least four hundred (400) hours of instruction from an IAIH approved hypnotherapy school that is licensed by their state's Department of Education. The Hypnotherapist must also pass the IAIH written and practical skills exam and all online exams and attendance. Exceptions are considered on a non-discriminatory basis and may be granted by the Qualifying Board (The Institute of Interpersonal Hypnotherapy programs Clinical Hypnotherapist including HT and CH)

IAIH Certified Transpersonal Hypnotherapist

Has completed at least five hundred (500) hours of instruction from an IAIH approved hypnotherapy school that is licensed by their state's Department of Education. The Hypnotherapist must also pass the IAIH written and practical skills exam and all online exams and attendance. Exceptions are considered on a non-discriminatory basis and may be granted by the Qualifying Board. (The Institute of Interpersonal Hypnotherapy programs Clinical Hypnotherapist and Transpersonal Hypnotherapist including HT, CH, and TP)

FEES:

The initial fee for registration and certification through the International Association of Interpersonal Hypnotherapists is $75.00, paid annually, with printed certificates costing $10 each.

Methods of Payment

□ Deposit (including registration fee) paid at time of signing enrollment agreement with balance paid prior to graduation by a payment plan.

□ First installment (including registration fee) paid at time of signing enrollment agreement with balance paid prior to graduation by a payment plan.

□ Deposit (including registration fee) paid at time of signing enrollment agreement with balance paid prior to starting date.

□ Full payment at time of signing enrollment agreement.

□ Deposit (including registration fee) paid at time of signing enrollment agreement with balance paid beyond graduation by a payment plan.

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Financing Chart

ANNUAL PERCENTAGE RATE %	FINANCE CHARGE $	Amount Financed The dollar amount the credit provided to you or on your behalf. $	Total of Payment The amount you will have paid after you have made all payments as scheduled. $	Total Sales Price The total cost of your purchase on credit including your down payment of $
YOUR PAYMENT SCHEDULE WILL BE:				
Number of Payments	Amount of each payment	When payments are due		
	$	Beginning on ___/___/___ and on the same day each month		

All tuition and program charges are disclosed in this catalog. Students who choose a payment plan or private student financing may incur interest, finance charges, or other fees as specified in their financing agreement. Any applicable financing costs will be disclosed to the student before the financing agreement is executed. The cost of instruction is included in the stated tuition.

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2027 Continuous Enrollment Schedule

The Institute operates on a continuous-enrollment model. Students may begin training throughout the year on an individual enrollment schedule and progress through the curriculum by 100-hour section rather than as members of a fixed cohort. Students advance after completing all requirements of their current section.

Live Online Class Schedule

Day	Time (Eastern)	Program Section(s)
Tuesday	7:00 p.m. - 9:00 p.m.	Fundamentals of Hypnotism and Hypnotherapist (separate online meeting rooms)
Wednesday	7:00 p.m. - 9:00 p.m.	Advanced Hypnotism
Thursday	7:00 p.m. - 9:00 p.m.	Clinical Hypnotherapist and Transpersonal Hypnotherapist (separate online meeting rooms)

Live classes use a recurring three-part instructional rotation coordinated with the supervised practicum schedule. Students enter the rotation at the point currently being taught and continue attending until they have completed all required live exercises and at least ten (10) live instructional clock hours for the applicable 100-hour section. Fourth and fifth weeks may be used for review, make-up instruction, additional practice, holidays, special instruction, or other academic activities as scheduled by the Institute.

Supervised Practicum Schedule

Each 100-hour section requires thirty (30) supervised practicum clock hours, ordinarily completed through three 10-hour practicum weekends. Each practicum weekend consists of five hours on Saturday and five hours on Sunday, generally from 1:00 p.m. to 6:00 p.m. Eastern Time. Practicum is section-specific and requires advance registration. The first three available practicum weekends of each monthly rotation are used for Practicum Weekends 1, 2, and 3, with holiday adjustments as shown below.

Section	Practicum Weekend 1	Practicum Weekend 2	Practicum Weekend 3
Fundamentals	Exercises 1-3: Rapport; Education/Myths/Responsiveness; Basic Induction, Deepening and De-Hypnotizing	Exercises 4-6: Inductions/Deepening/Testing; Rapid Inductions; Synthesis of Modalities	Exercise 7: Hypnotic Programming
Advanced	Body Felt-Sense Facilitation Work; Core Transformation	Eye Movement Therapy	Parts Therapy
Hypnotherapist	Regression: Intake through Affect Bridge and Forcing the Impression	Regression: Authentic Emotional Release through Gestalt	Regression: Forgiveness through Completion and Complete Regressions
Clinical	Breathwork	Induction/Arm Levitation/Glove Anesthesia; Deep Hypnosis and Pain Management	Advanced Medical Session with EMT, Truth-Talk, and Programming with Rapid Resolution
Transpersonal	Past-Life Regression	Past-Life Regression with Life-Between-Lives Emphasis	Meditation/Spiritual Guidance; Astral Projection and Remote Viewing

2027 Holiday-Adjusted Practicum Calendar

Month	Practicum Weekend 1	Practicum Weekend 2	Practicum Weekend 3
January	Jan. 9-10	Jan. 16-17	Jan. 23-24
February	Feb. 6-7	Feb. 20-21	Feb. 27-28
March	Mar. 6-7	Mar. 13-14	Mar. 20-21
April	Apr. 3-4	Apr. 10-11	Apr. 17-18
May	May 1-2	May 15-16	May 22-23
June	Jun. 5-6	Jun. 12-13	Jun. 26-27
July	Jul. 10-11	Jul. 17-18	Jul. 24-25
August	Aug. 7-8	Aug. 14-15	Aug. 21-22

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September	Sep. 11-12	Sep. 18-19	Sep. 25-26
October	Oct. 2-3	Oct. 9-10	Oct. 16-17
November	Nov. 6-7	Nov. 13-14	Nov. 20-21
December	Dec. 4-5	Dec. 11-12	Dec. 18-19

The live class for each rotation is ordinarily held on the Tuesday, Wednesday, or Thursday immediately preceding its corresponding practicum weekend. When a listed school holiday conflicts with a regularly scheduled class or practicum, the Institute may move that activity to another date while preserving the required clock hours. In November 2027, the Clinical and Transpersonal classes that would otherwise fall on Veterans Day, Thursday, November 11, are scheduled for Tuesday, November 9, at 7:00 p.m. Eastern Time in separate online meeting rooms.

2027 Holidays

New Year’s Day – January 1st

Martin Luther King Jr. Day – January 18th

Valentine’s Day – February 14th

Presidents' Day – February 15th

Easter Sunday – March 28th

Mother’s Day – May 9th

Memorial Day – May 31st

Father’s Day – June 20th

Juneteenth – June 19th

Independence Day – July 4th

Labor Day – September 6th

Halloween – October 31st

Veterans Day – November 11th

Thanksgiving – November 25th

Christmas – December 25th

New Year’s Eve – December 31st

The Institute reserves the right to modify individual dates or times when necessary because of holidays, emergencies, instructor availability, enrollment needs, or other institutional scheduling considerations. Any schedule adjustment does not reduce the clock hours, coursework, live instruction, practicum, examinations, or other requirements necessary for graduation.

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Appendix II – United States Hypnosis Law

Educational Legal Information for Students and Graduates

This appendix is provided for educational and informational purposes only. It is intended to help students and graduates identify legal issues that may affect hypnosis and hypnotherapy practice. It is not legal advice, is not a legal opinion, and should not be relied upon as a determination that any particular service, occupational title, advertisement, referral arrangement, or professional activity is lawful in any jurisdiction.

Portions of the legal research, organization, and drafting used to prepare this appendix were completed with the assistance of artificial intelligence. AI-assisted legal research can contain errors, omissions, outdated information, or incorrect interpretations. The Institute therefore encourages readers to use the cited governmental sources as a starting point and independently verify current law before practicing.

Laws and regulations can change at any time, and licensing boards and regulatory agencies may interpret or enforce them differently. The Institute and IAIH do not represent or warrant that this appendix is complete, continuously current, or applicable to a particular person or circumstance. Practitioners are individually responsible for determining the laws applicable to their practice and should consult an appropriate regulator or qualified attorney when a legal requirement is unclear. Last research update: August 30, 2026.

Core Legal Principles

Education and certification are not state licensure. IIH diplomas and IAIH certification document education and private professional certification. They do not create authority to perform acts reserved by law to licensed professions.

Therapeutic and nontherapeutic uses must be distinguished. General relaxation, motivation, performance, confidence, and habit-change work may be treated differently from hypnosis used to diagnose, treat, or claim to treat a medical, dental, psychological, psychiatric, substance-use, or other regulated health condition.

A referral is not a universal legal safe harbor. Referral, prescription, direction, supervision, or professional responsibility has legal significance only where the applicable law recognizes that pathway and its requirements are actually met.

Titles and advertising matter. The title “Hypnotherapist” is an educational and professional credentialing title used by IIH and IAIH, but it is not a state health-care license. State law may separately restrict professional titles or advertising that implies licensure.

Remote practice can involve more than one jurisdiction. For online services, practitioners should identify where they are located and where the client is physically located for the session, review the laws that may apply in both jurisdictions, and use the more restrictive applicable standard when the rules differ or are uncertain until competent legal guidance is obtained.

Absence of a hypnosis-specific statute does not mean unrestricted practice. A state may regulate the same activity through its medicine, psychology, counseling, psychotherapy, social-work, dentistry, consumer-protection, or other professional-practice laws.

Understanding the Scope Continuum

Generally nontherapeutic work includes ordinary self-improvement goals such as relaxation, confidence, public speaking, study skills, sports or performance enhancement, motivation, and habit-focused work when the practitioner is not treating a diagnosed medical or mental-health condition. Gray-area topics can include stress, sleep, anxious feelings, situational sadness, grief, fears, pain coping, trauma-related language, emotional healing, and compulsive habits because the same words may describe either ordinary life concerns or symptoms of a regulated condition. Clearly therapeutic or regulated-health territory includes treatment of diagnosed mental disorders and treatment of disease, injury, chronic pain, anesthesia, medical symptoms, or psychological aspects of physical illness. Terminology alone does not determine scope; the actual purpose, claims, client condition, and applicable law control.

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Understanding the Color-Coded Guidance

The color designations used in the state summaries are an educational risk-management tool developed by the Institute to help readers quickly understand the general level of legal or scope-of-practice caution indicated by the Institute's current research. The colors are not classifications established by any state government, licensing board, or regulatory agency, and they do not constitute legal advice or a determination that a particular practice is lawful or unlawful.

Color	Meaning
GREEN	A relatively clear statutory, regulatory, registration, or other recognized pathway for hypnosis or certain hypnosis services appears to exist. Practitioners must still comply with all applicable limitations and requirements.
YELLOW	Hypnosis may be permissible in a nontherapeutic or otherwise limited context, but important legal questions, professional-practice restrictions, title restrictions, or areas requiring additional verification remain.
ORANGE	There is substantial potential overlap with a licensed profession or another significant legal restriction. Unlicensed practitioners should exercise heightened caution and generally remain within clearly lawful nontherapeutic or expressly exempt activities.
RED	The Institute's research indicates a substantial restriction on the relevant therapeutic activity or a strong likelihood that the activity falls within a licensed profession. Practitioners should not provide the regulated service without the required professional license or another clearly established legal authorization.
COMBINED COLORS	Designations such as GREEN/YELLOW, YELLOW/ORANGE, or ORANGE/RED indicate that a jurisdiction does not fit neatly within one category or that the level of restriction depends on the particular activity. A state may, for example, provide a relatively clear pathway for nontherapeutic hypnosis while substantially restricting hypnosis used for medical or mental-health treatment.

These colors describe the Institute's current assessment of legal and scope-of-practice considerations; they are not a substitute for reviewing the actual law applicable to the practitioner and client.

State-by-State Educational Summaries

The summaries below are intentionally concise. They identify the principal issue found in the Institute's current research and provide conservative educational guidance. "No stand-alone hypnosis statute identified" does not mean that hypnosis is unregulated. Readers should verify the cited authority, current exemptions, title rules, and any requirements affecting remote practice before relying on a summary.

Alabama

Current research summary (YELLOW; additional verification recommended): The current catalog research did not identify a stand-alone hypnosis statute for Alabama. That does not mean hypnosis is unregulated. The principal legal questions are whether the proposed service falls within medicine, psychology, counseling, psychotherapy, dentistry, substance-use treatment, or another licensed profession; whether any occupational title is protected; and whether a state-specific exemption applies. The current matrix characterizes the state as: General professional-practice laws; no stand-alone hypnosis statute identified in current catalog.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on "Hypnotherapist" is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide's conservative interstate standard pending independent

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verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Current state professional-practice, title-protection, consumer-protection, and health-occupation statutes require primary-source independent verification.

Alaska

Current research summary (YELLOW/ORANGE; additional verification recommended): Alaska psychology law defines the practice of psychology broadly around diagnosis, prevention, treatment, or amelioration of psychological problems and emotional or mental disorders through psychological principles and procedures. The current catalog did not identify a stand-alone hypnosis statute or a specific unlicensed-hypnotist exemption.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Alaska Stat. § 08.86.230 (psychology definitions); Alaska Board of Psychologists statutes/rules. https://www.commerce.alaska.gov/web/portals/5/pub/PsychologistStatutes.pdf

Arizona

Current research summary (YELLOW/ORANGE; official source rechecked): Arizona behavioral-health law is the more important source than the isolated administrative-code reference in older catalog research. A.R.S. § 32-3271 exempts a person from the behavioral-health chapter when the person is not providing psychotherapy, while § 32-3286 prohibits unauthorized behavioral-health practice, including diagnosis or treatment of mental conditions. A referral or supervision arrangement should not be treated as a universal safe harbor unless a specific Arizona law authorizes it.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles. Referral, prescription, supervision, or collaboration matters only to the extent the specific state law recognizes it.

Title / referral / online considerations: Arizona’s cited behavioral-health law protects specified licensed designations but does not expressly list “Hypnotherapist.” The larger issue is whether the actual service is psychotherapy or unauthorized behavioral health. A.R.S. § 32-3271(A)(12) exempts “a person who is not providing psychotherapy.” A referral does not appear in the cited provisions to expand that exemption. Arizona also has a temporary nonresident behavioral-health provision for persons authorized elsewhere, but it should not be assumed to cover unlicensed hypnosis; practitioners should independently analyze its relevance.

Primary authority / starting source: A.R.S. §§ 32-3271, 32-3286, 32-3251. Official sources: https://www.azleg.gov/ars/32/03271.htm ; https://www.azleg.gov/ars/32/03286.htm

Arkansas

Current research summary (ORANGE; additional verification recommended): Arkansas expressly includes hypnosis within treatment under the statutory definition of the practice of psychology. The definition also encompasses diagnosis and treatment of mental and emotional disorders, behavior disorders, psychological interventions aimed at modifying perceptions, habits, or conduct, and psychological aspects of physical illness, pain, injury, or disability.

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Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Ark. Code Ann. § 17-97-102. https://psychologyboard.arkansas.gov/laws-rules/

California

Current research summary (YELLOW; official source rechecked): California Business and Professions Code § 2908 expressly recognizes persons using hypnotic techniques by referral from persons licensed to practice medicine, dentistry, or psychology, and separately recognizes hypnotic techniques used for avocational or vocational self-improvement that do not offer therapy for emotional or mental disorders. California also has disclosure requirements for certain unlicensed complementary or alternative health services under §§ 2053.5-2053.6.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions. Referral, prescription, supervision, or collaboration matters only to the extent the specific state law recognizes it.

Title / referral / online considerations: California BPC § 2908 permits specified uses of hypnotic techniques while restricting psychology titles/descriptions. “Hypnotherapist” is not expressly resolved by § 2908; practitioners should independently review whether use of that title plus service descriptions could imply a licensed healing-arts role. BPC § 2908 expressly recognizes persons using hypnotic techniques by referral from persons licensed to practice medicine, dentistry, or psychology, and separately recognizes avocational/vocational self-improvement that does not offer therapy for emotional or mental disorders. Practitioners should independently confirm whether § 2908 and any unlicensed-healing-arts disclosure statutes apply to a practitioner outside California serving a California client.

Primary authority / starting source: Cal. Bus. & Prof. Code §§ 2908, 2053.5, 2053.6. https://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?lawCode=BPC&sectionNum=2908

Colorado

Current research summary (ORANGE; official source rechecked): Colorado requires particular caution because hypnosis appears within the statutory practice of psychology, while the Natural Health Consumer Protection Act permits certain unlicensed complementary and alternative health-care services but does not authorize the practice of psychotherapy. An unlicensed practitioner should not assume that a disclosure statement or referral permits psychotherapy or another activity reserved to a licensed profession.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No standalone “Hypnotherapist” title rule has been confirmed here. However, the practitioner must not imply state licensure/registration and must avoid representing psychotherapy or other reserved health practice if relying on the complementary/alternative-health pathway. A referral does not convert an otherwise prohibited psychotherapy service into a permissible complementary-health service. Practitioners should independently identify any lawful coordination pathway. Practitioners should independently confirm Colorado location-of-practice rules for unlicensed complementary-health practitioners and remote clients.

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Primary authority / starting source: C.R.S. §§ 12-245-303, 6-1-724; Colorado DPO State Board of Unlicensed Psychotherapists laws. https://dpo.colorado.gov/UnlicensedPsychotherapy/Laws

Connecticut

Current research summary (GREEN/YELLOW; official source rechecked): Connecticut requires persons who practice hypnosis professionally to register with the Department of Consumer Protection. The statute defines "hypnotist" and "hypnosis," establishes the registry and complaint process, and authorizes a civil penalty for practicing hypnosis without first registering. Current application, renewal, fee, and background-check details must be verified directly with DCP before publication.

Practical scope guidance: A nontherapeutic or registration-based pathway appears to exist, but comply strictly with registration, disclosure, advertising, recordkeeping, and scope limits. Do not extend the pathway into medical or mental-health treatment unless expressly authorized.

Title / referral / online considerations: Connecticut General Statutes § 20-660 provides that a person may not practice hypnosis or hold themselves out as a "hypnotist" in Connecticut without registration. "Hypnotherapist" is not separately analyzed in the cited provision; practitioners should independently confirm whether the registration requirement reaches that title as a form of holding out as a hypnotist. Registration is not a license to practice medicine, psychology, counseling, or another regulated health profession. No general therapeutic referral safe harbor has been confirmed through § 20-660 alone. Practitioners should independently confirm whether a practitioner outside Connecticut serving a client physically in Connecticut is considered to "practice hypnosis in this state" for § 20-660.

Primary authority / starting source: Connecticut General Statutes § 20-660, Chapter 400m — Hypnotists. Official source: https://www.cga.ct.gov/current/pub/chap_400m.htm ; Connecticut Department of Consumer Protection hypnotist registration materials.

Delaware

Current research summary (ORANGE; official source rechecked): Delaware expressly includes hypnosis within the practice of psychology. The psychology definition also includes counseling, psychoanalysis, psychotherapy, behavior analysis and therapy, diagnosis and treatment of mental and emotional disorders, disorders of habit or conduct, and psychological aspects of physical illness, injury, or disability. Separate workers' compensation guidance has also described hypnosis as a mind-body complementary modality, but that does not itself create a general practice exemption.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on "Hypnotherapist" is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide's conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: 24 Del. C. § 3502.
https://delcode.delaware.gov/title24/c035/sc01/index.html

District of Columbia

Current research summary (YELLOW/ORANGE; official source rechecked): D.C. regulates the practice of psychology and generally requires an appropriate license or registration to engage in activities falling within that statutory definition. D.C. law separately permits a licensed naturopathic physician to include hypnotherapy within

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the naturopathic scope. Unlicensed practitioners should evaluate whether their actual service constitutes psychology, counseling, medicine, or another regulated health occupation.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: D.C. Code §§ 3-1201.02(16), 3-1208.81, 3-1206.21. https://code.dccouncil.gov/us/dc/council/code/sections/3-1201.02

Florida

Current research summary (GREEN / YELLOW-ORANGE therapeutic; official source rechecked): Florida Chapter 485 expressly regulates hypnosis for therapeutic purposes. A person may engage in therapeutic hypnosis if the person is a practitioner of a defined healing art acting within lawful competence, or if the person acts under the supervision, direction, prescription, and responsibility of such a practitioner. Florida psychology and counseling statutes also preserve the right of qualified persons under Chapter 485 and the practice of hypnosis for nontherapeutic purposes, subject to title restrictions. IIH should not reduce this statutory framework to a simple “referral” rule.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles. Referral, prescription, supervision, or collaboration matters only to the extent the specific state law recognizes it.

Title / referral / online considerations: No Florida provision reviewed expressly reserves the standalone title “Hypnotherapist.” Chapter 485 regulates therapeutic use and Chapters 490/491 protect licensed professional titles. Practitioners should independently confirm whether “Clinical Hypnotherapist” or advertising context could imply a protected health-profession license. Chapter 485 expressly recognizes a qualified-person pathway. However, § 485.002 and § 485.003(4) use “direction, supervision, or prescription,” while § 485.003(3) and § 485.004 use the more demanding conjunctive formulation “supervision, direction, prescription, and responsibility.” Treat this guideing difference as a legal question for counsel rather than reducing the rule to “obtain a referral.” No hypnosis-specific interstate rule was identified in Chapter 485. Practitioners should independently advise how Chapter 485 applies when either practitioner or client is physically outside Florida.

Primary authority / starting source: Florida Statutes Chapter 485 (2026), especially §§ 485.002–485.005; §§ 490.0141 and 491.0141. Official source: https://www.flsenate.gov/Laws/Statutes/2026/Chapter485/All

Georgia

Current research summary (YELLOW; additional verification recommended): The current catalog research located “hypnotists” in Georgia’s local regulatory-fee statute, demonstrating that local governments may treat hypnotists as an occupation subject to regulatory fees. That provision is not a comprehensive scope-of-practice statute. Current Georgia professional-practice and title laws should be re-reviewed before any broader conclusion is stated.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context.

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Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide's conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: O.C.G.A. § 48-13-9 (local regulatory fees); professional-practice laws require independent verification. https://law.justia.com/codes/georgia/title-48/chapter-13/article-1/section-48-13-9/

Hawaii

Current research summary (ORANGE; additional verification recommended): Hawaii law expressly references hypnosis in regulated health-profession definitions. The psychology statute includes hypnosis among psychological services, and naturopathic law describes behavioral medicine techniques that include hypnosis. These provisions support a conservative distinction between ordinary nonclinical self-improvement services and hypnosis used as treatment within a regulated health profession.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on "Hypnotherapist" is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide's conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Haw. Rev. Stat. psychology and naturopathic provisions, including § 455-1 as cited in the current catalog; independently verify exact current psychology citation. https://www.capitol.hawaii.gov/hrscurrent/Vol10_Ch0436-0474/HRS0455/HRS_0455-0001.htm

Idaho

Current research summary (YELLOW; additional verification recommended): The current catalog research did not identify a stand-alone hypnosis statute for Idaho. That does not mean hypnosis is unregulated. The principal legal questions are whether the proposed service falls within medicine, psychology, counseling, psychotherapy, dentistry, substance-use treatment, or another licensed profession; whether any occupational title is protected; and whether a state-specific exemption applies. The current matrix characterizes the state as: No stand-alone hypnosis statute identified in current catalog.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on "Hypnotherapist" is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide's conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

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Primary authority / starting source: Current state professional-practice, title-protection, consumer-protection, and health-occupation statutes require primary-source independent verification.

Illinois

Current research summary (YELLOW/ORANGE; official source rechecked): Illinois expressly permits a person to practice hypnosis without a clinical-psychology license if the person does not otherwise engage in clinical psychology, does not practice medicine, and does not hold themselves out as a clinical psychologist or as licensed to practice clinical psychology. The clinical-psychology definition includes hypnosis when used to prevent or eliminate psychopathology or ameliorate psychological disorders.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: The Clinical Psychologist Licensing Act expressly permits hypnosis without a clinical-psychology license if the statutory conditions are met, but the practitioner may not use a title or description implying that the person is a clinical psychologist or licensed to practice clinical psychology. No standalone “Hypnotherapist” title prohibition was identified in the cited provision. The exemption is activity-limited rather than referral-based: the unlicensed person must not otherwise engage in clinical psychology or medicine. Practitioners should independently confirm whether the Illinois exemption applies to a nonresident practitioner serving an Illinois client and whether any other professional-practice statute changes the analysis.

Primary authority / starting source: 225 ILCS 15/2 and 225 ILCS 15/3, Clinical Psychologist Licensing Act. Official Illinois General Assembly source: https://www.ilga.gov/legislation/ilcs/ilcs3.asp?ActID=1294&ChapterID=24

Indiana

Current research summary (YELLOW; additional verification recommended): The current catalog research did not identify a stand-alone hypnosis statute for Indiana. That does not mean hypnosis is unregulated. The principal legal questions are whether the proposed service falls within medicine, psychology, counseling, psychotherapy, dentistry, substance-use treatment, or another licensed profession; whether any occupational title is protected; and whether a state-specific exemption applies. The current matrix characterizes the state as: No stand-alone hypnosis statute identified in current catalog.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Current state professional-practice, title-protection, consumer-protection, and health-occupation statutes require primary-source independent verification.

Iowa

Current research summary (YELLOW; additional verification recommended): The current catalog research did not identify a stand-alone hypnosis statute for Iowa. That does not mean hypnosis is unregulated. The principal legal questions are whether the proposed service falls within medicine, psychology, counseling, psychotherapy, dentistry, substance-use treatment, or another licensed profession; whether any occupational title is protected; and whether a state-specific exemption applies. The current matrix characterizes the state as: No stand-alone hypnosis statute identified in current catalog.

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Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Current state professional-practice, title-protection, consumer-protection, and health-occupation statutes require primary-source independent verification.

Kansas

Current research summary (YELLOW; additional verification recommended): The current catalog research did not identify a stand-alone hypnosis statute for Kansas. That does not mean hypnosis is unregulated. The principal legal questions are whether the proposed service falls within medicine, psychology, counseling, psychotherapy, dentistry, substance-use treatment, or another licensed profession; whether any occupational title is protected; and whether a state-specific exemption applies. The current matrix characterizes the state as: No stand-alone hypnosis statute identified in current catalog.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Current state professional-practice, title-protection, consumer-protection, and health-occupation statutes require primary-source independent verification.

Kentucky

Current research summary (YELLOW; additional verification recommended): The current catalog research did not identify a stand-alone hypnosis statute for Kentucky. That does not mean hypnosis is unregulated. The principal legal questions are whether the proposed service falls within medicine, psychology, counseling, psychotherapy, dentistry, substance-use treatment, or another licensed profession; whether any occupational title is protected; and whether a state-specific exemption applies. The current matrix characterizes the state as: No stand-alone hypnosis statute identified in current catalog.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent

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verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Current state professional-practice, title-protection, consumer-protection, and health-occupation statutes require primary-source independent verification.

Louisiana

Current research summary (ORANGE; additional verification recommended): Louisiana expressly includes hypnosis and stress management within the statutory practice of psychology, along with counseling, psychoanalysis, psychotherapy, behavior analysis and therapy, diagnosis and treatment of mental and emotional disorders, and psychological aspects of physical illness, injury, or disability.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: La. R.S. 37:2352. https://legis.la.gov/legis/Law.aspx?d=93092

Maine

Current research summary (YELLOW; additional verification recommended): Maine’s psychology statute includes hypnotherapy among recognized psychological techniques used in diagnosing, assessing, and treating mental, emotional, and psychological illness, disorders, problems, and concerns. Maine naturopathic law also lists hypnotherapy among therapies a naturopathic doctor may use. Those provisions do not automatically establish a general unlicensed therapeutic-hypnosis exemption.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: 32 M.R.S. §§ 3811, 12522.
https://legislature.maine.gov/legis/statutes/32/title32sec3811.html

Maryland

Current research summary (YELLOW; additional verification recommended): Maryland’s psychology law includes hypnosis among compensated services involving the application of psychological methods or procedures for interviewing, counseling, psychotherapy, behavior modification, or hypnosis. Current exemptions and title provisions should be reviewed together with this definition before final guidance is issued.

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Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Md. Code, Health Occupations, Title 18 (Psychologists), definition of practice of psychology. https://health.maryland.gov/psych/Pages/laws.aspx

Massachusetts

Current research summary (YELLOW; additional verification recommended): Massachusetts defines the practice of psychology to include counseling, psychotherapy, hypnosis, biofeedback training, behavior therapy, diagnosis and treatment of mental and emotional disorders, and psychological aspects of physical illness or disability when rendered as professional psychological services.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Mass. Gen. Laws ch. 112, § 118.
https://malegislature.gov/Laws/GeneralLaws/PartI/TitleXVI/Chapter112/Section118

Michigan

Current research summary (YELLOW; additional verification recommended): Michigan defines the practice of psychology to include diagnosis, prevention, amelioration, or treatment of mental or emotional disorders, disabilities, or behavioral-adjustment problems by psychotherapy, counseling, behavior modification, hypnosis, biofeedback, testing, or other verbal or behavioral means.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: MCL § 333.18201.
https://www.legislature.mi.gov/Laws/MCL?objectName=mcl-333-18201

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Minnesota

Current research summary (YELLOW; official source rechecked): Minnesota requires particularly careful separation of uses. Psychology law includes hypnosis within psychotherapy; naturopathic law includes hypnotherapy in naturopathic practice; and the medical-practice statute treats offering hypnosis for the treatment or relief of bodily injury, infirmity, or disease as practicing medicine unless an exemption applies. The catalog correctly flags Minnesota as a high-attention state for medical uses.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No standalone “Hypnotherapist” title rule is established by the medical statute cited here; however, using hypnosis to treat or relieve bodily injury, infirmity, or disease is expressly included in the statutory practice of medicine unless an exemption applies. A physician referral does not, by itself, appear in § 147.081 as an exemption. Practitioners should independently analyze § 147.09 and any other licensing provisions before IIH teaches a referral pathway. Practitioners should independently confirm how Minnesota’s medical/telehealth provisions apply to a nonresident unlicensed hypnosis practitioner serving a Minnesota client.

Primary authority / starting source: Minn. Stat. §§ 147.081 and 147.09; psychology and naturopathic provisions as applicable. Official Revisor source: https://www.revisor.mn.gov/statutes/cite/147.081

Mississippi

Current research summary (YELLOW/ORANGE; additional verification recommended): Mississippi expressly includes hypnosis within the practice of psychology. Current law generally prohibits unlicensed psychology practice unless an exemption applies, while recognizing limited exclusions for members of other professional groups who are licensed or certified by Mississippi and who perform work consistent with their lawful professional scope. A hypnosis certification alone should not be assumed to satisfy that exception.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Miss. Code §§ 73-31-3, 73-31-23, 73-31-27; psychology chapter reenacted/extended in 2025. https://www.psychologyboard.ms.gov/laws-regulations

Missouri

Current research summary (YELLOW; additional verification recommended): Missouri’s psychology statute expressly includes hypnosis within the practice of psychology and also protects several psychology-related titles, including psychotherapy and psychotherapist, subject to statutory exceptions. Therapeutic uses by an unlicensed hypnosis practitioner therefore present substantial regulated-profession overlap.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision

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safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide's conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Mo. Rev. Stat. § 337.015.
https://revisor.mo.gov/main/OneSection.aspx?section=337.015

Montana

Current research summary (YELLOW; additional verification recommended): Montana defines the practice of psychology to include counseling, psychoanalysis, psychotherapy, hypnosis, biofeedback, behavior analysis and therapy, diagnosis and treatment of mental and emotional disorders, substance abuse, and psychological aspects of physical illness, injury, or disability.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on "Hypnotherapist" is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide's conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Mont. Code Ann. § 37-17-102.
https://leg.mt.gov/bills/mca/title_0370/chapter_0170/part_0010/section_0020/0370-0170-0010-0020.html

Nebraska

Current research summary (YELLOW/ORANGE; additional verification recommended): Nebraska defines the practice of psychology to include counseling, psychoanalysis, psychotherapy, hypnosis, biofeedback, behavior analysis and therapy, diagnosis and treatment of mental and emotional disorders, substance abuse, disorders of habit or conduct, and psychological aspects of physical illness, injury, or disability.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on "Hypnotherapist" is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide's conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Neb. Rev. Stat. § 38-3108.
https://nebraskalegislature.gov/laws/statutes.php?statute=38-3108

Nevada

Current research summary (YELLOW; additional verification recommended): Nevada's psychology definition includes hypnosis among specialized areas of competence within the practice of psychology. Current exemptions and the precise boundary for nontherapeutic hypnosis should be independently verified before publication.

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Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Nevada psychology statutes and Board definitions; current catalog cites the Nevada Board of Psychological Examiners. https://psyexam.nv.gov/Licensing/Definitions/

New Hampshire

Current research summary (YELLOW; additional verification recommended): New Hampshire law includes hypnosis in the practice of psychology by licensed psychologists and includes hypnotherapy among therapies authorized for naturopathic doctors. Those inclusions do not by themselves establish an unlicensed therapeutic-hypnosis exemption.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: N.H. Rev. Stat. §§ 329-B:2, 328-E:4. https://www.gencourt.state.nh.us/rsa/html/XXX/329-B/329-B-2.htm

New Jersey

Current research summary (GREEN/YELLOW; official source rechecked): New Jersey creates an unusually explicit nonlicensed pathway called “hypnocounseling.” N.J.A.C. 13:42-1.2(b) limits hypnocounseling to hypnosis used to assist with stress management not related to a medical or mental-health disorder, habits such as smoking and weight management, motivation in employment/workplace/sports, and creative, artistic, and scholastic endeavors. The rule separately treats hypnotherapy as a psychological procedure within licensed psychology. The exemption therefore turns on the purpose and clinical context of the service, not merely the fact that hypnosis is used.

Practical scope guidance: Use New Jersey as a model example of the therapeutic/nontherapeutic distinction, but do not export its definition nationally. An unlicensed practitioner should remain within the listed hypnocounseling purposes and should not re-label treatment of a diagnosed medical or mental-health disorder as stress management, weight management, habit change, or self-improvement.

Title / referral / online considerations: New Jersey expressly recognizes the activity category “hypnocounseling” for persons not requiring psychologist licensure. The regulation separately includes hypnotherapy within psychological procedures. Practitioners should independently advise whether an unlicensed practitioner should publicly use “Hypnotherapist” or instead use “Hypnocounselor”/“Hypnosis Practitioner” to track the regulatory distinction. N.J.A.C. 13:42-1.2 creates an activity-based exemption for hypnocounseling; it is not framed as a general referral safe harbor for treatment of medical or mental-health disorders. Practitioners should

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independently confirm whether the Board treats remote hypnocounseling delivered to a client physically in New Jersey as New Jersey practice and whether any business/consumer disclosures apply.

Primary authority / starting source: New Jersey Board of Psychological Examiners, N.J.A.C. 13:42-1.1 and 13:42-1.2. Official regulations: https://www.njconsumeraffairs.gov/regulations/chapter-42-board-of-psychological-examiners.pdf

New Mexico

Current research summary (YELLOW; additional verification recommended): The current catalog research did not identify a stand-alone hypnosis statute for New Mexico. That does not mean hypnosis is unregulated. The principal legal questions are whether the proposed service falls within medicine, psychology, counseling, psychotherapy, dentistry, substance-use treatment, or another licensed profession; whether any occupational title is protected; and whether a state-specific exemption applies. The current matrix characterizes the state as: No stand-alone hypnosis statute identified in current catalog.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Current state professional-practice, title-protection, consumer-protection, and health-occupation statutes require primary-source independent verification.

New York

Current research summary (YELLOW/ORANGE; official source rechecked): New York has no stand-alone hypnotist licensing statute identified in this review, but its licensed-profession statutes are broad. Medicine includes diagnosing or treating human disease, pain, injury, deformity, or physical condition; psychology and mental-health counseling encompass treatment or modification of mental, emotional, behavioral, and psychological conditions. NYSED guidance also states that restricted professional activities generally may not be delegated to unlicensed persons merely through supervision. IIH should not state that a physician referral automatically authorizes an unlicensed hypnotherapist to treat a medical condition in New York.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No New York statute reviewed expressly reserves “Hypnotherapist.” The risk arises from the underlying regulated activity and from using protected professional titles or descriptions implying medicine, psychology, mental-health counseling, or psychotherapy. No general physician-referral or delegation safe harbor has been identified for an unlicensed hypnotherapist to treat medical or mental-health conditions. NYSED delegation guidance should be treated as a major caution. Practitioners should independently confirm how New York applies its professional-practice laws when either practitioner or client is physically in New York, including a New York practitioner serving an out-of-state client.

Primary authority / starting source: N.Y. Educ. Law §§ 6512, 6521-6522, 7601-a, 8402; NYSED delegation guidance. https://www.nysenate.gov/legislation/laws/EDN/6521

North Carolina

Current research summary (ORANGE; official source rechecked): North Carolina expressly includes hypnosis within the statutory practice of psychology. The definition is broad and covers prevention or elimination of

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symptomatic, maladaptive, or undesired behavior; enhancing interpersonal relationships, work/life adjustment, personal effectiveness, behavioral health, or mental health; diagnosis and treatment of mental and emotional disorders; disorders of habit or conduct; and psychological aspects of physical illness, injury, or disability. Calling the service coaching does not control the analysis if the service falls within that statutory definition.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: The statute does not expressly name “Hypnotherapist” as a protected title, but the definition of “psychologist” is unusually broad: a person may represent themselves as a psychologist by providing or offering services defined as the practice of psychology. Because hypnosis is expressly within that practice definition, title analysis cannot be separated from the actual service. No general referral safe harbor has been identified in the Psychology Practice Act. Exemptions must be analyzed specifically. Practitioners should independently confirm whether North Carolina treats a service delivered to a client physically in the state as North Carolina psychology practice and whether any exemptions apply to nonresident self-improvement practitioners.

Primary authority / starting source: N.C. Gen. Stat. § 90-270.136 and related exemptions in Article 18G. Official source: https://www.ncleg.gov/enactedlegislation/statutes/html/bysection/chapter_90/gs_90-270.136.html

North Dakota

Current research summary (YELLOW; additional verification recommended): North Dakota’s psychology statute includes “clinical applications of hypnosis” within the practice of psychology, along with counseling, psychotherapy, behavior analysis and therapy, diagnosis and treatment of mental and emotional disorders, compulsive disorders, disorders of habit or conduct, and psychological aspects of physical illness or injury.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: N.D. Cent. Code § 43-32-01. https://ndlegis.gov/cencode/t43c32.pdf

Ohio

Current research summary (YELLOW; official source rechecked): Ohio law defines hypnosis as a psychological procedure, and Board rules characterize hypnotic techniques used for diagnostic, treatment, or psychotherapeutic purposes as procedures requiring professional expertise in psychology when they create a serious hazard to mental health. Ohio therefore deserves more than a generic “no hypnosis statute” label.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: The cited psychology rules focus principally on psychological procedures and protected psychology terminology. No standalone “Hypnotherapist” title prohibition was identified in this review; practitioners should independently confirm title risk under the full chapter and consumer-protection law. Ohio Administrative Code 4732-5-01 identifies hypnotic techniques for diagnostic, treatment, or other psychotherapeutic purposes as psychological procedures posing a serious hazard to mental health. No general referral safe harbor has been confirmed. Practitioners should independently confirm application to remote sessions involving an Ohio client and whether the rule is limited to psychology-regulated activity or has broader effect.

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Primary authority / starting source: Ohio Rev. Code § 4732.01; Ohio Admin. Code 4732-5-01 and 4732-3-01. Official source: https://codes.ohio.gov/ohio-administrative-code/rule-4732-5-01

Oklahoma

Current research summary (YELLOW; additional verification recommended): Oklahoma expressly includes hypnosis in the statutory practice of psychology, along with counseling, psychoanalysis, psychotherapy, diagnosis and treatment of mental and emotional disorders, disorders of habit or conduct, and psychological aspects of physical illness, injury, or disability.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Okla. Stat. tit. 59, § 1352. https://oksenate.gov/sites/default/files/2019-12/os59.pdf

Oregon

Current research summary (YELLOW; additional verification recommended): The current catalog research did not identify a stand-alone hypnosis statute for Oregon. That does not mean hypnosis is unregulated. The principal legal questions are whether the proposed service falls within medicine, psychology, counseling, psychotherapy, dentistry, substance-use treatment, or another licensed profession; whether any occupational title is protected; and whether a state-specific exemption applies. The current matrix characterizes the state as: No stand-alone hypnosis statute identified in current catalog.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Current state professional-practice, title-protection, consumer-protection, and health-occupation statutes require primary-source independent verification.

Pennsylvania

Current research summary (YELLOW; additional verification recommended): The current catalog research did not identify a stand-alone hypnosis statute for Pennsylvania. That does not mean hypnosis is unregulated. The principal legal questions are whether the proposed service falls within medicine, psychology, counseling, psychotherapy, dentistry, substance-use treatment, or another licensed profession; whether any occupational title is protected; and whether a state-specific exemption applies. The current matrix characterizes the state as: No stand-alone hypnosis statute identified in current catalog.

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Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Current state professional-practice, title-protection, consumer-protection, and health-occupation statutes require primary-source independent verification.

Rhode Island

Current research summary (YELLOW/ORANGE; additional verification recommended): Rhode Island includes hypnotherapy within the statutory practice of psychology when provided as a professional psychological service for remuneration. The state generally requires licensure unless an exemption applies, including limited exceptions for other independently regulated professions acting consistently with their own lawful scope.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: R.I. Gen. Laws §§ 5-44-1, 5-44-2, 5-44-23; 216-RICR-40-05-15. https://webserver.rilegislature.gov/Statutes/TITLE5/5-44/INDEX.htm

South Carolina

Current research summary (ORANGE/RED therapeutic; official source rechecked): South Carolina expressly includes hypnotherapy in regulated professional practice. Psychology law treats hypnotherapy as an activity that may constitute the practice of psychology in a therapeutic relationship, while the professional-counseling statute expressly includes hypnotherapy and restricts specific counseling modalities to appropriately trained licensed professional counselors. This is a high-attention jurisdiction for unlicensed therapeutic practice and for public use of the title “Hypnotherapist.”

Practical scope guidance: Do not provide regulated therapeutic services without appropriate licensure or a clearly documented statutory pathway. Obtain state-specific legal guidance before practice.

Title / referral / online considerations: Chapter 75 expressly protects “licensed professional counselor,” “professional counselor,” and “licensed counselor,” but does not expressly list “Hypnotherapist” as a protected title in § 40-75-30. Nevertheless, hypnotherapy is expressly included within the practice of professional counseling, so activity and advertising context create significant risk even if the title itself is not expressly reserved. “Referral” is defined within the counseling chapter, but nothing reviewed creates a general rule allowing an unlicensed hypnotherapist to perform professional counseling merely because a licensed person refers the client. South Carolina’s counseling law expressly treats behavioral telehealth to a client residing in the state as occurring in South Carolina for registrants, and the Counseling Compact states professional counseling occurs

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where the client is located. Practitioners should independently determine how far that principle extends to unlicensed hypnosis services.

Primary authority / starting source: S.C. Code §§ 40-75-20, 40-75-30 and related provisions; psychology law in Chapter 55. Official source: https://www.scstatehouse.gov/code/t40c075.php

South Dakota

Current research summary (ORANGE; additional verification recommended): South Dakota defines psychological procedures to include hypnosis, psychotherapy, counseling, behavior modification, and related methods of influencing behavior. The present catalog research should be supplemented with a current review of exemptions and enforcement provisions before final guidance is issued.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: S.D. Codified Laws § 36-27A-1. https://sdlegislature.gov/Statutes/36-27A-1

Tennessee

Current research summary (ORANGE; additional verification recommended): Tennessee expressly includes hypnosis within the practice of psychology, along with counseling, psychoanalysis, psychotherapy, biofeedback, and behavior analysis and therapy. The statute also regulates representations that a person is a psychologist.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Tenn. Code Ann. § 63-11-203. https://www.tn.gov/health/health-program-areas/health-professional-boards/psychology-board.html

Texas

Current research summary (ORANGE; additional verification recommended): Texas expressly includes hypnosis within the practice of psychology, and counseling and marriage/family-therapy rules recognize hypnotherapy when used in treatment of mental, emotional, and addiction issues by appropriately licensed and trained professionals. Texas also separately regulates investigative hypnosis for law enforcement. The catalog does not identify a broad general exemption authorizing unlicensed therapeutic hypnotherapy.

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Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Tex. Occ. Code § 501.003; 22 Tex. Admin. Code counseling and LMFT rules; TCOLE investigative hypnosis rules. https://bhec.texas.gov/statutes-and-rules/

Utah

Current research summary (GREEN/YELLOW; official source rechecked): Utah provides an unusually clear exemption for limited hypnosis services by an unlicensed person. Permitted services include motivation, lifestyle, and habit change and specified hypnosis-related activities. The exemption does not authorize mental-health therapy, use of protected professional titles, or hypnosis used to treat or in connection with treatment of a medical, psychological, or dental condition recognized in generally accepted diagnostic manuals.

Practical scope guidance: A nontherapeutic or registration-based pathway appears to exist, but comply strictly with registration, disclosure, advertising, recordkeeping, and scope limits. Do not extend the pathway into medical or mental-health treatment unless expressly authorized.

Title / referral / online considerations: Current catalog research identifies an unlicensed hypnosis exemption and warns against protected mental-health titles, including “clinical hypnotist.” Practitioners should independently recheck the current text of Utah Code § 58-60-107 and confirm exactly which hypnosis-related titles are restricted. The exemption is defined by permitted activities and exclusions; do not assume a referral authorizes use of hypnosis to treat medical, psychological, or dental conditions excluded by statute. Practitioners should independently confirm application to remote clients physically in Utah and whether any registration/disclosure rule applies.

Primary authority / starting source: Utah Code § 58-60-107. https://le.utah.gov/xcode/Title58/Chapter60/58-60-S107.html

Vermont

Current research summary (YELLOW/ORANGE; additional verification recommended): Vermont naturopathic law expressly includes hypnotherapy within the authorized scope of licensed naturopathic medicine. That professional-scope provision should not be read as a general exemption for unlicensed therapeutic hypnotherapy.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

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Primary authority / starting source: 26 V.S.A. § 4121.
https://legislature.vermont.gov/statutes/section/26/081/04121

Virginia

Current research summary (ORANGE; additional verification recommended): Virginia defines clinical psychology to include hypnosis when used in diagnosis and treatment of mental and emotional disorders, psychological interventions, disorders of habit or conduct, and psychological aspects of physical illness, pain, injury, or disability. Current exemptions should be read together with this scope provision.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Va. Code § 54.1-3600.
https://law.lis.virginia.gov/vacode/title54.1/chapter36/section54.1-3600/

Washington

Current research summary (GREEN/YELLOW; official source rechecked): Washington requires registration to practice hypnotherapy for a fee. State law and WAC provisions define a hypnotherapist as a person registered under chapter 18.19 RCW who practices hypnosis as a modality and impose professional-conduct, documentation, disclosure, and renewal requirements. Current fees and application procedures should be verified directly with the Department of Health.

Practical scope guidance: A nontherapeutic or registration-based pathway appears to exist, but comply strictly with registration, disclosure, advertising, recordkeeping, and scope limits. Do not extend the pathway into medical or mental-health treatment unless expressly authorized.

Title / referral / online considerations: Washington expressly defines “Hypnotherapist” as a person registered under Chapter 18.19 RCW who practices hypnosis as a modality, and RCW 18.19.035 requires registration to practice hypnotherapy for a fee or as part of certain state employment. Treat the title as registration-linked. Registration authorizes the statutory hypnotherapist role but does not independently expand the practitioner into another licensed health profession. Practitioners should independently confirm the limits of hypnotherapist scope and disclosures. Washington’s counseling chapter should be reviewed for application to services delivered to Washington clients from outside the state and for any current telehealth requirements.

Primary authority / starting source: RCW Chapter 18.19, including RCW 18.19.020 and 18.19.035; WAC Chapter 246-810. Official statute: https://app.leg.wa.gov/RCW/default.aspx?cite=18.19

West Virginia

Current research summary (YELLOW; additional verification recommended): The current catalog research did not identify a stand-alone hypnosis statute for West Virginia. That does not mean hypnosis is unregulated. The principal legal questions are whether the proposed service falls within medicine, psychology, counseling, psychotherapy, dentistry, substance-use treatment, or another licensed profession; whether any occupational title is protected; and whether a state-specific exemption applies. The current matrix characterizes the state as: No stand-alone hypnosis statute identified in current catalog.

Practical scope guidance: Use a conservative nontherapeutic scope pending current primary-law verification. Do not rely on the absence of a hypnosis-specific statute as permission to diagnose or treat regulated conditions.

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Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Current state professional-practice, title-protection, consumer-protection, and health-occupation statutes require primary-source independent verification.

Wisconsin

Current research summary (ORANGE; additional verification recommended): Wisconsin defines the practice of psychology, when done for a fee, to include hypnosis, counseling, consultation, psychoanalysis, psychotherapy, biofeedback, behavior therapy, and applied behavior analysis. Current exemptions and the boundary for nontherapeutic hypnosis should be independently verified.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Wis. Stat. § 455.01(5).
https://docs.legis.wisconsin.gov/statutes/statutes/455/01/5

Wyoming

Current research summary (ORANGE; additional verification recommended): Wyoming includes hypnosis within the statutory practice of psychology. Current exemptions, licensing requirements, and the implications for nontherapeutic hypnosis should be independently verified from the present Wyoming statutes and Board rules.

Practical scope guidance: Assume substantial regulated-profession overlap for therapeutic work. Keep any unlicensed services within a clearly lawful nontherapeutic/exempt pathway and avoid diagnosis, treatment claims, and protected titles.

Title / referral / online considerations: No express standalone restriction on “Hypnotherapist” is confirmed in the current research for this entry. This is not an affirmative finding that the title is lawful in every context. Practitioners should independently verify title-protection statutes, board rules, and whether the title could imply a regulated health-profession license based on the services advertised. No general referral/prescription/supervision safe harbor has been confirmed for this jurisdiction in the current research. A referral should be treated as clinically useful coordination only unless current law expressly gives it legal significance. No hypnosis-specific interstate rule is confirmed in this entry. Apply the guide’s conservative interstate standard pending independent verification: identify both practitioner and client locations, comply with all reasonably applicable law, and use the more restrictive rule when the jurisdictions differ or are uncertain.

Primary authority / starting source: Wyo. Stat. § 33-27-113 and Psychology Board rules.
https://psychology.wyo.gov/rules

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Practitioner Responsibility

Before beginning practice or expanding into a new service area, students and graduates should identify the exact service they intend to provide, the claims they intend to make, the occupational title they intend to use, and the jurisdiction or jurisdictions involved. They should then verify current law from primary governmental sources. When the proposed work involves a diagnosed medical or mental-health condition, a protected professional title, an unclear referral or supervision arrangement, or conflicting interstate requirements, independent legal or regulatory guidance is recommended before proceeding.

A more detailed educational resource may be maintained separately by IAIH/IIH. Any separate guide, website summary, or training material should likewise be treated as informational rather than as individualized legal advice.

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Appendix III – Copyright Policy

Copyright Policy

The Institute of Interpersonal Hypnotherapy strictly prohibits the illegal copying of copyrighted texts, publications, documents, and computer software or peer-to-peer file sharing.

Instructors may only copy portions of texts for single use as handouts to illustrate lesson plans, as permitted by federal copyright law. Students may not illegally copy texts or software for distribution, use, or sale.

If this policy is violated, the person responsible will be subject to disciplinary action, up to and including termination or dismissal.

Copyright infringement is the act of exercising, without permission or legal authority, one or more of the exclusive rights granted to the copyright owner under section 106 of the Copyright Act (Title 17 of the United States Code). These rights include the right to reproduce or distribute a copyrighted work.

In the file-sharing context, downloading or uploading substantial parts of a copyrighted work without authority constitutes an infringement.

Penalties for copyright infringement include civil and criminal penalties.

In general, anyone found liable for civil copyright infringement may be ordered to pay either actual damages or “statutory” damages affixed at not less than $750 and not more than $30,000 per work infringed. For “willful” infringement, a court may award up to $150,000 per work infringed. A court can, in its discretion, also assess costs and attorneys’ fees.

For details, see Title 17, United States Code, Sections 504, 505. Willful copyright infringement can also result in criminal penalties, including imprisonment of up to five years and fines of up to $250,000 per offense. For more information, please see the website of the U.S. Copyright Office at: www.copyright.gov.

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